

# Lambethtalk

YOUR FREE LAMBETH COUNCIL MAGAZINE

SPRING 2024



## CIVIC AWARDS 2024

Celebrating Lambeth's local stars p14-15

### LAMBETH ARCHIVES

New building now open / p8

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### COST OF LIVING

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50th Anniversary / p24



  
**Lambeth**

ELECTORAL SERVICES



# Voter ID is here!

The Mayor of London and London Assembly  
Elections take place on **Thursday 2 May 2024**.

Register to vote by **Tuesday 16 April**. Go to:

**[gov.uk/register-to-vote](https://gov.uk/register-to-vote)**





# Welcome

Dear residents

The new year starts with a renewed sense of optimism with the celebration of the new Lambeth Civic Awards, even as we face the uncertainty of the financial pressures that councils are experiencing.

Despite the pressures, here in Lambeth we continue to protect and deliver on what we know are your priorities. We continue to invest in our ten fantastic libraries, our award-winning parks and open spaces and in building affordable homes.

And while central government continues to force councils to pass the burden of funding essential local services on to residents by raising Council Tax, we are proud of our support scheme that has taken over 16,000 households in Lambeth out of paying council tax altogether.

While we wait to see if the Chancellor will answer our requests for the funding and powers that we need to alleviate the cost of living crisis, we will continue to be on your side, protecting and delivering on what is important to you.

**Cllr Claire Holland, Leader of Lambeth Council**

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**On the cover: Civic Awards 2024, our winners standing on stage** p14-15



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## Lambeth Children's Book Day

Sunday 31 March 2024  
Upstairs @ the Ritzy Brixton  
11am to 5pm  
Brixton Oval, London SW2 1JG.

Competition Prize for the best SuperHero short Story. Email: [contacts@mrandmissblackandbeautiful.com](mailto:contacts@mrandmissblackandbeautiful.com)

Prize: Lambeth Council offers 2 Ritzy Cinema Family tickets.

Donate through the QR code. Give children the opportunity to buy a book.



**COST OF LIVING** p9



**BUDGET CUTS** p12-13



**COUNTRY SHOW** p24

## OUR POSTAL ADDRESS HAS CHANGED!

Please send your letters to:

**Service Name**  
**London Borough of Lambeth**  
**PO Box 80771, London SW2 9QQ**





## NEWS

## THE QUEEN VISITS GAIA CENTRE

Her Majesty The Queen visited the Gaia Centre, which provides confidential, non-judgmental and independent support services for local people who are experiencing gender-based violence.



Photo: Stacey Osborne, Refuge

The Queen met with survivors of domestic abuse, alongside frontline staff and Lambeth Council representatives Cllr Dr Mahamed Hashi and Cllr Rezina Chowdhury to hear about the work to end gender-based violence in the borough. Her Majesty The Queen said:

**“I particularly salute all the survivors who are able to get out there; to talk to me, talk to everybody and tell other people about what they’ve been through, because they are going to save many lives by getting others to come forward.”**

The Gaia Centre is commissioned by Lambeth Council and run by the charity Refuge to offer a one-stop shop supporting survivors with outreach programmes and independent advocacy. It is accessible to anyone living in Lambeth who has experienced or is at risk of gender-based violence.

## Black Prince Trust launches North Lambeth Community Living Room

Lambeth Council and Black Prince Trust (BPT) have launched the North Lambeth Community Living Room (CLR) and BPT's new Social and Wellbeing space 'The Lounge'.

The Community Living Room at The Black Prince Trust Community Hub is a partnership funded by Lambeth Together. It builds on work undertaken by the Thriving North Lambeth network.

Health and wellbeing activities are available five days per week, while

The Black Prince Trust hosts health and wellbeing initiatives including monthly visits from the Lambeth Health & Wellbeing Bus.

**“Community Living Rooms represent the valuable impact that community-led partnerships can have on day-to-day life through a focus on prevention and early intervention.”**

Cllr Jim Dickson, Lambeth Cabinet member for Healthier Communities



# Lambeth Assembly Hall shortlisted for wedding award

**Lambeth Assembly Hall has been nominated in the prestigious Brides Customer Service Awards 2024 recognising it as one of the best wedding venues in London.**

The Grade-II listed hall was shortlisted for the industry award based on positive reviews submitted by newlyweds who enjoyed their big day at the venue. This is the latest in a string of plaudits for the venue after being named one of the Hitched Wedding Awards 2023 winners and finalists in the Guides for Brides Customer Experience Awards 2023.

Book the Assembly Hall for wedding receptions, celebrations and events by emailing [venues@lambeth.gov.uk](mailto:venues@lambeth.gov.uk)



## Lambeth's first two Community Parklets

**Lambeth Council's Big Shift has joined forces with Meristem to deliver the first Community Parklets designed by residents.**

The first two parklets were installed in January with more planned for the coming months. Lambeth's Community Parklets Scheme, supported by the Big Shift Community Fund, invites residents in the borough to design their own public space. As part of the Kerbside Strategy, the parklets project is helping reallocate

kerbside space away from just being parking spaces and towards greener and more community focused uses. The parklets that have been installed include planters for community growing and benches for anyone to rest and socialise. If you are interested in a parklet for your street, it's not too late! Applications for phase three are open. Head to our website for more information – [Lambeth.gov.uk/parklets](https://Lambeth.gov.uk/parklets)



## Crackdown on fly-tipping

**Lambeth Council is stepping up patrols in the borough's five town centres** to crack down on fly-tipping which is both an environmental crime that blights communities and a waste of public money to address. Illegally dumped commercial and household waste will be investigated by the team before it is cleared away, and where possible, fines will be issued to those responsible. Cllr Rezina Chowdhury, deputy leader and Cabinet Member

for Sustainable Lambeth and Clean Air, said: "We know the majority of our residents and businesses act responsibly and dispose of their waste the right way. But those that either can't be bothered or are looking for shortcuts will be held to account for their anti-social behaviour."



## Expansion to Electric Vehicle charging

Lambeth Council has announced a £2million investment in expanding the number of charging points for electric vehicles across the borough. This investment will see an additional 167 lamppost charge points for additional 167 lamppost charge points for residents across the borough. 44 fast chargers on estates and a minimum of 10 rapid chargers.



## CLIMATE ACTION



# Soak Up Lambeth Commonplace Launched

**In 2024, Lambeth Council will be installing over £6 million of sustainable drainage systems (SuDS) to help reduce surface water flood risk across the borough.**

SuDS are features that use natural and engineered material to manage rainwater from roofs and roads. They are often planted and come in many shapes and sizes to fit and blend into their surroundings. Raingardens, a great example of SuDS, are lowered areas of land that are heavily planted that collect rainwater from their surroundings.

This £6 million 'Soak Up Lambeth' programme is being delivered in partnership with Thames Water Utilities, Greater London Authority, and the Department for Education. It is the largest single SuDS initiative in London.

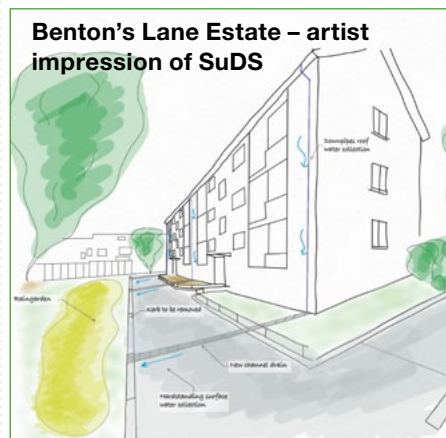
This investment is vital for

Lambeth, particularly as flood events continue to worsen due to climate change. This is because most of the ground in Lambeth is made of clay, which is not good at absorbing water. This, combined with lots of hard surfaces like road, pavements, and car parks, means our drains quickly get overwhelmed during storms, causing localised flooding in low-lying areas of the borough.

The SuDS will help minimise flooding and pollution by collecting, filtering, and storing rainwater before being slowly released into our sewers. This gives the low-lying areas a chance to drain. The type of SuDS Soak



Benton's Lane Estate – now



Benton's Lane Estate – artist impression of SuDS

Up Lambeth will be installing will be planted and will provide new and improved green spaces for nature and to improve the look and feel of the area.

You can find out more about SuDS and if there is a SuDS scheme near you by checking out our new Lambeth SuDS Commonplace website.



Department  
for Education

GREATER  
LONDON  
AUTHORITY



It's everyone's water



## ALL LANDLINES GO DIGITAL

## The digital phone switchover

## What you need to know

### What is the digital phone switchover?

The UK's telephone network is changing. Between now and 2025 most telephone providers will be moving their customers from old analogue landlines over to new upgraded landline services using digital technology.

This means services that rely on the old landline system such as home phones and healthcare devices will be switched over.

### How will it affect me/what do I need to do?

The good news is – your landline isn't going anywhere and for most consumers and businesses, this change will be straightforward. In fact, many customers are already making the switch when they upgrade to full fibre broadband.

Your telecoms provider such as Virgin Media O2 or BT should contact you before the switchover to check in and discuss what you need to do to make sure your service isn't affected. However, we're encouraging everyone to know what to expect.

If you have an internet connection, the change may be as simple as plugging your phone into your broadband router rather than the socket on the wall.

If you're worried about your devices, please contact the supplier, provider or company who provide them. They will be able to give you more information.

**Do you or someone you know depend on their landline and/or use a telecare device connected to a phone line such as a fall monitor, lifeline or personal alarm?**

**If yes, then please notify the communications provider now (the provider of this service) so that they can advise on how the switch might affect the service of the devices or home phone.**

If you have other devices connected to your phone line, such as alarm systems, your alarm service provider might need to upgrade your device to make sure it is compatible. If you are unsure about how a device in your home or business might be affected, it is recommended you contact the equipment supplier or device manufacturer to find out whether it will still work on a digital phone line.

### In an emergency

Digital landlines cannot carry a power connection, so in the event of a power cut they will not work. If you have a mobile phone this can still be used, but if you've no other means of calling the emergency services your telecoms provider will offer a solution to allow calls to be made to emergency services.

**You should tell your telecoms provider now if you have no other way of making emergency calls.**

## ARCHIVES

# Preserving our shared history

Lambeth Archives re-opened on February 12, at 16 Brixton Hill after spending 133 years at the Minet Library in Knatchbull Road.

Lambeth's important collection is now installed at a new, custom-built strongroom which features more than two miles of shelving – more than the distance between the Archives' old and new homes.

Cllr Donatus Anyanwu, Cabinet Member for Stronger Communities, Leisure and Sports, said: "We are delighted to have this new location up and running so we can offer a much better service to our residents and best preserve the history of our much loved borough. The Archives is now based in the heart of Brixton's growing cultural

and knowledge hub alongside the Black Cultural Archives, the Brixton House theatre, the Ritzy Cinema, and Brixton library, which is being refurbished this year."

On the outside of the building, a local graphic artist has worked with the archivists to use images from the collections to illustrate a timeline of Lambeth's past, going from woolly mammoths up to recent events.

Lambeth's Archives collection documents 1,000 years of local history and holds 500 years of records of Lambeth as a local authority, including collections of national significance and a rich local studies collection. The new building has a gallery, named after Olive Morris. It will exhibit

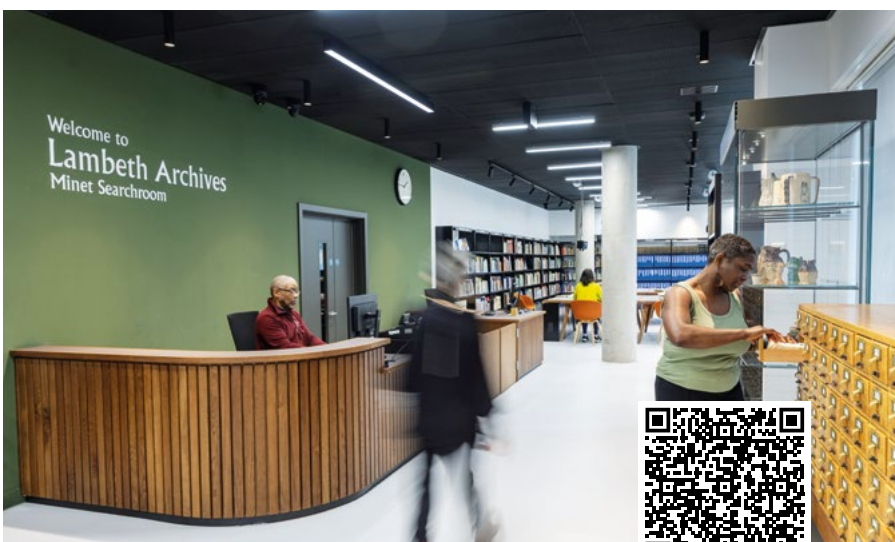
**The council-run Lambeth Archives which holds a rich historic collection of documents, books, maps and photographs about the borough and its people has relocated to a new, purpose-built location in Brixton.**

the Archives' treasures plus host visiting exhibitions and can be hired for meetings.

The Archives are part of a new development that has replaced Olive Morris House which used to be council offices. The building was demolished when the council went from 14 to 2 office buildings, to save money and provide more homes for the people of the borough. The Lambeth Archives are on the ground floor beneath 74 new homes – 30 of which are affordable.

The council is now looking at improving the Minet Library to meet the needs of the local community.

PHOTOS: SAM MELLISH



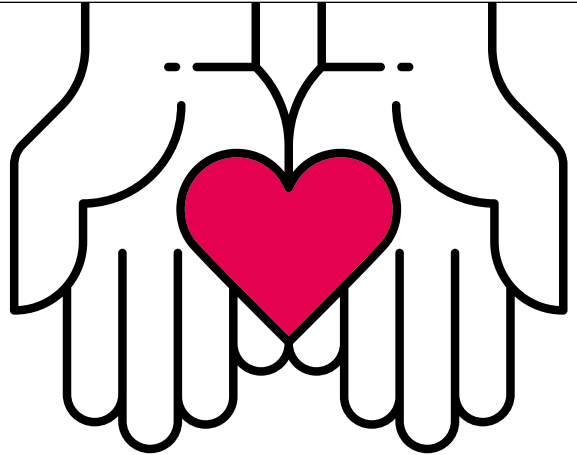
[www.lambeth.gov.uk/libraries-archives](http://www.lambeth.gov.uk/libraries-archives)



## SUPPORT

# Cost of Living

Many residents are struggling with increases in the cost of living. You may be eligible for support that you are not claiming. Below are things you can do to help reduce your costs and increase your income. You can find more on our website: [www.lambeth.gov.uk/costofliving](http://www.lambeth.gov.uk/costofliving)



## Check to make sure you're not missing out on benefits

Up to 7 million people in the UK are eligible for benefits but not claiming them. Use a benefits calculator to see whether you are one of them: <https://www.gov.uk/benefits-calculators>

There are also local benefits that can help you with paying council tax and housing costs. You can find out whether you are eligible on our website: [www.lambeth.gov.uk/extra-support](http://www.lambeth.gov.uk/extra-support)



## Improve the energy efficiency of your home and apply for discounts

You can register for an appointment with Groundwork, who work in partnership with the council. They can provide advice on decreasing your energy bills and improving the energy efficiency of your home: <https://london.greendoctors.org.uk/>



## Get help with food costs

There are many places in Lambeth where you can access food in a crisis or a sit-down meal at a community centre. The Lambeth Larder website has a directory of the support available:

<https://www.lambethlarder.org/>



## Get help with health costs

The NHS provides support for those on a low income who require health treatments that are usually paid for, including prescriptions, dental and eye treatments as well as transport to appointments. More details can be found: [bit.ly/495zPPI](https://bit.ly/495zPPI)

The Pharmacy First scheme also supports residents in receipt of means tested benefits with free, over the counter treatments for minor ailments in 33 pharmacies in the borough. More details can be found: [bit.ly/3w4DvCX](https://bit.ly/3w4DvCX)



## Move to a social tariff

Social tariffs are cheaper broadband and phone packages for people claiming some benefits. You can see information about the tariffs available to you on the Ofgem website: [bit.ly/4briKS4](https://bit.ly/4briKS4)



## Seek debt advice

If you're currently in debt, we'd recommend you speak with one of the boroughs advice agencies: [www.lambeth.gov.uk/get-benefits-advice](http://www.lambeth.gov.uk/get-benefits-advice)

You can also contact StepChange on **0800 138 1111**.

Financial pressures can cause many residents anxiety, stress or depression. If you are concerned about your mental health, please speak to your local GP or health service. You can also contact Mind's Information Line for details on support available near you by calling **0300 123 3393**.

The council also has a range of support available to residents struggling with the cost of living. You can find out about support you might be entitled to and other information on our website: [www.lambeth.gov.uk/costofliving](http://www.lambeth.gov.uk/costofliving)

## BUDGET CUTS

# “Inadequate” Government funding puts council services at risk

**Services in Lambeth will have to make further savings over the next few years, because the Government’s funding deal fell far short of the fair settlement demanded by councils across the country.**

Senior councillors have warned that the national financial settlement announced in December will only add to the financial restraints imposed on the borough during more than a decade of austerity.

The Department for Levelling Up, Housing and Communities said its funding package amounted to a 6.5% increase in funding for councils in England. But this figure assumes councils will raise council tax bills to the maximum allowable levels.

A report to a Lambeth Cabinet meeting this month (February) has now revealed the scale of financial pressures facing the council, due to the increased costs of providing temporary accommodation for more homeless families and social care placements for vulnerable children. These intensifying pressures mean the council has



**Cllr David Amos**

to find over £19m of savings next year.

It also warns that in light of the government package, along with the impact of a stuttering economy, Lambeth will need to find an additional £8.7m of savings over the next four years, in addition to the £32m already identified – unless the Government heeds demands for more support for local councils.

Cllr David Amos, Cabinet Member for Finance and Cost of Living, said: “The simple fact is that, after more than a decade of austerity, unprecedented cuts in our funding from government, and record levels of inflation, what the Government is promising us is nowhere near enough.

“Our services are under significant financial pressure – there are more people requiring



**Cllr Claire Holland**

temporary accommodation, more children and adults needing the support of social care and the cost of delivering services has rocketed due to inflation. The failure to fund local government properly means councils up and down the country are being forced to make even more savings and propose rises in council tax to balance their budgets.

“Due to strong financial management in recent years, we are able to set a balanced budget for next year while protecting vital frontline services. But unless the government wakes up to the reality we are all facing, increasingly difficult decisions will have to be made about services in the future.”

The council’s budget proposals, set out in the report to cabinet, will be decided at a Full Council meeting at the end of February,

when councillors will receive an update on the government funding situation and financial pressures.

The budget proposals include a number of areas where financial savings will be made, including increasing income from fees and parking permits. The budget proposals also set out areas of continued investment in supporting residents through the cost of living crisis with a programme of support for those in financial crisis, and more children from low income families receiving free school meals.

The Revenue and Capital Budget 2024/25 to 2028/29 report said: “Despite the increasingly challenging situation we and other councils find ourselves in as a result of stubbornly high inflation and increasing demands on essential services, government funding has fallen far short of what Lambeth and councils up and down the country have been calling for from central government.”

In spite of the increasing restrictions, the report makes

clear that the council is presenting a balanced budget for 2024/25 and doing all it can to protect front line services.

The report highlights the Council Tax Support (CTS) scheme, one of the most generous in London, which will reduce the Council Tax bills of over 16,000 households to nil. Council Tax rates for residents not in receipt of Council Tax Support are recommended to increase by 2.99%, with an extra 2% to pay for additional investment in social care for older people and people with disabilities.

The government announced in January that councils would now receive a £600 million support package, in addition to funding outlined at the provisional settlement, “to help them deliver key services”. However, the cross-party group London Councils warned that this would still leave London boroughs hundreds of millions of pounds short of the amount they’ll need to provide services next year.

Lambeth Council leader Cllr Claire Holland, who is deputy

chair of London Councils, said: “It is welcome that Government has listened to the sector and acknowledges the serious financial pressures putting immense strain on local services. However, even with the extra funding, London boroughs face a funding gap of over £400m next year.”

Cllr Holland said the Government’s settlement failed to acknowledge the huge overspends on key services London boroughs were facing this year – including an expected £150 million on providing housing to those in need, and a forecast £350 million on adult and children’s social care.

She added: “Councils in London will carry on meeting our responsibility to provide services to all our residents – particularly the most vulnerable in our city. But for too long, while the population and the demand for council services has been growing fast, London boroughs have been left to meet that demand with inadequate funding.”

**The council is presenting a balanced budget for 2024/25 and doing all it can to protect front line services.**



## SEND



## Empowering Young People, Shaping Services

**Young people with special educational needs and disabilities (SEND) took centre stage at the "Lambeth SEND Have Your Say" event where their views started creating a roadmap for future SEND services.**

This interactive afternoon, co-designed and delivered by Lambeth Council and local community organisation Socialising Angels, invited 14 to 25 year olds, their families and carers, to come together to:

- Talk, not just listen: Young people shared their experiences with school, jobs, hobbies, and more.
- Dream big: From living alone to managing money to fun activities, everyone talked about what services they want.
- Shape the future: This feedback will help design programs and support that meets young people's needs and goals.

### What they said:

- School and work: Special programs and being included are important - school and hands-on learning help build confidence and independence.
- Living on your own: Learning things like using the bus, eating healthily and managing money is key.
- Making friends: Having clubs, activities and hanging out with others helps everyone feel good.
- Staying healthy: Having doctors and specialists who understand special needs is important.

### What's next:

- More training in key skills like living alone, money management, and online shopping.
- Inclusive social programs, diverse activities, and chances to get involved in the community.
- Travel training, support for new ways of getting around, and addressing safety concerns.
- Keeping the conversation going – our brand new SEND Youth Involvement Coordinator will be building our SEND Youth Forum to keep everyone talking and listening

### What you can do:

- Look out for invitations to join the SEND Youth Forum on the SEND Local Offer website
- Get involved in youth voice activities at school or college · Discover other ways young people can have their say and get involved

The "Lambeth SEND Have Your Say" event was a big step towards empowering young people and making services that truly work for them. By listening, working together, and adapting, Lambeth can create a future where young people with SEND can thrive and live their best lives!



**"I felt heard, and I'm excited to see the changes they'll make based on what we said!"**  
Young participant

**"Finally, young people with special needs have a say in things that matter!"**  
Parent

## FAMILIES



### Lambeth's Family Hub Network

There are six Family Hub networks of Better Start Children's Centres offering a wide range of support to families and children from pregnancy to adulthood.

These include health services such as:

- Ante-natal and post-natal care
- Baby clinics
- Groups to support breast feeding
- Support around children's diet and nutrition.



### Lambeth's Start for Life offer

Our Start for Life offer provides support to parents and carers from a child's conception until their second birthday. This is a critical time in your child's development and a time of significant change within a family's life. There is a wide range of universal, targeted and specialist services to support you and your child; including breastfeeding and infant feeding support, parent infant relationships, parenting and home learning. To find out more, visit

**[www.lambeth.gov.uk/lambeth-family-hub-directory/start-life](http://www.lambeth.gov.uk/lambeth-family-hub-directory/start-life)**

A wider range of services include:

- Speech and Language therapists around children's early communication and language skills
- Some centres provide additional specialist support for children with special educational needs and disabilities.
- Stay and Play sessions for babies and toddlers to attend with parents and carers
- Some centres provide child care including free early learning for two year olds
- Services for parents includes support around training and employment, parenting support groups and and signposting to other services.

To register your family to use Better Start Children's Centres and to find out what is going on in your area please visit **[www.lambeth.gov.uk/children-young-people-families/childrens-centres](http://www.lambeth.gov.uk/children-young-people-families/childrens-centres)**.

Are you looking for local activities, organisations and services for children and young people? Visit our Family Hub directory **[www.lambeth.gov.uk/lambeth-family-hub-directory](http://www.lambeth.gov.uk/lambeth-family-hub-directory)**





# Lambeth Civic Awards 2024

## A night to celebrate community excellence: The Lambeth Civic Awards Ceremony 2024 in pictures

The Lambeth Civic Awards returned in style this year, celebrating those dedicated to making Lambeth a better place for all. From over 370 nominations, 57 finalists emerged with 12 award-winners announced on the night. Each of the finalists exemplified the spirit of community excellence, showcasing inspiring stories of outstanding contributions and pioneering initiatives aimed at addressing inequalities and uplifting others.



Lambeth's Assembly Hall set up for the evening's festivities.



Entertainment by our host, FLOetic Lara Lee, Lambeth Poet Laureate Abstract Benna and Neon Performing Arts, plus delicious food from Michaels Five Star Caterers.



Our winners standing on stage with the Mayor of Lambeth, Cllr Sarbaz Barznji (front centre), Chief Executive, Bayo Dosunmu (third right), Cllr Donatus Anyanwu (centre left) and our host FLOetic Lara Lee (back right).

PHOTOS: SAM MELLISH AND NICK WRIGHT



# Our Lambeth Civic Award 2024 winners



**Sporting Achievement:**  
The St Matthew's Project



**Commitment to Climate Justice:** Climate Ed



**Artistic & Cultural Achievement:**  
Ne Kunda Nlaba



**Outstanding Business:**  
Black Culture Market



**Equity & Justice:**  
Ted Brown. Collected by  
a friend on his behalf



**Councillors' Choice:**  
Twanieka Alcindor



**Lambeth Young Achiever:**  
Abdoulaziz Ndambi



**Volunteer of the Year:**  
David Dandridge



**Safer Lambeth: Ecosystem Coldharbour**



**Lambeth Heroes - Outstanding Service:**  
Mala Naicker



**Special Recognition:**  
Itua Moses and Wyn Mowatt



**Lambeth Excellence - Mayor's Choice:**  
Olive Branch Aid

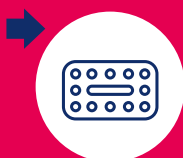
# The easiest way to get the pill



Visit [www.shl.uk](http://www.shl.uk) and order your first or next oral contraceptive pill



Choose from 3, 6 or 12 months supply. Emergency pill also available



FREE delivery or collection from a pharmacy



register online  
**shl.uk**



## Lambeth HEART

Health Determinants Research & Evaluation  
Network

Lambeth HEART will use local experience and knowledge to understand and act on the causes of health inequalities in Lambeth

### How will Lambeth HEART benefit you?

Lambeth HEART will offer a number of opportunities, including:

- Research training and development opportunities
- Better guidance and resources to support your community research
- Provide links with researchers who can give advice and support
- Opportunities and training to apply for research funding, grants or fellowships



**Contact us:** 07754 053 560 | [lambethheart@lambeth.gov.uk](mailto:lambethheart@lambeth.gov.uk)





## FUN FOR KIDS



### New soft play at Streatham Leisure

Find a fantastic new animal-themed soft play at Streatham Ice and Leisure Centre. Perfect for play time!



### Karaoke fun for all at Brixton Rec

Sing your heart out at Brixton Rec's epic new karaoke rooms, fun for all from £10 per person.



### Active Lambeth Swim School

Improve little one's confidence in the water or advance swimming skills, Active Lambeth Swim School offers swimming lessons for children of all ages and abilities.

Follow STA approved courses and have fun!



**Swimming lessons from just £22 per month!**



Scan to the QR code to find out more



## Ready Steady Go!

**FREE sessions to help families achieve a healthier diet and a more active lifestyle.**

**New programmes will be starting in April 2024.**

To register or make a referral please use our online link at [lambeth.gov.uk/ready-steady-go](https://lambeth.gov.uk/ready-steady-go)

Contact the team on **020 7926 0619** or email [readysteadygo@lambeth.gov.uk](mailto:readysteadygo@lambeth.gov.uk)





# Get checked and take charge of your health

Whether it's for our own peace of mind, to help us feel more in control of our health, or for our loved ones, we know it's important to stay on top of health checks, screenings and tests. But with so much on our plates, it's also easy for important actions concerning our health to slip. Good health underpins everything about our lives, so this spring, let's prioritise that essential check-up.

The NHS is encouraging people from Black communities especially to come forward for cancer screening and diagnostic tests. This is because 1 in 4 Black men in England will get prostate cancer, with 1 in 12 dying from the disease. And because Black women are twice as likely as white British women to get diagnosed with breast cancer when it is at a later stage and harder to treat. This needs to change.

Survival from cancer increases significantly with early diagnosis. Get checked, take charge of your health and your future.

Health and care organisations in Lambeth are working together to make sure that people receive early diagnosis and support for cancer and other health conditions.

Find out more about Lambeth Together and our five-year plan to improve health for all in the borough:

[www.lambethtogether.net/our-health-our-lambeth](http://www.lambethtogether.net/our-health-our-lambeth)



**Dr Mark Adams, Lambeth GP and Cancer Lead for Lambeth Together Health and Care Partnership:**

“1 in 2 of us will get cancer in our life – it's that common. However, more people than ever are surviving following treatment – going on to enjoy life. But early detection and treatment of cancer is vital in helping people to live longer and healthier lives. Take charge of your life and get checked”

## BREAST CANCER.

**FOR OUR COMMUNITIES, IT'S TIME FOR CHANGE. ATTEND YOUR BREAST SCREENING.**



## Female and aged between 50 and 70? Attend your breast screening when invited

All women between the ages of 50 and 70 will receive a letter every three years inviting them for their NHS breast cancer screening. Alongside regularly self-examining your breasts, this routine screening helps to identify signs of breast cancer, so attending could save your life.

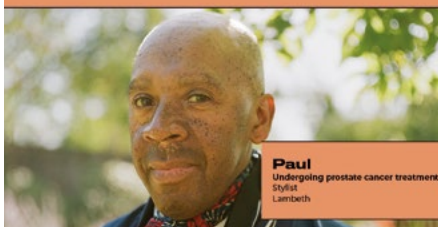
It's a shocking fact that Black women are twice as likely to get a late diagnosis of breast cancer. Let's turn this around, starting with going for your breast screening appointment when you get your invite from the NHS. Women are often the glue holding families together – busy seeing to

everyone's else's needs. Screening is a simple act of self-care, so do it for yourself and for your loved ones. There is lots of information on the benefits of cancer screening on the South East London Cancer Alliance website – check it out at <https://www.selca.nhs.uk/patients-and-carers/screening/breast-and-prostate-awareness>

If you're not sure if you're up to date with your breast cancer screening appointments, if you think you might have missed your appointment, or if you'd like to rebook it for a more convenient time, please visit the London Breast Screening Hub at [www.london-breastscreening.org.uk](http://www.london-breastscreening.org.uk) or call the Hub on 020 3758 2024.

## PROSTATE CANCER.

**GET CHECKED AND TAKE CHARGE OF YOUR HEALTH.**



## Black, male and over 45? Ask your GP about a PSA test

Black men have a 1 in 4 chance of getting prostate cancer, compared with a risk of 1 in 8 for white men. There is a lot of work being done globally to understand and tackle these differences.

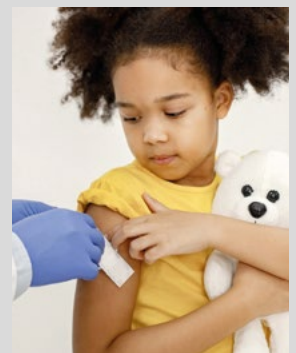
If you're Black, male and over 45, please contact your GP practice and ask about getting a PSA blood test. This simple test measures

the amount of prostate specific antigen (PSA) in your blood. PSA is a protein produced by normal cells in the prostate and also by prostate cancer cells. A raised PSA level may suggest you have a problem with your prostate, but not necessarily cancer.

Based on your results, your GP will advise you on next steps, including when you'll need to book another PSA blood test.

## MEASLES IS IN THE NEWS AGAIN

Measles outbreaks have been reported across the country, including cases in London, impacting children, teenagers, young people and unvaccinated/under-vaccinated communities. Measles is more than just a rash, and can lead to serious complications for some children. It is highly infectious and can spread rapidly among communities, such as schools, if people have not had at least one dose of the MMR vaccine. Two doses of the measles, mumps, and rubella (MMR) vaccine give the best protection. The 1st dose is offered at 12 months, and the 2nd dose is offered from 18 months. The good news is – it's never too late! Please get in touch with your GP who can arrange to get your child up to date, or alternatively, scan the QR code to find a community catch-up clinic.



## FOSTERING

# Be the difference.

Every day in Lambeth a new child comes into our care, and we urgently need more foster carers to give them the love and support they deserve. Fostering means looking after someone else's child because their birth family are unable to. That can vary from short-term foster care to having a child or young people with you for a long time.



Michael, a foster carer, says:

“

Fostering has made me truly understand that my life, my concerns and my ambitions aren't the centre of my world. I can do more than that.”

**As a foster carer, you'll look after children as if they were your own – in a loving home environment.** You'll need to be sensitive to the challenges they'll face after separation from their families and any additional trauma they may have been through, such as abuse or neglect.

Fostering for your local council helps the young person and helps

our community. There are many different types of foster care, and we're sure there's one that works for you. For example, you could provide short-term respite care to children with disabilities to allow their parents a break. Or, if you have the space, you could help us keep a family together by caring for siblings. If you work 9 to 5, you may find it easier to

foster older children who are more independent.

After a while, some carers specialise in areas of care: Joan cares for young people on remand from prison, helping them get their lives back on track. Solomon looks after unaccompanied children seeking asylum from war-torn countries.



## When you foster for Lambeth, you get:

- **24/7 out-of-hours support** from a dedicated social worker and our team, 365 days per year
- **two weeks paid respite** each year (14 days)
- a **£500 referral bonus** if you refer a friend who becomes an approved, active foster carer for Lambeth
- a **rebate of your council tax** if you are actively fostering for us
- among the **most competitive fees and allowances in London**
- Fostering Network membership and the opportunity to join our active fostering support group
- **priority** (before a private fostering agency) when a child is looking for a placement
- a thorough induction programme
- your own dedicated supervising social worker (SSW)
- ongoing training and development opportunities throughout the year
- peer mentorship to newly approved carers run by our most experienced foster carers.

**Be the difference.**

Become a foster carer

Our LGBT+ community are always welcome to foster for Lambeth. If you have a spare room and the commitment to help young people thrive, please contact our team.

For more information visit  
[www.lambeth.gov.uk/fostering](http://www.lambeth.gov.uk/fostering)



**Lambeth**

Being a foster carer isn't always easy, but our team will help every step of the way. You can also choose to meet regularly with our foster carer support group helping each other improve the way we work. The journey to becoming a foster carer for Lambeth takes around six months. Although this may seem a long time, most

people tell us the process allows them to think more closely and prepare themselves for making the commitment.

We believe our children deserve the best, and should be given the best chance to thrive, no matter what their circumstances. We hope that you do too - and choose to join the Lambeth family.

**Please contact us today for an informal chat and more information:**

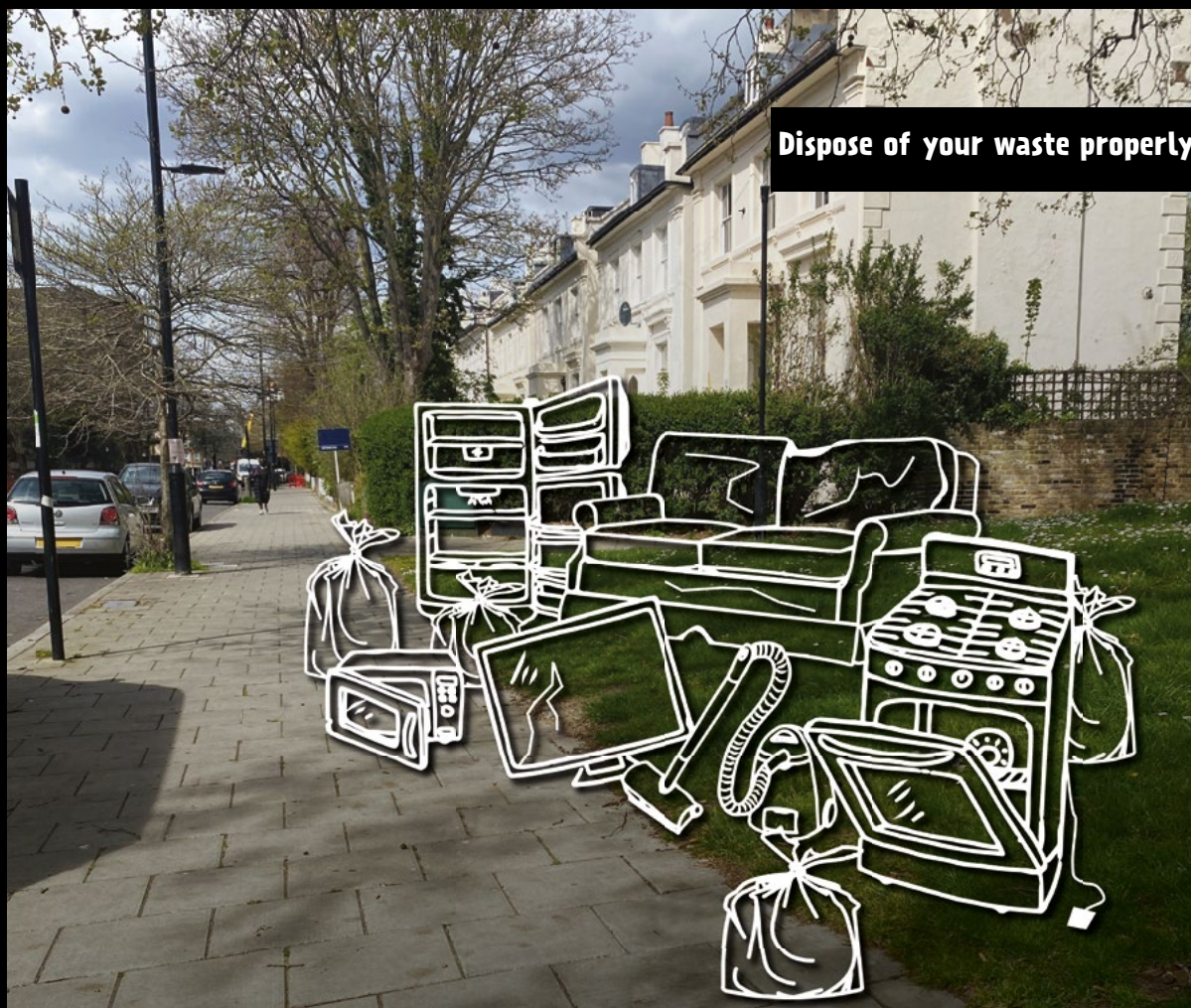
**Call:**  
**020 7926 8710**

**Email:**  
**[fosteringduty@lambeth.gov.uk](mailto:fosteringduty@lambeth.gov.uk)**

**Find out more:**  
**[www.lambeth.gov.uk/foster](http://www.lambeth.gov.uk/foster)**

# FLY-TIPPING IS A CRIME!

## YOUR WASTE, YOUR RESPONSIBILITY



Please report illegal dumping on:  
**020 7926 9000**



Scan here for  
more information  
on how to  
dispose of your  
bulky waste





# E-SCOOTER & E-BIKE BATTERY DISPOSAL DANGER

## HARMLESS, RIGHT? **WRONG.**



E-bikes and their batteries are helping the movement towards Net Zero; however, they are also a serious fire hazard, when disposed of incorrectly. Please ensure you dispose of them in a safe manner:



- Don't place any batteries in your rubbish or recycling bins, lithium batteries can ignite surrounding waste causing devastating damage.

- E-scooter and e-bike batteries are not accepted at Reuse & Recycling Centres.

- Please take e-scooter and e-bike batteries to your seller or manufacturer – it's their duty to collect and recycle them.

- Alternatively visit [lambeth.gov.uk/A-Z-recycling-guide](https://lambeth.gov.uk/A-Z-recycling-guide) for locations in Lambeth where e-scooter and e-bike batteries are accepted.



**Incorrect disposal of e-scooter and e-bike batteries have already caused 6 fires in Lambeth in the last sixth months!**



020 7926 9000  
[lambeth.gov.uk/recycling](https://lambeth.gov.uk/recycling)

  
**Lambeth**



**50<sup>th</sup>  
Anniversary**

**Saturday 8 and Sunday 9 June**

**1pm – 9pm**



**FREE  
ENTRY**

**4 Music Stages  
Horse Jousting & Stunt Shows  
Lambeth Flower Show  
Sheep Shearing Shows  
Sheepdog Displays**

**Birds of Prey  
Workshops & Talks  
Independent food and drink stalls  
Children's Funfair  
Plus much more to be announced**



**#LCS50**

**Lambeth**

**ARTS COUNCIL  
ENGLAND**  
LOTTERY FUNDED

Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**

**BROCK  
WELL  
LIVE**