

A-Z OF TREATMENTS/THERAPIES **as at – 13 May 2010**

Part II section 4 of the London Local Authorities Act 1991 defines a special treatment as follows:

Massage, manicure, acupuncture, tattooing, cosmetic piercing, chiropody, light, electric, vapour, sauna or other baths or treatments of a like kind.

This list is a guide only; individual authorities may wish to interpret some treatments differently.

The treatments marked with an * are not a special treatment unless they are carried out in conjunction with a massage.

The treatments marked with a ° are not a special treatment unless they are carried out with the use of a laser.

Therapists who carry out some of the treatments listed may be exempt from Special Licensing. For details of exempted organisations reference should be made to the separate list of exemptions document.

This list is produced by the ‘Special Treatment Group’ made up of representatives from the majority of the 32 London Boroughs and is updated approximately once a month.

Listed in the description of the treatments are trade names which you may come across.

TREATMENT	SPECIAL TREATMENT	DECISION DATE	CATEGORY
ACUPRESSURE	Yes	17.6.2004	Massage
ACUPUNCTURE	Yes	17.6.2004	Acupuncture

ALEXANDER TECHNIQUE	No	17.6.2004	
ANTHROPOSPHICAL MEDICINE	Yes	17.6.2004	Massage
AROMATHERAPY (see also sheet 66)	Yes	17.6.2004	Massage
AURICULAR ACUPUNCTURE			
AUTOGENIC TRAINING	No	17.6.2004	
AYURVEDIC MEDICINE	Yes	17.6.2004	Massage
BACH FLOWER REMEDIES	No	17.6.2004	
BATES METHOD	No	17.6.2004	
BEADING	Yes	17.6.2004	Cosmetic Piercing
BI AURA THERAPY	No	5.2.2008	
BIORESONANCE THERAPY	No	22.11.2007	
BIO SKIN JETTING	Yes	19.7.2006	Cosmetic Piercing
BLEACHING	No	17.6.2004	
BODY MASSAGE	Yes	18.5.2006	Massage
BODY PIERCING	Yes	18.5.2006	Cosmetic Piercing
BODY TALK	Yes	23.10.2008	Massage
BODY WRAPS/ENVELOPMENT	No	18.1.2005	

BOTOX	No	17.6.2004	
BOWEN TECHNIQUE	Yes	17.6.2004	Massage
BRANDING	No	17.6.2004	
(BSSF) BE SET FREE FAST	No	23.10.2008	
BUTEYKO	No	22.11.2007	
CHAMPISSAGE (Indian Head Massage)	Yes	17.6.2004	Massage
CHIROPODY /Podiatry)	Yes	18.1.2005	If state registered a licence is not required
CHIROPRACTIC	Yes	18.1.2005	If state registered a licence is not required
CHOLESTEROL TESTING	No	23.5.2007	
COLLAGEN IMPLANTS (Cosmetic Fillers)	No	17.6.2004	
COLONIC IRRIGATION	No	17.6.2004	
COLOUR THERAPY	Yes	17.6.2004	Light
CRANIOSACRAL THERAPY	No	17.6.2004	
CRYOTHERAPY (chamber therapy)	No	24.4.2008	
CRYSTAL /ELECTRO CRYSTAL HEALING	No	22.11.2007	
CUPPING	No	21.7.2005	

DETOX BOX (see also 86)	Yes	14.11.2006	Sauna
DO IN	No	17.6.2004	
ELECTROLYSIS (Hair Removal)	Yes	17.6.2004	Cosmetic Piercing
ADVANCED ELECTROLYSIS (Moles , Warts, SkinTags)	Yes	21.7.2005	Cosmetic Piercing
(EFT) EMOTIONAL FREEDOM TECHNIQUE	Yes	23.10.2008	Massage
ENDERMOLOGIE	Yes	18.5.2006	Electric
EYEBROW TREATMENTS	No	18.1.2005	
EYELASH TREATMENTS	No	17.6.2004	
* FACIALS	No	19.7.2006	Only licensable if combined with a facial Massage
FAIRBANE METHOD/TANGENT METHOD	Yes	17.6.2004	Massage
FARADISM	Yes	17.6.2004	Electric
Dr FISH THERAPY	No	5.5.2009	
FELDENKRAIS	No		
FLOATATION TANK	Yes	17.6.2004	Baths
FOOT DETOX	Yes	17.6.2004	Electric/Baths
FREEWAY - CER	Yes	23.10.2008	Massage

GALVANISM	Yes	17.6.2004	Electric
GLUCOSE TESTING	No	23.5.2007	
GRINBERG METHOD	Yes	23.10.2008	Massage
GYRATORY MASSAGE	Yes	17.6.2004	Massage
HALOTHERAPY /SPELIOTHERAPY	Yes	23.10.2008	Vapour
HELLERWORK	No	17.6.2004	
HENNA TATTOOS	No	18.1.2005	
HERBAL MEDECINE	No	18.1.2005	
HIGH FREQUENCY	Yes	17.6.2004	Electric
HOLISTIC MASSAGE	Yes	18.5.2006	Massage
HOMEOPATHY	No	18.1.2005	
HOPI EAR CANDLES			
HOT AIR MASSAGE	Yes	23.10.2008	Massage
HYALURONIC ACID (Cosmetic fillers)	No	17.6.2004	
HYDROTHERAPY	Yes	17.6.2004	Baths
HYPNOTHERAPY	No	17.6.2004	

INDIAN HEAD MASSAGE			
INFRA RED (see also 32)	Yes	17.6.2004	Light
IRIDOLOGY	No	17.6.2004	
KEN EYERMAN TECHNIQUE	Yes	23.10.2008	Massage
KINESIOLOGY	No	18.1.2005	
KIRILIAN PHOTOGRAPHY	Yes	5.2.2008	Electric
KOREAN HAND THERAPY	Yes	17.6.2004	Acupuncture
LASERS/INTENSE PULSE LIGHT	Yes	17.6.2004	Light
LIFESTYLE LIPO LASER (see No 62)			
LUMI LIFT/LUMI FACIALS	Yes	23.10.2008	Electric / Light
MANICURES	Yes	17.6.2004	Manicures
MANUAL LYMPHATIC DRAINAGE	Yes	17.6.2004	Massage
MARMA THERAPY	Yes	17.6.2004	Massage
MERIDIAN THERAPIES (see EFT, TAT, BSFF, TFT , Freeway –cer)			
META AROMATHERAPY	Yes	22.11.2007	Massage
METAMORPHIC	Yes	17.6.2004	Massage

TECHNIQUE			
MICRO CURRENT THERAPY / non surgical face lifts)	Yes	18.1.2005	Electric
MICRODERMAL ANCHORS	Yes	23.10.2008	Cosmetic Piercing
MICRO –DERMABRASION	No	21.7.2005	
MICROPIGMENTATION (semi-permanent make up)	Yes	17.6.2004	Tattooing
MOXIBUSTION	Yes	18.1.2005	Acupuncture
N.A.E.T (Namripad Allergy Elimination Technique)	Yes	21.7.2005	Acupuncture
NAIL EXTENSIONS	Yes	17.6.2004	Manicures like kind
NATUROPATHY	No	18.1.2005	
NO HANDS MASSAGE	Yes	23.10.2008	Massage
NON SURGICAL FACE LIFTS (see 68)			
NORRIS TECHNIQUE	No	18.1.2005	
OSTEOMYOLOGY	Yes	5.5.2009	Massage/Acupuncture
OSTEOPATHY	Yes	18.1.2005	If state registered a licence is not required
OXYGEN THERAPY – (Oxygen Bars only)	Yes	5.2.2008	Vapour
PEDICURE	Yes	17.6.2004	Manicures like kind

PHYSIOTHERAPY	Yes	17.5.2005	If state registered a licence is not required
PODIATRY			
POLARITY THERAPY	Yes	17.6.2004	Massage
QI GONG	Yes	17.6.2004	Massage
RADIONICS	No	17.6.2004	
REFLEXOLOGY	Yes	17.6.2004	Massage
REMEDIAL MASSAGE			
REIKI	No	17.6.2004	Licensable if carried out with a massage
ROLFING	Yes	17.6.2004	Massage
SAUNA	Yes	17.6.2004	Sauna
SCARIFICATION	No	19.7.2006	
SCENAR THERAPY	Yes	22.11.2007	Electric
SCHMAIZING	No	19.7.2006	
SCLEROTHERAPY	Yes	17.6.2004	By Medical Practitioners Only
SEMI PERMANENT MAKE UP			
SHIATSU	Yes	17.6.2004	Massage
SPA	Yes	17.6.2004	Baths

SPORTS/REMEDIAL MASSAGE	Yes	18.5.2006	Massage
SPRAY TANNING	No	21.7.2005	
STEAM ROOM/BATH	Yes	18.1.2005	Vapour/Bath
STONE THERAPY	Yes	17.6.2004	Massage
SUGARING	No	17.6.2004	
(TAT) TAPAS ACUPRESSURE TECHNIQUE	Yes	23.10.2008	Massage
TATTOO REMOVAL	Yes	21.7.2005	Cosmetic Piercing/ Tattooing
TATTOOING	Yes	17.6.2004	Tattooing
TEETH WHITENING	No	16.11.2006	
TEMPTOOING	Yes	24.4.2008	Tattooing
(TFT) THOUGHT FIELD THERAPY	No	23.10.2008	
THAI MASSAGE	Yes	18.5.2006	Massage
THALASSATHERAPY	Yes	17.6.2004	Baths
THERAPEUTIC/HOLISTIC MASSAGE	Yes	14.9.2006	Massage
* THERMO AURICULAR THERAPY (Hopi Ear Candles)	No	17.6.2004	Licensable if carried out with a facial massage

THREADING	No	17.6.2004	
TONGUE SPLITTING	No	23.10.2008	
TONING BEDS	No	18.4.2006	
* TRICHOLOGY	No	18.1.2005	Licensable if carried out with a head massage
TUI – NA	Yes	17.6.2004	Massage
ULTRA SONIC	Yes	19.7.2006	Electric
ULTRA VIOLET TANNING	Yes	18.1.2005	Light
VACUUM SUCTION	No	17.6.2004	
WAXING	No	17.6.2004	

List Updated 13.5 2010
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