



Streatham Better Start area Weekly timetable Autumn 2025

Lambeth's Family Hub Network
Lambeth's Start for Life offer

giving
your child
a better
start

A place we can
all call home


Lambeth

Streatham map

Children's Centres

- 1 Hitherfield Children's Centre
- 2 Streatham Hub Children's Centre
- 3 Sunnyhill Children's Centre

One O'clock Clubs

- 1 Hillside Gardens One O'clock Club
- 2 The Hut, Streatham Vale Park

Health Centres

- 1 Baldry Gardens Health Centre
- 2 Gracefield Gardens Health Centre

The Railway Tearooms

- 1 The Railway Tearooms

Libraries

- 1 Streatham Library



Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 💬 Communication and Language groups
- 🌿 Natural Thinkers
- 💬 Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👤 Child Health Clinics – currently by appointment only
- 📄 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👤 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit lambeth.gov.uk/parenting
- ✍️ ESOL
- 🎓 Adult Learning classes
- ✅ Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 💰 Financial Support – Citizens Advice
- 👶 Free childcare and Early Learning for two year olds
- 👨‍👩‍👧‍👦 HENRY – Developing the skills to adopt a healthy lifestyle
For more info email gst-tr.HVsupportanddevelopmentworker@nhs.net
- 🎁 Alexandra Rose Vouchers



For more information
on our services scan
the QR code

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Venue Details

Streatham area weekly timetable Autumn 2025

Streatham Virtual Session – online or by phone

Hitherfield Children's Centre

📍 Hitherfield Rd, SW16 2LW
☎ 020 8835 9569

Streatham Hub Children's Centre

📍 388 Streatham High Road,
SW16 6HX
☎ 020 4548 2561

Sunnyhill Children's Centre

📍 Harborough Road, SW16 2XW
☎ 020 4548 2561

Hillside Gardens One O'clock Club

📍 Hillside Road, SW2 3HL
☎ 020 8835 9569

Streatham Youth and Community Trust

📍 The Hut, Abercairn Rd,
SW16 5AL
☎ 020 3146 4179

Gracefield Gardens Health Centre

📍 2–8 Gracefield Gardens,
SW16 2ST
☎ 020 3049 5030

Monday AM

Hitherfield Children's Centre

Citizens Advice Appointments
10.00 – 1.00
Please call to book

Sunnyhill Children's Centre

Child Health Review Clinic
By Appointment

Streatham Hub Children's Centre

**Better Start Worker
1–1 Support 0–4 years**
By appointment
Please call to book

Stay and Play 0–4 years
9.30 – 11.00
Please call to book

**Child Vaccination
Information Workshop**
9.30 – 11.30
22 Sept
Please call to register

Gracefield Gardens Health Centre

Breast Feeding Support Drop In
10.00 – 12.00

Streatham Youth and Community Trust

Stay and Play 0–4 years
10.30 – 12.00
Please call to book

Tuesday AM

Online Chattertime Live!

10.30
[http://www.facebook.com/
EvelinaLondonSLT/](http://www.facebook.com/EvelinaLondonSLT/)

Streatham Hub Children's Centre

Baby Explorers 0–12 months
9.30 – 11.00
Please call to book

Sunnyhill Children's Centre

**Midwife Breast
Feeding Support**
By Appointment

Wednesday AM

Hitherfield Children's Centre

ESOL Course with Creche
10 Weeks
9.30 – 11.30
24 Sept – 3 Dec
Call to register

Sunnyhill Children's Centre

Together Time Parenting
10.00 – 11.30
7 week parenting course for
parents with babies 3–8 months
22 Oct – 10 Dec

**Better Start Worker 1–1 Support
0–4 years**
By appointment
Please call to book

**Speech & Language
Therapy Clinic**
By Appointment

Hillside Gardens One O'clock Club

Professional Carers Group
Network support and activities
for registered professional
childcare providers and
the children in their care
9.30 – 11.00
17 Sept – 10 Dec

Thursday AM

Hitherfield Children's Centre

Circle of Security Parenting
8 week Parenting Course
with Creche
9.30 – 11.30
2 Oct – 4 Dec
Please call to register

Sunnyhill Children's Centre

**Speech & Language
Therapy Clinic**
By appointment

Contact Lambeth SEND Drop In
9.30 – 11.30
25 Sept – 18 Dec
Information, advice and support
for families with children and
young people who have special
educational needs.

Friday AM

Hitherfield Children's Centre

Child Health Review Clinic
By Appointment

**Better Start Worker 1–1 Support
0–4 years**
By appointment
Please call to book

Little Connections
Speech and Language Support
Group with Speech Therapist
By appointment

Sunnyhill Children's Centre

CHATTERTIME!
Speech and language
development stay and play
9.30 – 11.00
Please call to book

**Child Vaccination Information
Workshop and Vaccination Clinic**
10.00 – 12.00
3 Oct and 5 Dec
Please call to register

Hillside Gardens One O'clock Club

**Outdoor Stay and Play &
Natural Thinkers**
9.30 – 11.00
Activities especially for children
12 months – 4 years
Please call to book

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For Better Start Information, Guidance
and Advice Appointments. Ask at reception



Lambeth

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Streatham Virtual Session – online or by phone	Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
Hitherfield Children’s Centre 📍 Hitherfield Rd, SW16 2LW ☎ 020 8835 9569	Hitherfield Children’s Centre Hola! Stay and Play 1.00 – 3.00 Please call to book Felix Food Project By referral Please call for more information Baby Massage 5 Week Course for New Parents with babies 0 – 6 months 1.00 – 2.30 22 Sept – 20 Oct Please call to register interest	Hitherfield Children’s Centre Employment and Training Support By Appointment 1.00 – 3.00 Please call to book	Hitherfield Children’s Centre Being A Parent 2 – 11 years 9 week course with creche 1 Oct – 3 Dec 1:00 – 3:00 Please call to register	Hitherfield Children’s Centre Better Start Worker 1–1 Support 0 – 4 years By appointment Please call to book Baby Explorers 0 – 12 months 1.30 – 3.00 Please call to book Making It REAL from 11 Sept 4 one to one sessions to support you child’s early literacy and development Please call to register interest	Child Health Review Clinic By Appointment
Streatham Hub Children’s Centre 📍 388 Streatham High Road, SW16 6HX ☎ 020 4548 2561		Sunnyhill Children’s Centre Midwife Breast Feeding Support By Appointment	Sunnyhill Children’s Centre Speech & Language Therapy Clinic By appointment		
Sunnyhill Children’s Centre 📍 Harborough Road, SW16 2XW ☎ 020 4548 2561	Sunnyhill Children’s Centre Child Health Review Clinic By Appointment	Streatham Hub Children’s Centre Better Start Worker 1–1 Support 0 – 4 years Please call to book Stay and Play 0 – 4 years 1.00 – 3.00 Please call to book HENRY Fussy Eating Workshop with creche 1.00 – 3.00 11 Nov Please call to register	Hillside Gardens One O’clock Club Stay and Play 0 – 4 years 1.30 – 3.00 Please call to book		
Hillside Gardens One O’clock Club 📍 Hillside Road, SW2 3HL ☎ 020 8835 9569	Streatham Hub Children’s Centre Baby Explorers 0 – 12 months 1.00 – 3.00 Please call to book HENRY Starting Solids Workshop 1.00 – 3.00 6 Oct		Gracefield Gardens Health Centre Baby Steps Antenatal Classes 6.00 – 8.00	Sunnyhill Children’s Centre Better Start Worker 1–1 Support 0 – 4 years By appointment Please call to book Baby Steps Postnatal Group 1.00–3.00 Speech & Language Therapy Clinic By appointment	
Streatham Youth and Community Trust 📍 The Hut, Abercairn Rd, SW16 5AL ☎ 020 3146 4179					
Gracefield Gardens Health Centre 📍 2–8 Gracefield Gardens, SW16 2ST ☎ 020 3049 5030	Streatham Youth and Community Trust Baby Explorers 0 – 18 months 1.00 – 2.30 Please call to book				

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All information is correct at time of going to print. Please check online at lambeth.gov.uk/childrenscentres for the most up to date version of the timetable.

