

Lambethtalk

YOUR FREE LAMBETH COUNCIL MAGAZINE

AUTUMN 2023



PHOTO: JIM GROVER

LAMBETH HERITAGE FESTIVAL

Celebrating our history /
p8-9

#BIG SHIFT

Towards Net Zero / p5-7

GREEN FLAG PARK

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Lambeth / p7

COST OF LIVING

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ACTIVE LAMBETH

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Lambeth

#BIG SHIFT

Children heading back to school?

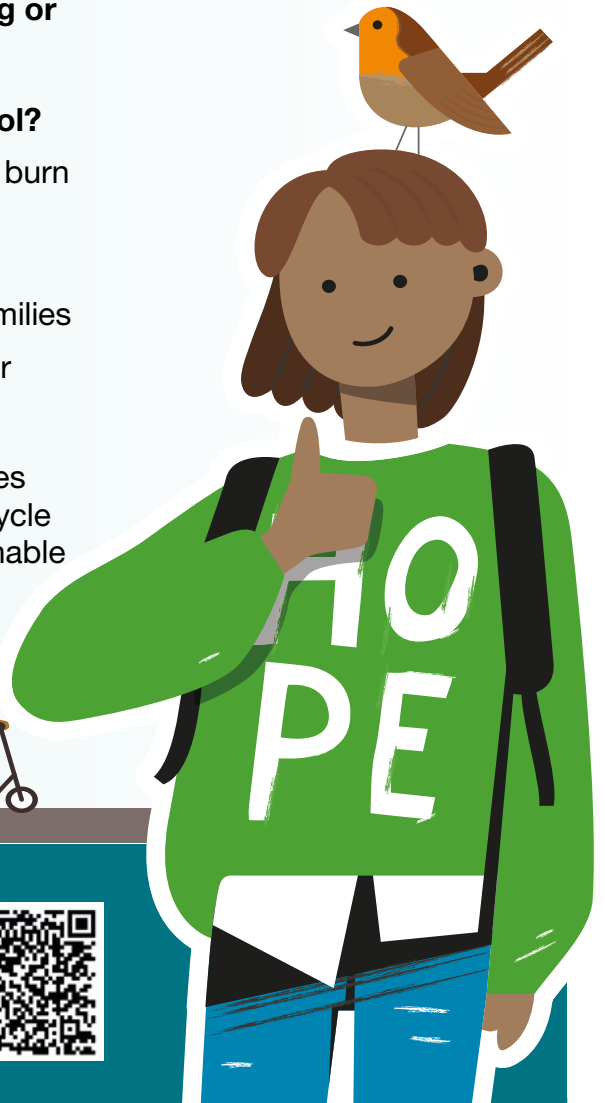
Start a new habit and travel to school actively this Autumn

Travelling actively means using the power of your body to travel somewhere. This includes walking, cycling or scooting the route.

What are the benefits of travelling actively to school?

- Walking is a form of exercise, a 30-minute walk can burn anywhere between 100 and 300 calories
- It keeps our minds and bodies healthy
- It's an opportunity to spend quality time with our families
- It helps reduce air pollution and therefore is great for the planet.

Lambeth Council offers a range of resources for families to get involved. From affordable bike markets to free cycle training for adults and children, the council wants to enable everyone in your family to travel actively.



Check out our cycling and walking page to find about all our initiatives for active travel.

<https://www.lambeth.gov.uk/streets-roads-transport/cycling-walking>





Welcome

Dear residents,

As we approach September and October, we move into a period of celebration for our borough. Not only do we have the 2023 Lambeth Heritage Festival, showcasing the incredibly diverse history of Lambeth and our communities, but we will also be marking Black History Month in our own uniquely Lambeth way with more than 40 events across the borough.

I am proud of the continued work of the council in advocating for, and celebrating, our communities. We are all on your side and our focus remains on supporting people all year round, particularly during the cost of living crisis. Please take a look at the support available in this edition and encourage anyone you know who is facing difficulties to get in touch to see if they are eligible for support.

Cllr Claire Holland, Leader of Lambeth Council

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For translation of articles in any other language, large print format, or to opt-out from receiving the magazine contact: lambethtalk@lambeth.gov.uk

Edited and designed by the Lambeth Communications team. Contact us: communications@lambeth.gov.uk



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NEWS

LAMBETH MARKS WINDRUSH 75 AS A BOROUGH



Lambeth Council joined the community in marking Windrush 75 with events throughout June to celebrate and commemorate the national milestone.

That included a special parade on Windrush Day itself, which is on June 22, from Herne Hill to Brixton's Windrush Square. There were also exhibitions, talks, events and community discussions in June in Lambeth, as the first home of the Windrush Generation.

Lambeth Council funded more than 20 organisations to mark Windrush 75 in honour of the borough's important role in the history of the Windrush Generation.

New partnership with Prince William to end homelessness

Homewards, is a new five-year programme that aims to end homelessness – making it rare, brief, and unrepeated.

It was launched in Lambeth alongside Prince William and the Royal Foundation in June at the Mosaic Clubhouse in Effra Road, Brixton. Mosaic Clubhouse was chosen in recognition of their work to support people who are living



Car Free Day

Lambeth Council has held its first Car Free Day of the summer to allow communities to come together and enjoy their local streets without traffic.

A Car Free Day was held in Atlantic Road, Brixton, on June 10 and 11, where temporary road closures meant the street was transformed into a social space. The scheme was supported through the council's **#Big Shift** programme to encourage people to transition away from motor vehicles and consider walking, cycling, scooting, or wheeling instead. Further events are planned this year.

World Car Free Day is Friday 22 September 2023 and it will be marked in London over the weekend of Friday 22 to Sunday 24 September.



with mental health conditions, and the important role improving mental health has in tackling homelessness.

Cllr Claire Holland, Lambeth Council's Leader, said:

“We are working incredibly hard to tackle homelessness in our borough and have strong council services in place.

“But we also face increasing demand for those services and huge challenges in relation to housing supply meaning we want and need to do more.

“We are excited to commit to showing it is possible to end homelessness by joining this transformative programme.**”**

#BIG SHIFT



“

It was a delight to see so many young children feeling safe and confident to enjoy being on two wheels and ride on the streets of Lambeth with their friends.”

Deputy leader Cllr Rezina Chowdhury, Cabinet Member for Sustainable Lambeth and Clean Air

Six Lambeth primary schools took part in the ‘Bike the Borough’ event where children hit the road to enjoy a mass ride out between Clapham Common and Brockwell Park.

The inaugural Bike the Borough event saw almost 70 school children showcase cycling skills while being supported by school staff, cycling police officers and instructors from Cycle Confident. It was supported by the **#Big Shift** programme to

encourage more walking, cycling, scooting and wheeling. Traffic marshals ensured the main roads were safe for the convoy of children to enjoy the cycle ride and gain added confidence on two wheels.

Annual Special Educational Needs and Disabilities (SEND) Survey 2023

Lambeth Council and Integrated Care Board (NHS) is asking for the views of parents, carers, and families, of children and young people with Special Educational Needs and Disabilities (SEND) in a new survey. It asks their views across areas of education, health and social care for children and young people from birth up to 25 years. This survey gives you a chance to feedback your views about how things are working for you and your child/children with SEND. If you need help to complete this survey you can ask a friend, family member, or someone else you trust. Those taking part do not need to provide their name or contact details.



END HARASSMENT AND VIOLENCE AGAINST WOMEN AND GIRLS

Lambeth Council has invited young people to shape a new campaign to end harassment and Violence Against Women and Girls. The council has commissioned Young Creators UK, a creative agency based in Lambeth, to develop the campaign alongside

young people. A series of workshops have already taken place to ensure the campaign reflects the voices and lived experiences of young people in Lambeth. The campaign will launch later this year. Cllr Dr. Mahamed Hashi, Cabinet Member for Safer Communities, said:

“We have given young people the opportunity to lead the development and design of this project in a way which has not been done before, which has empowered our young people and has proven to be an effective way of putting their voices first.”

Meet the Cabinet

Cllr Rezina Chowdhury, Cabinet Member for Sustainable Lambeth and Clean Air explains Lambeth's environmental journey towards Net Zero in 2030.



What changes should we expect to see in our neighbourhoods?

We have already made huge strides toward promoting clean choices like walking, wheeling, and cycling, and we will continue to make them safer and more accessible. We are introducing parklets, planting trees and creating rain gardens to reduce the risk of flooding, and making neighbourhoods generally more pleasant and less like car parks.

What else would you like to change and why?

Locally I would like to see a bigger shift from cars to sustainable travel like public transport, walking, cycling and wheeling as well as more greenery on our roads and

high streets. In Lambeth we have an ambitious kerbside strategy and tree planting plan, which will change the way our streets feel, that I'm really looking forward to that.

I'd also like to see more action on a national level because we need to unite as a country around this agenda, and need the legislation to help us all achieve our sustainability goals.

What have you enjoyed most since becoming a councillor at Lambeth?

I love my role as cabinet member for clean air and sustainability because I can really help shape Lambeth's response to the climate crisis and improve conditions for our

community. There is a long way to go, but we have made remarkable progress already in decarbonising council operations and working with leading institutions in the borough to reduce emissions.

What has been the most difficult part of cabinet member life?

Trying to help change peoples' behaviour away from jumping into their cars to get around Lambeth, and instead consider 'how else can I get there?' Emissions from motor vehicles contribute a quarter to our overall annual carbon footprint. Already six in ten Lambeth residents don't own a car and I want to give more freedom to everyone to choose how they travel and be safe in those choices. Whether you're happy to walk, cycle, e-bike, scooter or catch a bus or train, I want to help create the conditions for you to do so. For some people and trips only a car or van will do and it's important to recognise that, but right now it's obvious from our congested roads that the balance isn't right.

What motivates you?

Knowing that, although this change can be tough at times, on the other side of it will be Lambeth neighbourhoods that are happier, healthier, safer and with many trees.

 @rezinachowdhury



Lambeth parks and green spaces celebrate record Green Flag year

In a record-breaking year, Streatham Common entered the prestigious Green Flag parks and green spaces awards for the first time – and boosted Lambeth's awards total to its highest ever.

Keep Britain Tidy's Green Flag Award is the international standard for quality parks and green spaces – this is a testament to the hard work and dedication of the partnership of council staff, community partners and residents that care for Lambeth's green spaces.

Lambeth's Green Flag Award winners 2023: Archbishop's Park, Brockwell Park, Clapham Common, Eardley Road Sidings Nature Reserve, Hillside Gardens Park, Holmewood Gardens, Kennington Park, Milkwood Community Park, Larkhall Park, Myatt's Fields Park, Old Paradise Gardens, Palace Road Nature Garden, Ruskin Park, St. John's Churchyard, St. Paul's Churchyard, Slade Gardens, Streatham Common, Streatham Rookery, Ufford Street Gardens, Vauxhall Park, Vauxhall Pleasure Gardens and West Norwood Cemetery.

Green Heritage Award: Brockwell Park and Kennington Park

Green Flag Community Award: Brockwell Park Community Greenhouses, Eden at St. Paul's Churchyard, and Windmill Gardens.

(C) Max A Rush Photography



“Lambeth now has 23 award-winning sites, including Streatham Rookery which sits beside the Common, meaning both open spaces are now able to fly a Green Flag, demonstrating to everybody our total commitment to providing the public with parks and green spaces we can all be proud of.”

Cllr Rezina Chowdhury, Deputy Leader for Lambeth Council and Cabinet Member for Sustainable Lambeth and Clean Air

CULTURE



Jim Grover's remarkable exhibition of photographs of the Lambeth Windrush Generation is at Clapham Library until 19th September

Lambeth Heritage festival

The 2023 Lambeth Heritage Festival organised by Lambeth Archives and the Lambeth Local History Forum will be taking place across the borough all through September. Once again, there is a rich line-up of over 40 events, each representing some different aspect of the fantastically diverse history of Lambeth and its communities.

Don't miss the Lambeth Local History Fair, the festival's opening event, which will be running through the day at West Norwood Library and Picturehouse on Saturday 2nd September. This will include

local societies' stands and book stalls, free talks, guided walks around many different aspects of the local area (botany, cemetery, rivers, railways....) and film screenings. There will also be an opportunity to participate

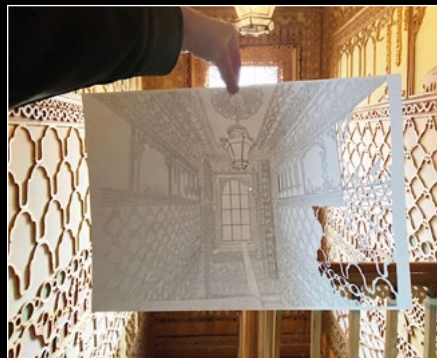
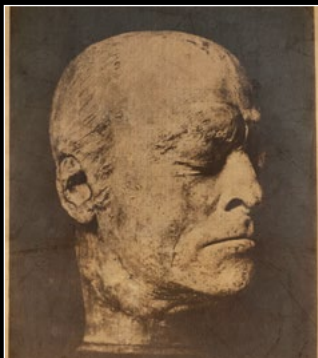
in 'Their Finest Hour', a digital project led by Oxford University to collect people's memories and memorabilia of the Second World War.

Clockworks, West Norwood's museum devoted to the history of electrical time-keeping, is running a series of free tours on **Saturday 2 September**.



Charlie Chaplin, grew up in poverty in Kennington and spent years in the Lambeth Workhouse; a talk on **Monday 18 September** at the Cinema Museum explores his local south London history.

Lovely Lambeth, join an urban walk and try imagining Lambeth through the eyes of the poet and artist William Blake, on **Thursday 6 September**.



A chance to visit the National Trust's only Lambeth property at **575 Wandsworth Road**, and to be inspired by the extraordinary carved interiors made by the writer and poet Khadambi Asalache, **Thursday 28 September**.

For the rest of the month you will be able to enjoy talks, music, film screenings, exhibitions and workshops, covering a whole spread of interests and from just about every geographical perspective: everything from talks about **Charlie Chaplin** and **Lambeth Music Hall** to tales of Victorian gardeners, the **Great North Wood** and Lambeth's orchid growers. For the more hands-on, there is a paper-cutting workshop in the National Trust's smallest and only Lambeth property on the Wandsworth Road as well as an urban sketching tour of Brixton. Alongside a series of Waterloo Cinema walks there is a fantastic opportunity to visit the BFI's Mediatheque archive and have

a two-hour exclusive viewing of their films about **Waterloo and South London**.

One of the particular pleasures of the Festival is the chance it offers to explore some of the hidden corners of our extraordinary borough. This year there will be tours of **Brixton Market**, **St Leonard**, **Streatham's crypt and graveyard**, **Norwood Cemetery**, **Kennington Park**, **Brixton Windmill**, **Henry Tate's gardens in Streatham** as well as tours of one of West Norwood's best kept secrets, the **Clockworks museum**.

Then there are guided walks around particular areas – **Herne Hill**, **Vauxhall**, **West Dulwich**, **Brixton**, **Clapham** – as well as

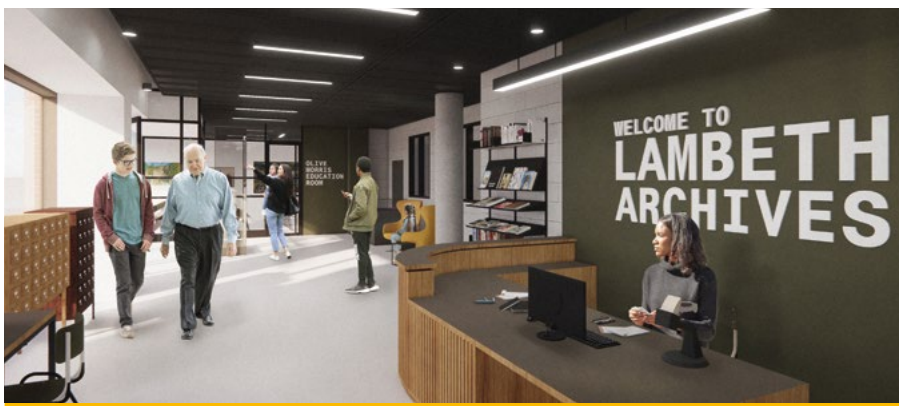
quirkier walks exploring more unusual aspects of our borough: a bat walk, botanical walks, walks along some of our underground rivers and finally, a walking tour of Brixton in the footsteps of the Windrush generation.

You can get the full details on all the month's events from the websites below and book your places online. We look forward to seeing you throughout September. Full details of all the month's events are at **www.lambeth.gov.uk/heritagefestival**; download the brochure at **<https://www.lambethlocalhistoryforum.org.uk/lambeth-heritage-festival-2023>**



CULTURE

The new Lambeth Archives is coming to Brixton



Above: The first Minet Library on Knatchbull Road was the original home to the historical collections that became Lambeth Archives

Back in 1890, William Minet donated the Minet Library on Knatchbull Road to the people of Lambeth and Camberwell. He continued to purchase documents for its collections up until his death in 1933. In 1941 the library was bombed, but miraculously the historical records in the basement survived unscathed. In 1958 Lambeth rebuilt the Minet Library, at which point it became Lambeth Archives, the borough's official record office.

Now, Lambeth Archives is finally about to move from its library building to a new purpose-built home at 16 Brixton Hill, close to the Town Hall and Civic Centre, Black Cultural Archives and Brixton lending and reference libraries. Designed by Haworth-

Tompkins architects, the spacious new archive has a modern open-plan search room for our users, while the strong room in the basement has over two miles of linear shelving, sufficient for all our records. The removal will start in September; for some of the earliest documents in our collections, it will be the first time they have been moved in one hundred and thirty-three years.

There are many other benefits from the new space. We will have an exhibition area so that we can display many of the previously hidden items in our collections and we will be able to welcome schools and groups for the first time into our new education space. Our collections of documents, maps, photographs and books will be more safely stored and

preserved, protected from fire by a gas suppression system while temperature and humidity will be kept constant by the thermal inertia of the basement's enormous bare concrete walls and slab, meaning that we will no longer rely on air handling units to maintain the environment.

Equally, we will be able to continue collecting for the future. In our old building we were running out of space, whereas we now have the room in which to continue to collect and store both the paper and the digital records that document the histories of Lambeth's communities.

We look forward to welcoming you to our new archives service in the autumn at **Lambeth Archives, 16 Brixton Hill, SW2 1RB**

BLACK history month

Lambeth celebrates Black History Month this October with more than 40 events in our libraries – book readings, writers in conversation, Q&As, theatre performance, live song, wellbeing and culture events, poetry open mic and spoken word evenings, film screenings, discussion and visual arts.

“ I hope you will join us as we celebrate African and Caribbean history and heritage – including 75 Years since the arrival of the Empire Windrush brought Caribbean creativity to enrich the diversity and vibrancy of London culture, celebrating our ongoing support for the Windrush generation. The whole month is a wonderful opportunity to discover and celebrate the wide variety of vital contributions to Lambeth’s culture. Lambeth Libraries has partnered with many local organisations, along with a selection of brilliant writers and artists, to deliver this fantastic programme of events. ”

Cllr Donatus Anyanwu, Cabinet Member for Stronger Communities, Leisure and Sport

A world of knowledge You’ll have the chance to discover writers’ thoughts and words – including history, biography and celebrating creativity with new fiction and poetry by and about African and Caribbean people.

Reading and writing for young people There are events especially for young readers throughout the month including a chance to meet authors and graphic novels illustrators, quizzes, a creative writing challenge and events for schools to book visits to libraries, plus recommendations from our libraries for books for young readers – and from young readers.

You can choose your own Black History Month menu with the help of a day-to-day guide to all the events, times, booking details via Eventbrite and more online on Lambeth’s information pages, or collect a printed copy from your local library.

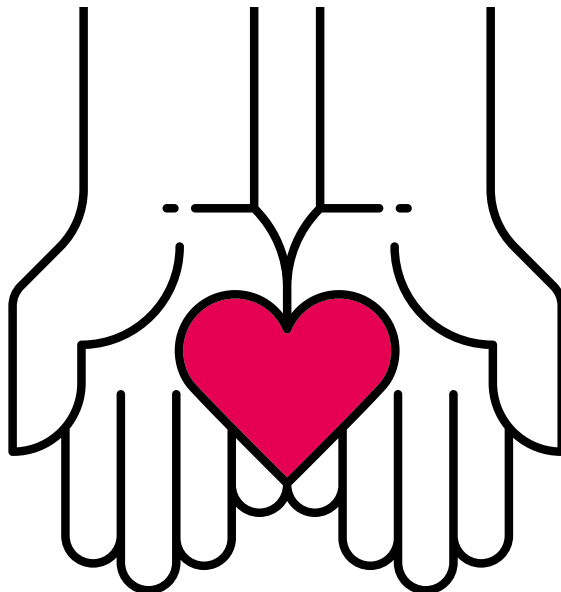


SUPPORT

Cost of living support available now

Lambeth Council and local charities are here to help during the cost of living crisis.

For further information visit our website
lambeth.gov.uk/costofliving



Lambeth Council has agreed a £10 million package of vital support for those hit hardest by the cost of living crisis.*

We can help you with:

- Council tax support and rebates
- Access to benefits and grants
- Making your home energy efficient, reducing your bills
- Access to Foodbanks and low-cost food
- Emergency Support Scheme - support for residents in an emergency, crisis or disaster
- Job and business start-up support
- Holiday activities

Emergency Support

The Emergency Support Scheme helps Lambeth residents that are facing hardship, a crisis, emergency, or disaster. This includes struggling to pay bills or afford food.

Visit www.lambeth.gov.uk/ESS for more information

* Comprising £4m additional council funding and £6m UK Government funding.

You can also get independent advice from

Citizens Advice Merton and Lambeth (CAML)

Telephone: Lambeth Adviceline 0800 254 0298

www.caml.org.uk

Brixton Advice Centre

Telephone: 020 7095 5908

Monday to Thursday 10am – 3pm

www.brixtonadvice.org.uk

Centre 70 (C70)

Telephone: 020 8670 0070

Monday to Friday 10am – 4pm

Email: enquiries@centre70.org.uk

www.centre70.org.uk

Groundwork

The Green Doctors offer free, impartial advice and support to help you save energy, reduce your bills, and live in a warmer, more comfortable home.

Telephone: 03003 653 005

www.groundwork.org.uk

Food Support:

The Lambeth Larder website has useful information about where to find local help and support, including emergency support. Visit www.lambethlarder.org or email them on info@lambethlarder.org

Trussell Trust foodbanks provide a minimum of three days' nutritional, non-perishable food.

You can find more information on

www.trusselltrust.org

[/get-help/find-a-foodbank/](http://www.trusselltrust.org/get-help/find-a-foodbank/)

Pension Credit:

Pension Credit is a payment to top up your income, which you can apply for when you reach state pension age. How much you could get depends on the value of your current state pension, other income, and any savings you may have. Check if you are eligible on www.gov.uk/pension-credit or call the Pension Credit claim line on 0800 99 1234.

You will need the following information ready:

- Your National Insurance number
- Information about your income, savings and investments
- Your bank account details

Free School Meals:

Even though all primary school children will receive free school meals in the 2023/24 school year, if you are in receipt of income-related benefit, council tax support or discretionary housing payments you should still apply for free school meals through your school. This ensures you will have access to additional support during the school holidays, including Holiday Activities and Food programme and additional financial support (£20 per child, per week, distributed by schools).

At a glance look at what you might have received and might be entitled to:

Who	Summer 23	Autumn 23	Winter 23/24	Spring 24
Pensioners			£150-£300 If in receipt of Winter Fuel Payment via winter fuel payment route	
Disabled	£150 For people receiving disability payments, via disability benefit			
Low income	£140 Residents on income based free school meals, through schools	£300 For residents in receipt of means-tested benefits, paid through your benefits	£299 For residents in receipt of means-tested benefits, paid through your benefits	
Low income residents most impacted by rising costs	Lambeth Council cost of living payment up to £250		Lambeth Council cost of living payment up to £250	

LEISURE



ACTIVE LAMBETH

Leisure for all  Lambeth

Active Lambeth Swim School

Improve little one's confidence in the water or advance swimming skills, Active Lambeth Swim School offers beginners, improvers and advanced swimming lessons for children of all ages and abilities. Follow STA approved courses and have fun. Our classes are spread across the Lambeth borough at convenient times and affordable prices.



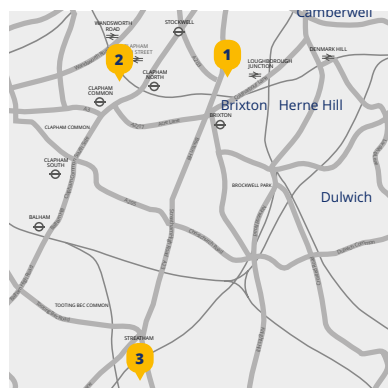
Children aged 11 and under swim FREE*

*At certain times across all Active Lambeth swimming pools. Please contact your local Active Lambeth leisure centre for more information.



Scan to the QR code to find out more.
active.lambeth.gov.uk/lessons/swimming-lessons/

Where to find us:



- 1 Brixton Recreation Centre**
27 Brixton Station Road, London, SW9 8QQ
- 2 Clapham Leisure Centre**
141 Clapham Manor Street, London, SW4 6DB
- 3 Streatham Ice and Leisure Centre**
390 Streatham High Road, London, SW16 6HX



Work with us

Join the team at Lambeth Council.
Active Lambeth has exciting and rewarding
leisure centre roles waiting for you!

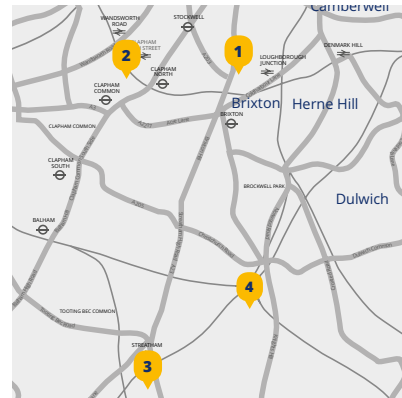


We're currently recruiting for a variety of full-time and casual positions, including:

- Award Swimming Teacher
- Schools Swimming Teacher
- Swim Teacher
- Cleaning Assistant
- Concierge
- Gymnastics Coach
- Ice Assistant
- Recreation Assistant/Lifeguard
- Children's Activity Instructor



Our leisure centres are based in Brixton, Clapham, Streatham and West Norwood.



- 1 Brixton Recreation Centre**
27 Brixton Station Road, London, SW9 8QQ
- 2 Clapham Leisure Centre**
141 Clapham Manor Street, London, SW4 6DB
- 3 Streatham Ice and Leisure Centre**
390 Streatham High Road, London, SW16 6HX
- 4 West Norwood Health and Leisure Centre**
25 Devane Way, London, SE27 0DF

How to apply?

Become part of our fantastic team and help us create a vibrant and inclusive leisure service for our community. To apply, simply scan the QR code and send your completed application to activerecruitment@lambeth.gov.uk. We can't wait to hear from you!



Scan to the QR code to find out more.

ELECTORAL SERVICES

Voter ID is here...

Polling station voters will now need to show photographic ID at elections in Lambeth.



For more information visit:
lambeth.gov.uk/vote

What is voter ID? As part of the new Elections Act, the UK government has introduced Voter ID to make polling station voting more secure at elections.

How will it work? Everyone voting in person at a polling station will need to show an accepted form of photographic ID to receive their ballot paper.

When did Voter ID start? From May 2023 (October 2023 for UK Parliamentary general elections).

The next elections to take place in Lambeth will be for the Mayor of London and London Assembly which is scheduled for 2 May 2024, however a by-election or snap general election can be called at short notice.

What ID will I need to show at the polling station? The UK government have decided on the list of acceptable photographic ID. If you choose to vote in person at your allocated polling station you'll need to bring one of the items listed below with you.

Accepted photo ID

Only original documents will be accepted, photographs or photocopies of ID are not permitted.

Expired photo ID is allowed as long as the photograph still looks like you

The name on your ID document must be the same name you used to register to vote.

What do I need to do now?

- ✓ **CHECK** what photographic ID you have available.
- ✓ **REMEMBER** you can use an expired ID – as long as it's on the acceptable documents list and the photo still looks like you.
- ✓ If you don't have an acceptable form of photographic ID **APPLY** for a free Voter Authority Certificate, permitted for voting purposes only at your allocated polling station you'll need to bring one of the items listed below with you.

✓ PASSPORT

Issued by UK, Channel Islands, Isle of Man, a British Overseas Territory, EU/EEA state or Commonwealth country

✓ DRIVING LICENCE

Issued by UK, Channel Islands, Isle of Man or EU/EEA state (includes provisional licences)

✓ BIOMETRIC IMMIGRATION DOCUMENT

✓ **ID CARD BEARING THE PROOF OF AGE STANDARDS SCHEME HOLOGRAM** (A PASS Card)

✓ MINISTRY OF DEFENCE FORM 90

(Defence Identity Card)

✓ A BLUE BADGE

✓ NATIONAL IDENTITY CARD

Issued by an EU/EEA state

✓ AN OLDER PERSON'S BUS PASS

✓ A DISABLED PERSON'S BUS PASS

✓ AN OYSTER 60+ CARD

✓ A FREEDOM PASS



Ready Steady Go!

FREE sessions to help families achieve a healthier diet and a more active lifestyle.

New programmes will be starting in September 2023. To register or make a referral please use our online link at lambeth.gov.uk/ready-steady-go

Contact the team on 020 7926 0619 or email readysteadygo@lambeth.gov.uk



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BE SURE. KNOW THE FOUR

PROVEN WAYS TO PREVENT HIV

PrEP

PrEP is a pill for people who are HIV negative which prevents HIV

[WWW.DOITLONDON.ORG](https://www.doitlondon.org)



TESTING



CONDOMS



U=U

LONDON **DO IT** **N**
TEST·PROTECT·PREVENT HIV

Be the difference.

Every day in Lambeth a new child comes into our care, and we urgently need more foster carers to give them the love and support they deserve. Fostering means looking after someone else's child because their birth family are unable to. That can vary from short-term foster care to having a child or young people with you for a long time.



Michael, a foster carer, says:

“

Fostering has made me truly understand that my life, my concerns and my ambitions aren't the centre of my world. I can do more than that.”

As a foster carer, you'll look after children as if they were your own – in a loving home environment. You'll need to be sensitive to the challenges they'll face after separation from their families and any additional trauma they may have been through, such as abuse or neglect.

Fostering for your local council helps the young person and helps

our community. There are many different types of foster care, and we're sure there's one that works for you. For example, you could provide short-term respite care to children with disabilities to allow their parents a break. Or, if you have the space, you could help us keep a family together by caring for siblings. If you work 9 to 5, you may find it easier to

foster older children who are more independent.

After a while, some carers specialise in areas of care: Joan cares for young people on remand from prison, helping them get their lives back on track. Solomon looks after unaccompanied children seeking asylum from war-torn countries.

When you foster for Lambeth, you get:

- **24-7 out-of-hours support** from a dedicated social worker and our team, 365 days per year
- **two weeks paid respite** each year (14 days)
- a **£500 referral bonus** if you refer a friend who becomes an approved, active foster carer for Lambeth
- a **rebate of your council tax** if you are actively fostering for us
- among the **most competitive fees and allowances in London**
- Fostering Network membership and the opportunity to join our active fostering support group
- **priority** (before a private fostering agency) when a child is looking for a placement
- a thorough induction programme
- your own dedicated supervising social worker (SSW)
- ongoing training and development opportunities throughout the year
- peer mentorship to newly approved carers run by our most experienced foster carers.

Be the difference.

Become a foster carer

Our LGBT+ community are always welcome to foster for Lambeth. If you have a spare room and the commitment to help young people thrive, please contact our team.

For more information visit
www.lambeth.gov.uk/fostering




Lambeth

Being a foster carer isn't always easy, but our team will help every step of the way. You can also choose to meet regularly with our foster carer support group helping each other improve the way we work. The journey to becoming a foster carer for Lambeth takes around six months. Although this may seem a long time, most

people tell us the process allows them to think more closely and prepare themselves for making the commitment.

We believe our children deserve the best, and should be given the best chance to thrive, no matter what their circumstances. We hope that you do too - and choose to join the Lambeth family.

Please contact us today for an informal chat and more information:

Call:
020 7926 8710

Email:
fosteringduty@lambeth.gov.uk

Find out more:
www.lambeth.gov.uk/foster



Protect your child's health... now and for the future.

The best way to protect your child against polio, flu, measles, mumps, rubella and other childhood diseases is to get them up to date with their routine vaccinations.

Speak to a GP surgery for more information.



More information about vaccines: selondonics.org/childrenshealth





Make the time, ease your pressure



Your blood pressure is important, no matter what your age.

This September, Lambeth health and care services are reaching out with an important message: taking the time to 'know your numbers' could save your life.

High blood pressure is a major cause of heart attacks, strokes and other illnesses, but usually has no symptoms until it's too late, which is why it's known as the 'silent killer'. But it's easy to detect and can be treated, with lifestyle changes or medicines to bring your blood pressure down to a healthy level.



Vanita's story

“ My mum had high blood pressure all her life and died of kidney failure because of it. I started thinking about her and what I could do so as not to repeat her experience.

I know lots of people have high blood pressure without knowing it, so I didn't want any nasty surprises. I got a blood pressure monitor at home just before lockdown in 2020 because I wanted to know if my blood pressure was creeping up. It cost me around £25. I've also lost a lot of weight over the years, I've reduced salt in my diet and I try to think more about what I'm eating. I'm very happy to say I don't have high blood pressure now, and I feel more in control of my health! ”

Checking your blood pressure at home

Home monitoring is an effective and inexpensive way to keep blood pressure under control. Or you can pop into a local pharmacy or contact your GP to ask them to do a check for you free of charge.

Find out more about how to

monitor your blood pressure at home: www.bloodpressureuk.org/your-blood-pressure/how-to-lower-your-blood-pressure/monitoring-your-blood-pressure-at-home/

Tackling high blood pressure in Lambeth

Lambeth Together aims to

support people to lead healthy lives, to detect health conditions early and empower people to manage these conditions and avoid complications. Read more about our work to tackle high blood pressure bit.ly/NWDA-hypertension

WHAT'S ON



WOW Girls Festival

Women of the World's first WOW Girls Festival.

Lambeth plans to launch the festival and beginning of our WOW bus tour in Lambeth at the London Eye on International Day of the Girl. After a successful collaboration last year, ELEVATE is partnering with WOW again for the bus tour. The bus will essentially be the WOW Girls Festival on tour, carrying an exhibition on board and set of activities, developed with young people and for young people (though all ages can join in). These activities will also come in the form of education resources that can be shared and downloaded at no cost, within schools and community groups across the Borough. The WOW Girls Festival include: WOW Bus Tour, Live events in London, 2023 Young Leaders Directory, Let Girls Speak Campaign. Watch their film on YouTube.

When: 11 October, International Day of the Girl

<https://www.youtube.com/watch?v=be1HGR2jbUw>



Without Planning Permission!

Lambeth's Black men tackle Climate Change and the Environment in order to raise awareness and provide solutions to the problems that exist.

Black Men's Consortium theatre show immerses you in film, interactivity, and debate. With a fantastic cast of performers, this interactive performance takes you into dimensions you have never seen before

When: 4-6 October

Where: Brixton House theatre, 385 Coldharbour Lane, SW9 8GL

<https://brixtonhouse.co.uk/shows/bmc-without-planning-permission/>



Depaul UK is urgently looking for hosts to support young people in Lambeth

The national homelessness charity Depaul UK, which specialises in working with young people, has launched Supported Lodgings in Lambeth. Depaul UK are urgently looking for local hosts with a spare room to support the initiative.

Supported Lodgings hosts open up their homes to young people aged 16-21 who are experiencing homelessness. They provide a warm, welcoming, and safe environment to stay, as well as an opportunity to learn and develop the skills young people will need for a more independent way of living in the future. Hosts will be entitled to receive a payment for provision whilst the young person is staying with them. Amy Smith, Depaul UK's Assistant Director for Prevention said: "As a host, you would really make a difference to a young person's life and help them to get back on track. Welcoming them into your home will mean they avoid a night on the streets. Lambeth is known for its community spirit, and I really hope we will see the local community get behind this important initiative."

<https://www.depaul.org.uk/lambeth-supported-lodgings/>

Email: Lambeth.SupportedLodgings@depaulcharity.org.uk

Tel: 07989 731 937



Lambeth Council is committed to becoming an Age Friendly borough where all residents are respected and included, and are able to live good later lives.

We want to hear your views on what Lambeth is like as a place to grow older and how we can make Lambeth a better place to age well.

Please share your views by completing an online survey
https://www.surveymonkey.com/r/age_friendly_lambeth

or scan:



You can also email
agefriendlyLambeth@kaizen.org.uk
 if you have any questions, or call
020 4536 6321 to share your views on
 the phone.



Come along to **Lambeth Ageing Well Festival** on 30th September 2023, 11am-3pm at the Kia Oval (Alec Stewart Gate). Free activities, information, food and more. Please email publichealth@lambeth.gov.uk for more details.



Apply online and apply on time

Was your child born between 01/09/12 and 31/08/13?

If yes, your child should be starting secondary school in September 2024. If you are a Lambeth resident, you should apply for a school place using the safe, free and easy to use portal via our website, **lambeth.gov.uk/admissions**

It's available 24 hours a day, 7 days a week, up until the admissions closing date, which is midnight **31 October 2023**. **If you apply after this date the likelihood of gaining a place at your preferred school may be significantly reduced.**

For more information see the Lambeth secondary transfer 2024/25 webpage via lambeth.gov.uk/admissions

