

A photograph of three young children in a nursery or playroom. On the left, a white baby in a pink shirt is chewing on a blue block. In the center, a white baby with a white headband and a light blue dress is reaching out. On the right, a Black baby in a brown and white striped sweater is holding a yellow block in their mouth. The background is a blurred nursery with shelves of toys and framed pictures on the wall.

giving
your child
a better
start

Brixton/Tulse Hill Better Start area

Weekly timetable Summer 2025

Lambeth's Family Hub Network

Lambeth's Start for Life offer



Lambeth

Brixton/Tulse Hill map

Children's Centres

- 1 Jubilee Children's Centre
- 2 Loughborough Children's Centre

One O'clock Clubs

- 1 Brockwell One O'clock Club
- 2 Max Roach One O'clock Club

Health Centres

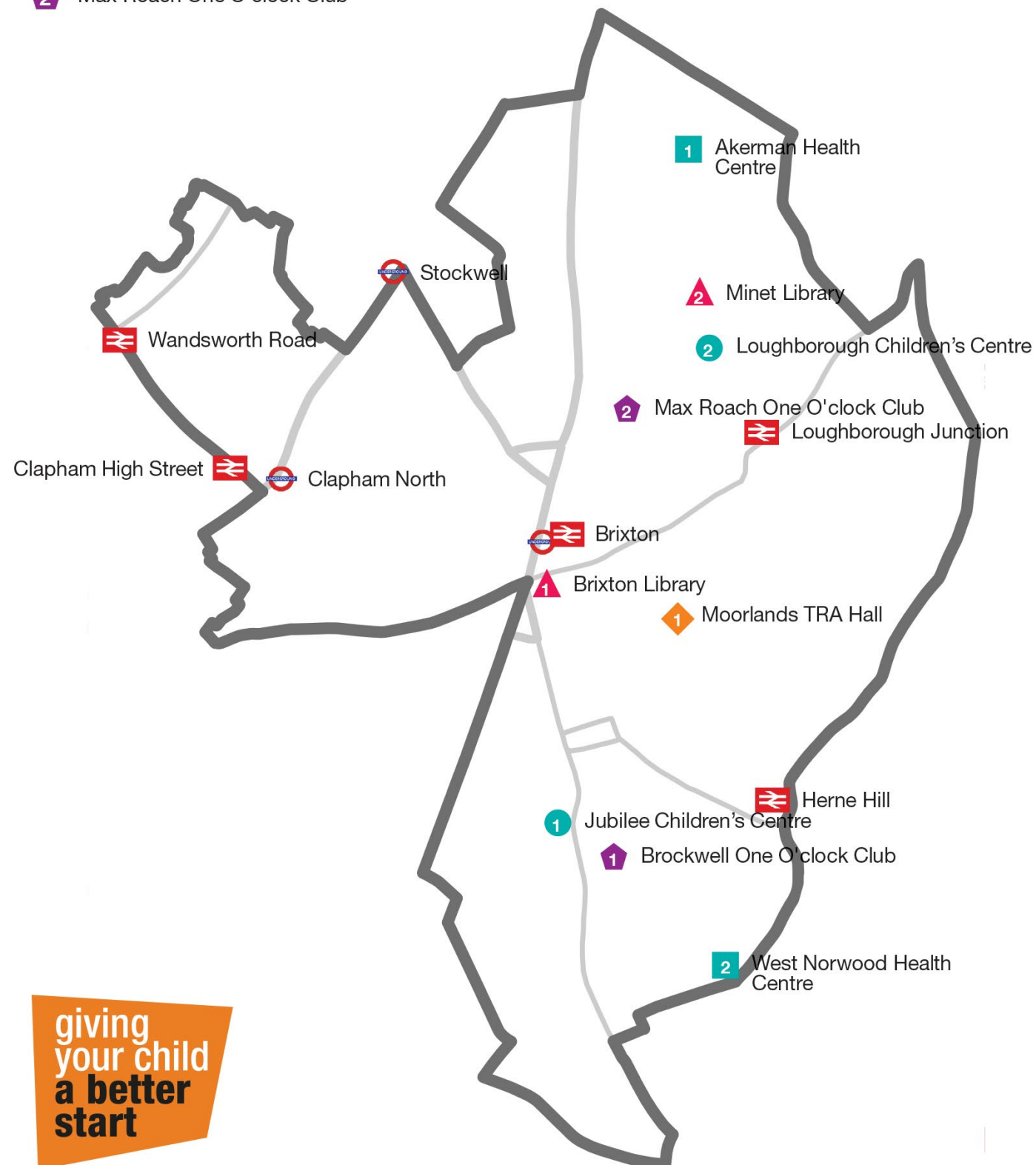
- 1 Akerman Health Centre
- 2 West Norwood Health Centre

Libraries

- 1 Brixton Library
- 2 Minet Library

Moorlands TRA Hall

- 1 Moorlands TRA Hall



Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 💬 Communication and Language groups
- 🌿 Natural Thinkers
- 💬 Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👤 Child Health Clinics – currently by appointment only
- 📄 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👤 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit lambeth.gov.uk/parenting
- 📝 ESOL
- 🎓 Adult Learning classes
- 👤 Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 💰 Financial Support – Citizens Advice
- 👤 Free childcare and Early Learning for two year olds
- 👤 HENRY – Developing the skills to adopt a healthy lifestyle
For more info email gst-tr.HVsupportanddevelopmentworker@nhs.net
- 🎁 Alexandra Rose Vouchers



For more information
on our services scan
the QR code



Venue Details

Brixton/Tulse Hill area weekly timetable Summer 2025

Jubilee Children's Centre
Tulse Hill, SW2 2JE
020 8678 6530

Loughborough Children's Centre
Minet Road, SW9 7UA
020 7274 8374

Brockwell Children's Centre (previously the One O'clock Club)
Brockwell Park, Arlingford Road, SW2 2TA
020 8678 6530



Monday AM

Jubilee Children's Centre
Antenatal Checks
9.00 – 4.00.
By appointment
Stay and Play 0 – 4 years
9.45 – 11.15
Children's Vaccination Drop – In
12 May @ Stay and Play
9.45 – 11.15

Loughborough Children's Centre
Chattertime Speech & Language, Stay and Play 0 – 5 years
9.45 – 11.15
Pre-booked Health Visitor appointments & 6 – 8 week checks
Call 020 3049 5300 and ask to book at Loughborough
Postnatal Checks
9.00 – 4.00
By appointment
Food Bags By referral
PAIRS 1–1 Support
By appointment

Tuesday AM

Jubilee Children's Centre
ESOL – Hightrees
9.30 – 11.30
29 April – 15 June
Call to book
Child Health Reviews
By appointment.
Call 020 3049 5300 and ask to book at Jubilee
HENRY Fussy Eating
1.00 – 3.00.
1 July
Book here: gst-tr.HVsupportanddevelopmentworker@nhs.net

Loughborough Children's Centre
Postnatal Checks
9.00 – 4.00
By appointment
Stay and Play 0 – 4 years
9.45 – 11.15
Children's Vaccination Drop – In
3 June @ Stay and Play
9.45 – 11.15

Brockwell Children's Centre
Stay and Play 0 – 4 years
9.45 – 11.15

Wednesday AM

Jubilee Children's Centre
Baby and Me
0 – 14 months
10.00 – 11.30
Child Health Reviews
By appointment
Call 020 3049 5300 and ask to book a Jubilee (not available on the 3rd Wednesday of the month)

Loughborough Children's Centre
Conversation Group (Every day English for ESOL families)
9.30 – 11.15
7 May – 16 July
Call to book
Pre-booked complex needs Health Visitor appointments
Third Wednesday of the month
Together Time
10.00 – 12.00
4 June – 17 July
Book here lambeth.gov.uk/parenting

Brockwell Children's Centre
Stay and Play 0 – 4 years
9.45 – 11.15
Sensory Room
9.45 – 11.15
Call to book
Children's Vaccination Drop – In
2 July @ Stay and Play
9.45 – 11.15

Thursday AM

All sites
Employment and Training Support
9.30 – 12.00. Call to book
Citizen's Advice Appointments
10.00 – 1.00. Call to book

Jubilee Children's Centre
Rising Stars, SEND Play session 0 – 4yrs
9.45 – 11.15
Pre-booked complex needs. Health Visitor appointments
First Thursday of the month
Hear and Play
For Hearing impaired children.
First Thursday of the month
10.00 – 12.00
Breastfeeding support
by referral

Loughborough Children's Centre
Being a Parent ADHD
10.00 – 12.30
1 May – 10 July
Book here: lambeth.gov.uk/parenting
Little Green Fingers Stay, Play 0 – 4 years
9.45 – 11.15

Brockwell Children's Centre
Stay and Grow 0 – 4 years
9.45 – 11.15
Sensory Room
9.45 – 11.15. Call to book

Friday AM

Jubilee Children's Centre
Breastfeeding Support
Drop-in Group
10.00 – 12.00
Antenatal Checks
9.00 – 4.00
By appointment
Pregnancy and Baby Yoga
Babies up to 4 months and non crawlers
10.00 – 11.00
Call to book

Loughborough Children's Centre
Young Parents, Hang and Play 0 – 4 years
11.00 – 12.00
Baby and Me
0 – 14 months
10.00 – 11.30
DWP Employment & Benefit Support
Call to book
Child Health Reviews
By appointment
Call 020 3049 5300 and ask to book at Loughborough

Saturday AM

Brockwell Children's Centre
Dads Stay and Play
Time term only
10.00 – 12.00
Drop in or ask for more details

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Loughborough Children’s Centre
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020 7274 8374

Brockwell Children's Centre (previously the One O'clock Club)
Brockwell Park, Arlingford Road, SW2 2TA
020 8678 6530



Monday PM

Jubilee Children’s Centre
Circle of Security Parenting
1.15 – 3.15
12 May – 14 July
Book here: lambeth.gov.uk/parenting

Dads Hub
2.00 – 4.00.
Call to book

Loughborough Children’s Centre
Postnatal Checks
9.00 – 4.00
By appointment

Digital Skills
1.15 – 3.00
12 – 19 May
Call to book

PAIRS 1 – 1 Support
By appointment

HENRY Workshops
1.15 – 3.15
Starting Solids 12 May
Fussy Eating 23 June
Book here: gst-tr.HVsupportanddevelopmentworker@nhs.net

Food Bags By referral

Tuesday PM

Jubilee Children’s Centre
Baby Massage Five Week Course
1.30 – 3.00
6 May – 10 June
Call to book

Making it REAL
By appointment ask for more information

Child Health Reviews
By appointment
Call 020 3049 5300 and ask to book a Jubilee

HENRY Starting Solids
15 July
1.15 – 3.15
Book here: gst-tr.HVsupportanddevelopmentworker@nhs.net

Loughborough Children’s Centre
Machine Sewing
1.15 – 3.15
20 May –8 July
Call to book

Postnatal Checks
9.00 – 4.00
By appointment

Baby Steps
1.00 – 3.00
Book here: BabySteps@gstt.nhs.uk

Wednesday PM

Jubilee Children’s Centre
Baby Steps
4.00 – 6.00
Book here: BabySteps@gstt.nhs.uk

Working with Children in School and Nurseries
1.15 – 3.15
Call to book

Child Health Reviews
By appointment Call 020 3049 5300 and ask to book a Jubilee Child Health Reviews

Loughborough Children's Centre
Baby Massage Five Week Course
1.30 – 3.00
11 June – 9 July
Call to book

Brockwell Children's Centre
Baby Steps
1.00 – 3.00
Book here: BabySteps@gstt.nhs.uk

Thursday PM

Jubilee Children’s Centre
Breastfeeding support
By referral

Hand Sewing and Embroidery
1.15 – 3.15
22 May –10 July
Call to book

Child Health Reviews
By appointment
Call 020 3049 5300 and ask to book a Jubilee

HENRY Fussy Eating
1.15 – 3.15
1 May
Book here: gst-tr.HVsupportanddevelopmentworker@nhs.net

Food Bus Larder
Low cost fresh food – Rose & Healthy Start Vouchers can be used here.
2.00 – 4.00

Loughborough Children’s Centre
Being a Parent (1 – 3)
1.15 – 3.15
1 May – 10 July
Book here: lambeth.gov.uk/parenting

Brockwell Children's Centre
Baby Steps
1.00 – 3.00
Book here: BabySteps@gstt.nhs.uk

Friday PM

Jubilee Children’s Centre
Antenatal Checks
9.00 – 4.00
By appointment

Share, Learn and Play
Womens Empowerment and Play Group (Spanish and Portuguese speakers available)
12.30 – 2.30

PAIRS 1 – 1 Support
By appointment

Loughborough Children’s Centre
Young Parents Group (St Mcheals Fellowship)
All under 25’s welcome
Lunch and Topic of the week with crèche
12.00 – 2.30

DWP Employment & Benefit Support
Call to book

PAIRS 1 – 1 Support
By appointment