

July 2009

Lambeth

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The news update for people who want to make a difference



## The Lambeth Business Travel Network Workshop is a great success



The Lambeth Business Travel Network (LBTN) was launched 3 years ago to bring together businesses located and/or operating in Lambeth. The network is a support mechanism for businesses experiencing transport problems and encourages the creation of a travel plan. The network meets quarterly with each meeting themed around transport and how to make sustainable transport choices. This month the LBTN meeting took place in a swish new bar called Aquum on Clapham High Street and among the chandeliers and white leather the meeting was very productive.

We started with a round of speed networking which proved to be a great icebreaker and allowed people a minute to let someone else know about their business and its services. After this the group was split into smaller teams of 3 or 4 and the facilitator, Anthony Psaila, began a Workplace Travel Plan workshop.

Case studies of businesses of different sizes were given to the teams and each one had to work out problems and possible solutions. Each team reported back to the group and there were many great ideas such as pool bikes, car sharing and the sharing of cycle facilities with other businesses in the area. The session really got people to think about the benefits of having a travel plan.

Verity Barton of NLP Professional Training said - 'The event covered so much in just a long lunch hour, it was practical and I'm very pleased at how interactive it was. It certainly left me feeling more engaged with environmental issues and I will be creating a travel plan for my business as soon as we can book time with one of the consultants.'

After this we enjoyed a sumptuous lunch and were given another opportunity to make new contacts. Carden and Steve from LEV Fleet had brought along their electrically assisted pedal bikes for people to have a go and consider hiring the bikes as fleet. Everyone reluctantly went back to work at the end clutching a goody bag.

For more information about the LBTN and to register please see [www.LBTN.co.uk](http://www.LBTN.co.uk).

To find out more about LEV Fleet please see [www.levfleet.co.uk](http://www.levfleet.co.uk)



## Cycle Superhighway coming through Lambeth

The Mayor of London, Boris Johnson, has unveiled the proposed routes for London's Cycle Superhighways, corridors for cyclists that are a key part of his policy to stimulate a cycling revolution in the capital. The aim of the Cycle Superhighway is to provide safe, direct and continuous routes into central London from the outer boroughs, making life easier for cyclists and encouraging those who travel into work by other modes of transport to commute by bike. The pilot route running through Lambeth, which will be up and running in May 2010, is from South Wimbledon to Bank via the A24 and A3.

For more information about this great scheme, email [cycling@lambeth.gov.uk](mailto:cycling@lambeth.gov.uk)

## Bike week celebrations

To celebrate the bicycle and bring people together this year, we teamed up with Southwark Council to put on a Bike Week Barbecue in beautiful Ruskin Park on the Lambeth/Southwark borough border.

Revellers cycled to the event with Lambeth and Southwark Cyclists, local branches of the London Cycle Campaign, who ran led rides from strategic points around the two boroughs.

Tasty organic handmade burgers and classic salads were supplied by Honest foods and music was supplied from a pedal powered sound system pedalled by some of the young cyclists from the boroughs.

Sixty bikes were repaired and one hundred and thirty burgers eaten by hungry cyclists who found the event both useful and enjoyable

**For more information about led rides in Lambeth visit [www.lambethcyclists.org.uk](http://www.lambethcyclists.org.uk)**



## Wheels for Wellbeing summer cycling



Disabled children are invited to come to Brockwell Park this summer to try out some of the amazing bikes especially adapted by Wheels for Wellbeing. The charity, which supports disabled people to cycle in Lambeth, will be running a programme of sessions throughout the school holidays. Cyclists need to be accompanied by

parents/guardians/support workers and non-disabled siblings are welcome too. Participants need to register but do not need to book, just turn up on the day. Whatever impairment, long term health condition or disability you have, wheels for wellbeing can help with your cycle query.

**For more information about this great charity and for dates and time of the summer programme see [www.wheelsforwellbeing.org.uk](http://www.wheelsforwellbeing.org.uk)**

## The NHS cycle to work

Lambeth Council's sustainable transport team have been working together with Lambeth NHS to promote the NHS's 'Cycle To Work Scheme'.

They organised nine cycle awareness days over the last three months held at Lower Marsh, Gracefield Gardens, Kings, Guys and St Thomas'.



Over two hundred staff came to find out about the tax free bike scheme whereby staff can get up to 44% off of the price of a brand new bike and bike accessories.

The events were also a great chance for people to get their existing bike checked with the Dr Bike mechanics supplied by the sustainable transport team and for people to discuss road safety with Gary Saunders from the Met Police.

## Lambeth pupil's win WOW competition for third year in a row

Jack Freeman-Bell, aged 9, from Whitehouse Preparatory School in Clapham Park has won the TfL annual competition to design a WOW (Walk on Wednesday) badge. Children who walk to school regularly are eligible to collect a different badge each month.

The purpose of the WoW scheme is to encourage pupils to walk to school, increasing safety outside of the school gates, reducing congestion, improving children's health and the local environment.

The theme for this year's badge design is Nature in the UK.

Over 1200 entries from 420 schools across the UK were received. Over 200,000 children will receive Jack's badge, in January 2010, which is a picture of a Bat.

