



giving  
your child  
a better  
start

# Streatham Better Start area

## Weekly timetable Summer 2025

Lambeth's Family Hub Network  
Lambeth's Start for Life offer





## Streatham map

### Children's Centres

- 1 Hitherfield Children's Centre
- 2 Streatham Hub Children's Centre
- 3 Sunnyhill Children's Centre

### One O'clock Clubs

- 1 Hillside Gardens One O'clock Club
- 2 The Hut, Streatham Vale Park

### Health Centres

- 1 Baldry Gardens Health Centre
- 2 Gracefield Gardens Health Centre

### The Railway Tearooms

- 1 The Railway Tearooms

### Libraries

- 1 Streatham Library



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## Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 💬 Communication and Language groups
- 🌿 Natural Thinkers
- 💬 Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👤 Child Health Clinics – currently by appointment only
- 📍 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👤 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)
- ✍️ ESOL
- 🎓 Adult Learning classes
- 👍 Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 💰 Financial Support – Citizens Advice
- 👶 Free childcare and Early Learning for two year olds
- 👤 HENRY – Developing the skills to adopt a healthy lifestyle  
For more info email [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)
- 🎁 Alexandra Rose Vouchers



For more information  
on our services scan  
the QR code

Venue Details

Streatham area weekly timetable Summer 2025

<b>Streatham Virtual Session – online or by phone</b>	<b>Monday AM</b>	<b>Tuesday AM</b>	<b>Wednesday AM</b>	<b>Thursday AM</b>	<b>Friday AM</b>
<b>Hitherfield Children’s Centre</b> 📍 Hitherfield Rd, SW16 2LW ☎ 020 8835 9569	<b>Hitherfield Children’s Centre</b> <b>Citizens Advice Appointments</b> 10.00 – 1.00 Please call to book <b>Mums in Mind Peer support group for mothers</b> 9.30 – 11.00	<b>Virtual Session</b> <b>Online Chattertime Live!</b> 10.30 <a href="http://www.facebook.com/EvelinaLondonSLT/">http://www.facebook.com/EvelinaLondonSLT/</a>	<b>Hitherfield Children’s Centre</b> <b>ESOL Course with Creche</b> 10 Weeks 9.30 – 11.30 30 April –16 July Call to register <b>Better Start Worker 1–1 Support 0 – 4 years</b> By appointment Please call to book	<b>Hitherfield Children’s Centre</b> <b>Young Parents COSP</b> 9.30 – 11.30 15 May – 17 July	<b>Hitherfield Children’s Centre</b> <b>Child Health Review Clinic</b> By Appointment <b>Better Start Worker 1–1 Support 0 – 4 years</b> By appointment Please call to book <b>Little Connections Speech and Language Support</b> By Appointment
<b>Streatham Hub Children’s Centre</b> 📍 388 Streatham High Road, SW16 6HX ☎ 020 4548 2561	<b>Sunnyhill Children’s Centre</b> <b>Child Health Review Clinic</b> By Appointment	<b>Hitherfield Children’s Centre</b> <b>Better Start Worker 1–1 Support 5 – 11 years</b> By appointment Please call to book <b>Meet and Greet</b> 10.00 – 11.00 Welcome and introduction to Children’s Centre services for newly registered families 22 April, 27 May, 24 June, 29 July <b>Stay and Play 0 – 4 years</b> 9.30 – 11.00 Please call to book	<b>Sunnyhill Children’s Centre</b> <b>Together Time Parenting</b> 10.00 – 11.30 7 week parenting course for parents with babies 3 – 8 months 4 June – 16 July <b>Better Start Worker 1–1 Support 0 – 4 years</b> By appointment Please call to book	<b>Sunnyhill Children’s Centre</b> <b>Parents Only 5 – 11 years</b> 9.30 – 11.15 Information and support group for parents of children aged 5 – 11 years. Please see separate flyers for details. <b>Stay and Play 0 – 4 years</b> 9.30 – 11.00 Please call to book <b>Speech &amp; Language Therapy Clinic Children’s Community Services</b> By Appointment	<b>Sunnyhill Children’s Centre</b> <b>CHATTERTIME!</b> Speech and language development stay and play 9.30 – 11.00 Please call to book <b>Child Vaccination Information Workshop and Vaccination Clinic</b> 10.00 – 12.00 25 April, 27 June Please call to register <b>Baby Explorers 0 – 12 months</b> 9.30 – 11.00 Please call to book
<b>Hillside Gardens One O’clock Club</b> 📍 Hillside Road, SW2 3HL ☎ 020 8835 9569	<b>Streatham Hub Children’s Centre</b> <b>Better Start Worker 1–1 Support 0 – 4 years</b> By appointment Please call to book <b>Stay and Play 0 – 4 years</b> 9.30 – 11.00 Please call to book <b>Child Vaccination Information Workshop</b> 9.30 – 11.30 2 June Please call to register	<b>Streatham Hub Children’s Centre</b> <b>Baby Explorers 0 – 12 months</b> 9.30 – 11.00 Please call to book <b>Child Vaccination Information Workshop</b> 9.30 – 11.30 13 May Please call to register	<b>Hillside Gardens One O’clock Club</b> <b>Professional Carers Group</b> Network support and activities for registered professional childcare providers and the children in their care 9.30 – 11.00 30 April – 9 July		<b>Hillside Gardens One O’clock Club</b> <b>Outdoor Stay and Play &amp; Natural Thinkers</b> 9.30 – 11.00 Activities especially for children 12 months – 4 years Please call to book
<b>Streatham Youth and Community Trust</b> 📍 The Hut, Abercairn Rd, SW16 5AL ☎ 020 3146 4179	<b>Gracefield Gardens Health Centre</b> <b>Breast Feeding Support Drop In</b> 10.00 – 12.00	<b>Sunnyhill Children’s Centre</b> <b>Midwife Breast Feeding Support</b> By Appointment <b>Time Out for Poetry</b> 9.30 – 11.30 29 April – 1 July			
<b>Gracefield Gardens Health Centre</b> 📍 2–8 Gracefield Gardens, SW16 2ST ☎ 020 3049 5030	<b>Streatham Youth and Community Trust</b> <b>Stay and Play 0 – 4 years</b> 10.30 – 12.00 Please call to book				



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Streatham Virtual Session – online or by phone	Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
<b>Hitherfield Children’s Centre</b> 📍 Hitherfield Rd, SW16 2LW ☎ 020 8835 9569	<b>Hitherfield Children’s Centre</b> <b>Hola! Stay and Play</b> 1.00 – 3.00 Please call to book <b>Felix Food Project</b> By referral Please call for more information	<b>Hitherfield Children’s Centre</b> <b>Employment and Training Support</b> By Appointment 1.00 – 3.00 Please call to book	<b>Hitherfield Children’s Centre</b> <b>Sing for Wellness</b> 1.30 – 3.00 7 May – 16 July Singing and creativity for parents and babies under 5 months old	<b>Hitherfield Children’s Centre</b> <b>Being A Parent Autism 5 – 11 years</b> 12.30 – 3.00 Parenting Course 1 May – 10 July	<b>Hitherfield Children’s Centre</b> <b>Child Health Review Clinic</b> By Appointment
<b>Streatham Hub Children’s Centre</b> 📍 388 Streatham High Road, SW16 6HX ☎ 020 4548 2561	<b>Sunnyhill Children’s Centre</b> <b>Child Health Review Clinic</b> By Appointment	<b>Sunnyhill Children’s Centre</b> <b>Baby Explorers 0 – 12 months</b> 1.00 – 3.00 Please call to book <b>Midwife Breast Feeding Support</b> By Appointment <b>ESOL Course with creche</b> 10 weeks 1.00 – 3.00 29 April – 8 July Please call to register <b>Better Start Worker 1–1 Support 0 – 4 years</b> Please call to book	<b>Sunnyhill Children’s Centre</b> <b>Maternal Journal</b> 1.00 – 3.00 26 Feb – 2 April Creative journalling activities for expectant and new mothers with their babies. To register email: maternaljournalself@gmail.com <b>Baby Steps Postnatal Group</b> 23, 30 April, 7 May, 25 June, 2, 9, 16, 23, 30 July	<b>Sunnyhill Children’s Centre</b> <b>Baby Explorers 0 – 12 months</b> 1.30 – 3.00 Please call to book <b>Better Start Worker 1–1 Support 5 – 11 years</b> By appointment Please call to book	
<b>Sunnyhill Children’s Centre</b> 📍 Harborough Road, SW16 2XW ☎ 020 4548 2561	<b>Streatham Hub Children’s Centre</b> <b>Baby Explorers 0 – 12 months</b> 1.00 – 3.00 Please call to book <b>Starting Solids Workshop</b> 1.00 – 3.00 19 May <b>Fussy Eating Workshop with creche</b> 1.00 – 3.00 30 June Please call to register	<b>Streatham Hub Children’s Centre</b> <b>Stay and Play 0 – 4 years</b> 1.00 – 3.00 Please call to book	<b>Hillside Gardens One O’clock Club</b> <b>Stay and Play 0 – 4 years</b> 1.30 – 3.00 Please call to book		
<b>Hillside Gardens One O’clock Club</b> 📍 Hillside Road, SW2 3HL ☎ 020 8835 9569					
<b>Streatham Youth and Community Trust</b> 📍 The Hut, Abercairn Rd, SW16 5AL ☎ 020 3146 4179	<b>Streatham Youth and Community Trust</b> <b>Baby Explorers 0 – 18 months</b> 1.00 – 2.30 Please call to book		<b>Gracefield Gardens Health Centre</b> <b>Baby Steps Antenatal Classes</b> 6.00 – 8.00		
<b>Gracefield Gardens Health Centre</b> 📍 2–8 Gracefield Gardens, SW16 2ST ☎ 020 3049 5030					

