



**Streatham Better Start area  
Weekly timetable Spring 2026**



Lambeth's Family Hub Network  
Lambeth's Start for Life offer



SR00118546 (8.25)

# Streatham map

## Children's Centres

- 1 Hitherfield Children's Centre
- 2 Streatham Hub Children's Centre
- 3 Sunnyhill Children's Centre

## One O'clock Clubs

- 1 Hillside Gardens One O'clock Club
- 2 The Hut, Streatham Vale Park

## Health Centres

- 1 Baldry Gardens Health Centre
- 2 Gracefield Gardens Health Centre

## The Railway Tearooms

- 1 The Railway Tearooms

## Libraries

- 1 Streatham Library



# Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 🗣️ Communication and Language groups
- 🌿 Natural Thinkers
- 🗨️ Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👨‍👩‍👧 Child Health Clinics – currently by appointment only
- 📍 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👨‍👩‍👧 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)
- 📝 ESOL
- 🎓 Adult Learning classes
- 🛡️ Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 🏠 Financial Support – Citizens Advice
- 👶 Free childcare and Early Learning for two year olds
- 👨‍👩‍👧 HENRY – Developing the skills to adopt a healthy lifestyle  
For more info email [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)
- 🎁 Alexandra Rose Vouchers



For more information on our services scan the QR code

## Streatham Virtual Session – online or by phone

### Hitherfield Children's Centre

📍 Hitherfield Rd, SW16 2LW  
☎ 020 8835 9569

### Streatham Hub Children's Centre

📍 388 Streatham High Road, SW16 6HX  
☎ 020 4548 2561

### Sunnyhill Children's Centre

📍 Harborough Road, SW16 2XW  
☎ 020 4548 2561

### Hillside Gardens

📍 Hillside Road, SW2 3HL  
☎ 020 8835 9569

### Streatham Youth and Community Trust

📍 The Hut, Abercairn Rd, SW16 5AL  
☎ 020 3146 4179

### Gracefield Gardens Health Centre

📍 2-8 Gracefield Gardens, SW16 2ST  
☎ 020 3049 5030

## Monday AM

### Hitherfield Children's Centre

**Citizens Advice Appointments**  
10.00 – 1.00  
Please call to book

### Felix Food Project

By referral  
Please call for more information

### Sunnyhill Children's Centre

**Child Health Review Clinic**  
By Appointment

**Lambeth Early Years SEND Drop-In**  
Bi weekly support and advice for parents and carers of children with disabilities or special educational needs.  
From 19 Jan | 9.30 – 12.00

### Streatham Hub Children's Centre

**Stay and Play 0 – 4 years**  
9.30 – 11.00  
Please call to book

**HENRY Fussy Eating Workshop with creche**  
19 Jan | 9.30 – 11.30

**HENRY Starting Solids Workshop**  
23 Feb | 9.30 – 11.30  
To register visit:  
[evelinalondon.nhs.uk/henry](http://evelinalondon.nhs.uk/henry)

**Better Start Worker 1-1 Support 0 – 4 years**  
By appointment  
Please call to book

### Gracefield Gardens Health Centre

**Breast Feeding Support Drop In**  
10.00 – 12.00

### Streatham Youth and Community Trust

**Stay and Play 0 – 4 years**  
9.30 – 11.00  
Please call to book

## Tuesday AM

### Sunnyhill Children's Centre

**Midwife Breast Feeding Support**  
By Appointment

### Streatham Hub Children's Centre

**Baby Explorers 0 – 18 months**  
9.30 – 11.00  
Please call to book

### Vaccination Workshop

27 Jan  
9.30 – 11.30  
Please call to register

## Wednesday AM

### Sunnyhill Children's Centre

**Better Start Worker 1-1 Support 0 – 4 years**  
By appointment  
Please call to book

### Together Time Parenting

10.00 – 11.30  
7 week parenting course for parents with babies 3-8 months  
4 Feb – 25 Mar  
To register visit:  
[www.lambeth.gov.uk/parenting](http://www.lambeth.gov.uk/parenting)

**Speech & Language Therapy Clinic**  
By Appointment

### Hillside Gardens One O'clock Club

**Professional Carers Group**  
Network support and activities for registered professional childcare providers and the children in their care  
9.30 – 11.00  
14 Jan – 18 Mar

## Thursday AM

### Hitherfield Children's Centre

**Circle of Security Parenting**  
8 week Parenting Course with Creche  
9.30 – 11.30  
15 Jan – 19 Mar  
To register visit:  
[www.lambeth.gov.uk/parenting](http://www.lambeth.gov.uk/parenting)

### Sunnyhill Children's Centre

**Contact Lambeth SEND Drop In**  
9.30 – 11.30  
15 Jan – 19 Mar  
Information, advice and support for families with children and young people who have special educational needs.

**Speech & Language Therapy Clinic**  
By appointment

## Friday AM

### Hitherfield Children's Centre

**Child Health Review Clinic**  
By Appointment

**Better Start Worker 1-1 Support 0 – 4 years**  
By appointment  
Please call to book

**Little Connections**  
Speech and Language Support Group with Speech Therapist  
By appointment

### Sunnyhill Children's Centre

**Music Hour for SEND**  
23 Jan – 27 Mar  
10.00 – 11.00  
Please call to book

**CHATTERTIME!**  
Speech and language development stay and play  
9.30 – 11.00  
Please call to book

**Baby Chat**  
Ante-natal session. Topics include child development, and the relationship between parent/child  
10.00 – 12.00  
9 Jan – 27 Mar  
To register visit:  
[www.lambeth.gov.uk/parenting](http://www.lambeth.gov.uk/parenting)

### Hillside Gardens One O'clock Club

**Outdoor Stay and Play & Natural Thinkers**  
9.30 – 11.00  
Activities especially for children 12 months – 4 years  
Please call to book



**Streatham Virtual Session – online or by phone**

**Hitherfield Children’s Centre**  
 📍 Hitherfield Rd, SW16 2LW  
 ☎ 020 8835 9569

**Streatham Hub Children’s Centre**  
 📍 388 Streatham High Road, SW16 6HX  
 ☎ 020 4548 2561

**Sunnyhill Children’s Centre**  
 📍 Harborough Road, SW16 2XW  
 ☎ 020 4548 2561

**Hillside Gardens One O’clock Club**  
 📍 Hillside Road, SW2 3HL  
 ☎ 020 8835 9569

**Streatham Youth and Community Trust**  
 📍 The Hut, Abercairn Rd, SW16 5AL  
 ☎ 020 3146 4179

**Gracefield Gardens Health Centre**  
 📍 2–8 Gracefield Gardens, SW16 2ST  
 ☎ 020 3049 5030

**Monday PM**

**Hitherfield Children’s Centre**  
**Hola! Stay and Play**  
 For families whose first language is Spanish or Portuguese  
 1.00 – 3.00  
 Please call to book

**Felix Food Project**  
 By referral  
 Please call for more information

**Making It REAL**  
 1–1 sessions to support your child’s early literacy and development. Please ask for more information or call to register interest

**Baby Massage**  
 5 Week Course for new parents with babies 0–6 months  
 1.00 – 2.30  
 19 Jan – 16 Feb and 2 Mar – 30 Mar  
 Please call to register interest

**Sunnyhill Children’s Centre**  
**Child Health Review Clinic**  
 By Appointment

**Streatham Hub Children’s Centre**  
**Make and Illustrate a Book for Your Child**  
 6 week Adult Learning course with creche  
 12 Jan – 2 Mar  
 1.00 – 3.00  
 Please call to register

**Streatham Youth and Community Trust**  
**Baby Explorers 0–18 months**  
 1.00 – 2.30  
 Please call to book

**Tuesday PM**

**Hitherfield Children’s Centre**  
**Employment and Training Support**  
 By Appointment  
 1.00 – 3.00  
 Please call to book

**Baby Yoga**  
 10 week course for parents with their babies under 6 months  
 1.00 – 3.00  
 13 Jan – 24 Mar  
 Please call to register

**Sunnyhill Children’s Centre**  
**Midwife Breast Feeding Support**  
 By Appointment

**Streatham Hub Children’s Centre**  
**Better Start Worker 1–1 Support**  
 0–4 years  
 By appointment  
 Please call to book

**Stay and Play 0–4 years**  
 1.00 – 3.00  
 By appointment  
 Please call to book

**Wednesday PM**

**Hitherfield Children’s Centre**  
**Mini Makers**  
 Messy play and sensory activities for parents and their children aged 1–2 years  
 14 Jan – 25 Mar  
 1.00 – 3.00  
 Please call to register

**Sunnyhill Children’s Centre**  
**Baby Steps Postnatal Group**  
 1.00 – 3.00  
 12.30 – 4.00  
 By appointment

**Being A Parent Autism 10 week course**  
 12.30 – 3.00  
 14 Jan – 25 Mar  
 To register visit:  
[www.lambeth.gov.uk/parenting](http://www.lambeth.gov.uk/parenting)

**Speech & Language Therapy Clinic**  
 By appointment

**Hillside Gardens One O’clock Club**  
**Stay and Play 0–4 years**  
 1.30 – 3.00  
 Please call to book

**Gracefield Gardens Health Centre**  
**Baby Steps**  
 Antenatal Classes  
 6.00 – 8.00

**Thursday PM**

**Hitherfield Children’s Centre**  
**Better Start Worker 1–1 Support 0–4 years**  
 By appointment  
 Please call to book

**Baby Explorers 0–12 months**  
 1.30 – 3.00  
 Please call to book

**Sunnyhill Children’s Centre**  
**Better Start Worker 1–1 Support 0–4 years**  
 By appointment  
 Please call to book

**Speech & Language Therapy Clinic**  
 By appointment

**SEND Sensory Room**  
 For children with disabilities and special educational needs  
 Please call to book  
 1.00 – 3.00

**Friday PM**

**Child Health Review Clinic**  
 By Appointment



**For Better Start Information, Guidance and Advice Appointments. Ask at reception**

All information is correct at time of going to print. Please check online at [lambeth.gov.uk/childrenscentres](http://lambeth.gov.uk/childrenscentres) for the most up to date version of the timetable.

