



# Brixton/Tulse Hill Better Start area Weekly timetable Autumn 2025

Lambeth's Family Hub Network  
Lambeth's Start for Life offer

giving  
your child  
a better  
start

A place we can  
all call home

  
**Lambeth**



## Brixton/Tulse Hill map

### Children's Centres

- 1 Jubilee Children's Centre
- 2 Loughborough Children's Centre

### One O'clock Clubs

- 1 Brockwell Children's Centre
- 2 Max Roach One O'clock Club

### Health Centres

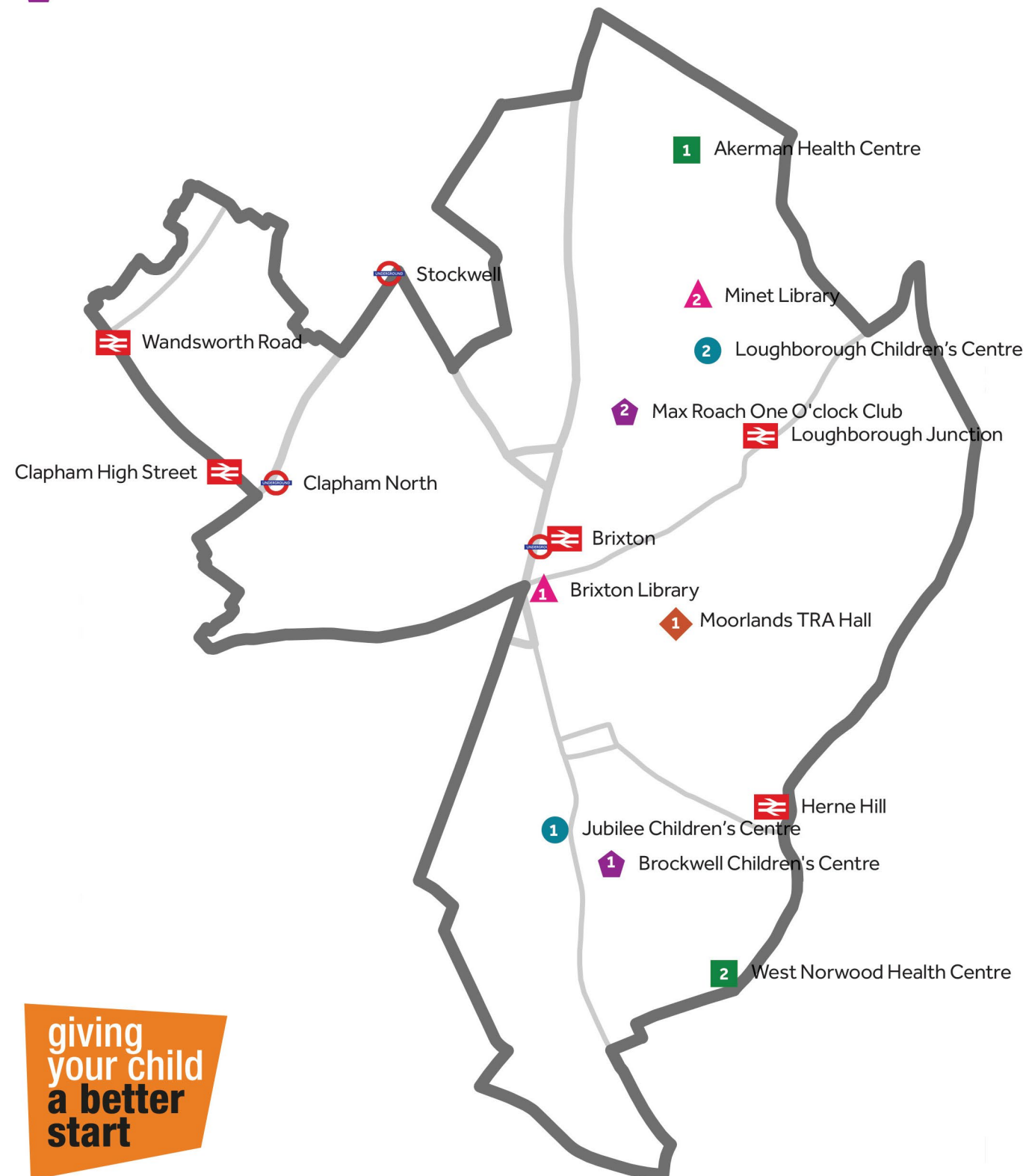
- 1 Akerman Health Centre
- 2 West Norwood Health Centre

### Libraries

- 1 Brixton Library
- 2 Minet Library

### Moorlands TRA Hall

- 1 Moorlands TRA Hall



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## Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 💬 Communication and Language groups
- 🌿 Natural Thinkers
- 💬 Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👨‍👩‍👧 Child Health Clinics – currently by appointment only
- 📄 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👨‍👩‍👧 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)
- 📝 ESOL
- 🎓 Adult Learning classes
- ✅ Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 💰 Financial Support – Citizens Advice
- 👶 Free childcare and Early Learning for two year olds
- 👨‍👩‍👧 HENRY – Developing the skills to adopt a healthy lifestyle  
For more info email [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)
- 🎁 Alexandra Rose Vouchers



For more information  
on our services scan  
the QR code

## Venue Details

## Brixton/Tulse Hill area weekly timetable Autumn 2025

### Jubilee Children's Centre

📍 Tulse Hill, SW2 2JE

☎ 020 8678 6530

### Loughborough

#### Children's Centre

📍 Minet Road, SW9 7UA

☎ 020 7274 8374

### Brockwell Children's Centre (previously the One O'clock Club)

📍 Brockwell Park, Arlingford  
Road, SW2 2TA

☎ 020 8678 6530



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### Monday AM

#### Jubilee Children's Centre

##### Antenatal Checks

9.00 – 4.00

By appointment

##### Stay and Play

0 – 4 years

9.45 – 11.15

##### Children's Vaccination Drop – In

06 Oct @ Stay and Play

9.45 – 11.15

#### Loughborough Children's Centre

##### Chattertime Speech & Language, Stay and Play

0 – 5 years

9.45 – 11.15

##### Postnatal Checks

9.00 – 4.00

By appointment

**Food Bags** By referral

### Tuesday AM

#### Jubilee Children's Centre

##### SFSC Parenting Class

9.30–12.30

9 Sept – 16 Dec

[https://bit.ly/SFSC\\_Lambeth](https://bit.ly/SFSC_Lambeth)

##### Child Health Reviews

By appointment Call 020 3049

5300 and ask to book at Jubilee

##### Breathe Melodies for Mums

Singing programme for new  
mothers (and their babies)

10.00 – 12.00

07 Oct – 09 Dec

Book here: [m4m@breatheahr.org](mailto:m4m@breatheahr.org)

or 07511 214069

#### Loughborough Children's Centre

##### Postnatal Checks

9.00 – 4.00

By appointment

##### Stay and Play

0 – 4 years

9.45 – 11.15

##### Children's Vaccination Drop – In

4 Nov @ Stay and Play

9.45 – 11.15

##### CONTACT, advice for families with children with disabilities

9.00–12.00

By appointment

#### Brockwell Children's Centre

##### Stay and Play

0 – 4 years

9.45 – 11.15

##### Sensory Room

9.45 – 11.15

Call to book

### Wednesday AM

#### Jubilee Children's Centre

##### Baby and Me

0 – 14 months

10.00 – 11.30

##### Child Health Reviews

By appointment

Call 020 3049 5300 and ask to

book a Jubilee

#### Loughborough Children's Centre

##### Conversation Group (Every day English for ESOL families)

9.30 – 11.15

8 Oct – 17 Dec

Call to book

##### CONTACT, advice for families with children with disabilities

9.00 – 12.00

By appointment

#### Brockwell Children's Centre

##### Stay and Play 0 – 4 years

9.45 – 11.15

##### Sensory Room

9.45 – 11.15

Call to book

##### Children's Vaccination Drop – In

3 Dec @ Stay and Play

9.45 – 11.15

### Thursday AM

#### All sites

##### Employment and Training Support

9.30 – 12.00. Call to book

##### Citizen's Advice Appointments

10.00 – 1.00. Call to book

#### Jubilee Children's Centre

##### Rising Stars, SEND Play session

0 – 4yrs

9.45 – 11.15

Term Time Only

##### Hear and Play

For Hearing impaired children.

##### First Thursday of the month

10.00 – 12.00

##### Breastfeeding support by referral

##### Being a Parent ADHD

10.00–12.30

02 Oct– 11 Dec

Book here [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)

#### Loughborough Children's Centre

##### Little Green Fingers Stay, Play

0 – 4 years

9.45 – 11.15

#### Brockwell Children's Centre

##### Stay and Grow

0 – 4 years

9.45 – 11.15

##### Sensory Room

9.45 – 11.15. Call to book

### Friday AM

#### Jubilee Children's Centre

##### Breastfeeding Support

##### Drop-in Group

10.00 – 12.00

##### Antenatal Checks

9.00 – 4.00

By appointment

##### Little Connections

##### Speech and Language Group

9.30–11.30

Invite Only

#### Loughborough Children's Centre

##### Young Parents, Hang and Play

(25 and under)

11.00–12.00

##### Baby and Me

0 – 14 months

10.00 – 11.30

##### DWP Employment & Benefit Support Call to book

##### Child Health Reviews

By appointment

Call 020 3049 5300 and ask to

book at Loughborough

### Saturday AM

#### Brockwell Children's Centre

##### Dads Stay and Play

##### Time term only

10.00 – 12.00

Drop in or ask for more details

For Better Start Information,  
Guidance and Advice  
Appointments. Ask at reception

Venue Details

Brixton/Tulse Hill area weekly timetable Autumn 2025

**Jubilee Children’s Centre**  
Tulse Hill, SW2 2JE  
020 8678 6530

**Loughborough Children’s Centre**  
Minet Road, SW9 7UA  
020 7274 8374

**Brockwell Children’s Centre (previously the One O’clock Club)**  
Brockwell Park, Arlingford Road, SW2 2TA  
020 8678 6530



Lambeth’s Family Hub Network  
Lambeth’s Start for Life offer

**Monday PM**

**Jubilee Children’s Centre**  
**Make and Illustrate your own book**  
1.15 – 3.15  
03 Nov – 15 Dec  
Call to book

**Antenatal Checks**  
9.00–4.00  
By appointment

**Baby Steps**  
2.00 – 4.00  
BabySteps@gstt.nhs.uk

**Making it REAL**  
Sept and October dates available  
By appointment ask for more information

**Baby Massage**  
1.30 – 3.00  
29 Sept – 20 Oct  
Call to book

**Loughborough Children’s Centre**  
**Baby Steps**  
1.00–3.00  
BabySteps@gstt.nhs.uk

**Postnatal Checks**  
9.00 – 4.00By appointment

**Food Bags** By referral

**Sleep Workshop**  
1.15–3.15  
17 Nov  
Call to book

**Making it REAL**  
Oct. Nov & Dec dates available  
By appointment ask for more information

**Tuesday PM**

**Jubilee Children’s Centre**  
**ESOL**  
1.15 – 3.00  
23 Sept – 9 Dec  
Call to book

**HENRY Starting Solids**  
1.15 – 3.15  
25 Nov  
Book here: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

**HENRY Fussy Eating**  
1.15 – 3.15  
16 Dec  
Book here: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

**Child Health Reviews**  
By appointment Call 020 3049 5300 and ask to book a Jubilee

**Loughborough Children’s Centre**  
**Family Cooking**  
1.15 – 3.15  
7 Oct – 25 Nov  
Call to book

**Postnatal Checks**  
9.00 – 4.00  
By appointment

**Making it REAL**  
Sept & Dec dates available  
By appointment ask for more information

**Baby Steps**  
1.00 – 3.00  
[BabySteps@gstt.nhs.uk](mailto:BabySteps@gstt.nhs.uk)

**Wednesday PM**

**Jubilee Children’s Centre**  
**First Steps into Horticulture and Flower Arranging**  
1.15 – 3.30  
17 Sept – 26 Nov. Call to book

**Child Health Reviews**  
By appointment  
Call 020 3049 5300 and ask to book a Jubilee Child Health Reviews (not available on the 3rd Wednesday of the month)

**Making it REAL**  
By appointment ask for more information. Oct – Dec

**Loughborough Children’s Centre**  
**Toilet Training Workshop**  
1.15 – 3.15  
24 Sept. Call to book

**HENRY Starting Solids**  
1.15 – 3.15. 17 Sept  
Book here: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

**HENRY Fussy Eating**  
1.15 – 3.15 01 Oct  
Book here: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

**Baby Massage**  
1.30 – 3.00  
05 Nov – 26 Nov. Call to book

**PAIRS 1 – 1 Support**  
By appointment

**Making it REAL**  
Oct and Dec dates available  
By appointment ask for more information

**Brockwell Children's Centre**  
**Baby Steps**  
1.00 – 3.00  
[BabySteps@gstt.nhs.uk](mailto:BabySteps@gstt.nhs.uk)

**Thursday PM**

**Jubilee Children’s Centre**  
**Breastfeeding support**  
By referral

**Digital Skills**  
1.15 – 3.00  
18 Sept – 09 Oct  
Call to book

**Child Health Reviews**  
By appointment  
Call 020 3049 5300 and ask to book a Jubilee

**Machine Sewing**  
1.15 – 3.00  
16 Oct – 04 Dec  
Call to book

**Food Bus Larder**  
Low cost fresh food  
(Rose & Healthy Start Vouchers can be used here)  
2.00 – 4.00

**Loughborough Children’s Centre**  
**Circle of Security Parenting**  
1.15 – 3.15  
02 Oct – 04 Dec  
Book here: [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)

**Making it REAL**  
Sept & Dec dates available  
By appointment ask for more information

**Brockwell Children's Centre**  
**Baby Steps**  
1.00 – 3.00  
[BabySteps@gstt.nhs.uk](mailto:BabySteps@gstt.nhs.uk)

**Friday PM**

**Jubilee Children’s Centre**  
**Antenatal Checks**  
9.00 – 4.00  
By appointment

**Share, Learn and Play**  
Womens Empowerment and conversation Group  
12.30 – 2.30  
Term time only

**PAIRS 1 – 1 Support**  
By appointment

**Loughborough Children’s Centre**  
**Young Parents Group**  
All under 25’s welcome  
Lunch and Topic of the week with crèche  
12.00 – 2.30

**DWP Employment & Benefit Support**  
Call to book

**PAIRS 1 – 1 Support**  
By appointment

For Better Start Information, Guidance and Advice  
Appointments. Ask at reception

All information is correct at time of going to print. Please check online at [lambeth.gov.uk/childrenscentres](http://lambeth.gov.uk/childrenscentres) for the most up to date version of the timetable.

