



# Brixton/Tulse Hill Better Start area Weekly timetable Spring 2026

SR00146213(1.2.25)



Lambeth's Family Hub Network  
Lambeth's Start for Life offer



# Brixton/Tulse Hill map

## Children's Centres

- 1 Jubilee Children's Centre
- 2 Loughborough Children's Centre

## One O'clock Clubs

- 1 Brockwell Children's Centre
- 2 Max Roach One O'clock Club

## Health Centres

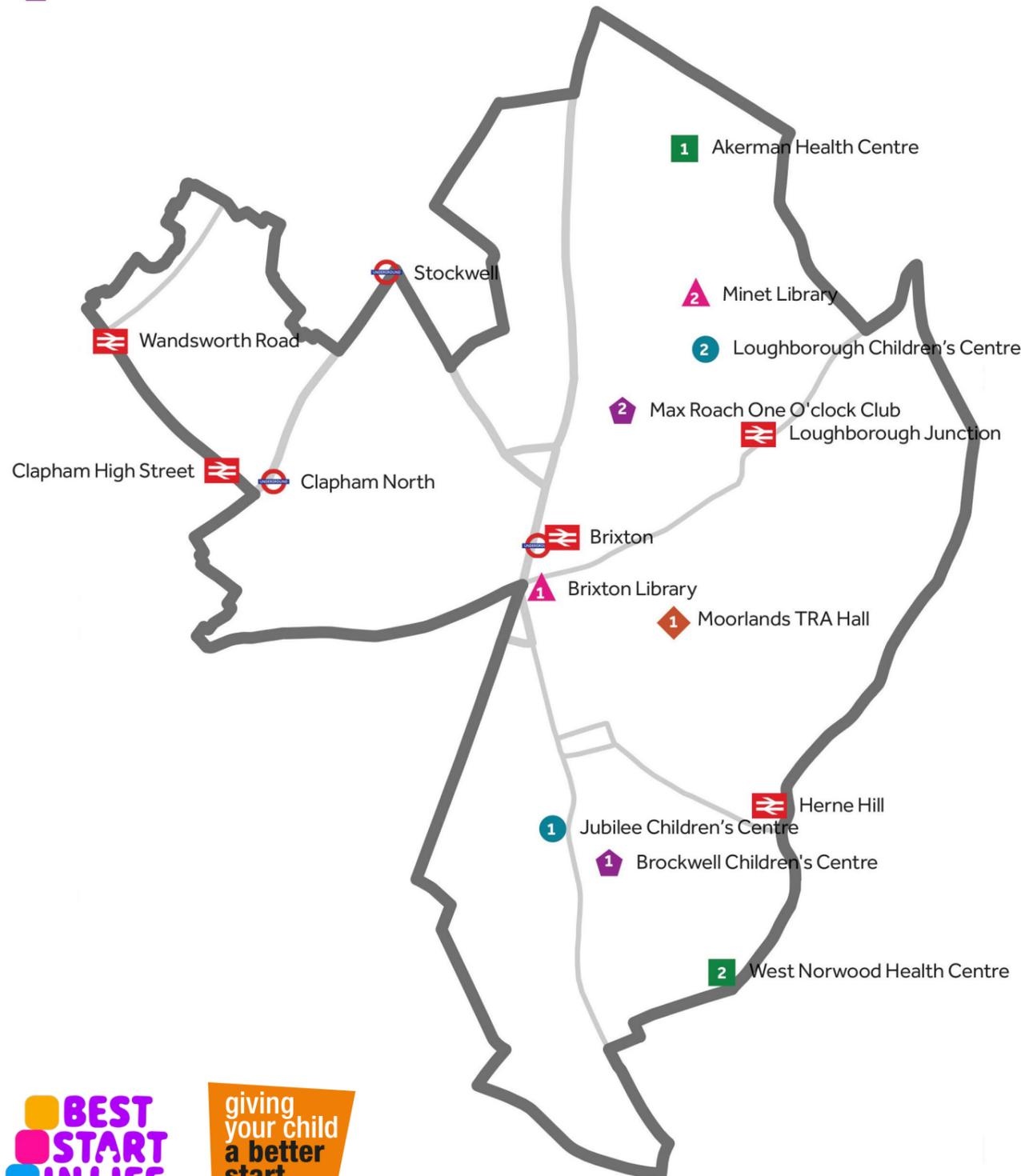
- 1 Akerman Health Centre
- 2 West Norwood Health Centre

## Moorlands TRA Hall

- 1 Moorlands TRA Hall

## Libraries

- 1 Brixton Library
- 2 Minet Library



# Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 🗣️ Communication and Language groups
- 🌿 Natural Thinkers
- 🗣️ Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👨‍👩‍👧‍👦 Child Health Clinics – currently by appointment only
- 📄 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👨‍👩‍👧‍👦 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)
- 📝 ESOL
- 🎓 Adult Learning classes
- 👨‍👩‍👧‍👦 Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 💰 Financial Support – Citizens Advice
- 👶 Free childcare and Early Learning for two year olds
- 👨‍👩‍👧‍👦 HENRY – Developing the skills to adopt a healthy lifestyle  
For more info email [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)
- 🎁 Alexandra Rose Vouchers



**Jubilee Children's Centre**  
 Tulse Hill, SW2 2JE  
 020 8678 6530

**Loughborough Children's Centre**  
 Minet Road, SW9 7UA  
 020 7274 8374

**Brockwell Children's Centre (previously the One O'clock Club)**  
 Brockwell Park, Arlingford Road, SW2 2TA  
 020 8678 6530

## Monday AM

### Jubilee Children's Centre

**Antenatal Checks**  
 9.00 – 4.00  
 By appointment

**Stay and Play 0–4 years**  
 9.45 – 11.15

**Children's Vaccination Drop – In**  
 29 Jan @ Stay and Play  
 9.45 – 11.15

**Baby Massage**  
 26 Jan – 23 Feb  
 10.00 – 11.30  
 Call to book

### Loughborough Children's Centre

**Chattertime Speech & Language, Stay and Play**  
 14 months – 4 years  
 9.45 – 11.15

**Postnatal Checks**  
 9.00 – 4.00  
 By appointment

**Food Bags** By referral

## Tuesday AM

### Jubilee Children's Centre

**Kineara Housing support**  
 Monthly  
 9.30 – 1.00  
 Call to book

**Child Health Reviews**  
 By appointment  
 Call 020 3049 5300 and ask to book at Jubilee

**Breathe Melodies for Mums**  
 Singing programme for new mothers (and their babies)  
 10.00 – 12.00  
 27 Jan – 24 Mar  
 Book here: [m4m@breatheahr.org](mailto:m4m@breatheahr.org) or 07511 214069

### Loughborough Children's Centre

**Children's Vaccination Drop – In**  
 2 Feb @ Stay and Play  
 9.45 – 11.15

**Cambridge Law**  
 10.00 – 12.00  
 Call to book

**Stay and Play 0–4 years**  
 9.45 – 11.15

**CONTACT, advice for families with children with disabilities**  
 9.00–12.00  
 By appointment

### Brockwell Children's Centre

**Stay and Play 0–4 years**  
 9.45 – 11.15

**Sensory Room**  
 9.45 – 11.15  
 Call to book

## Wednesday AM

### Jubilee Children's Centre

**Baby and Me**  
 0 – 14 months  
 10.00 – 11.30

**Child Health Reviews**  
 By appointment  
 Call 020 3049 5300 and ask to book a Jubilee

### Loughborough Children's Centre

**Conversation Group (Every day English for ESOL families)**  
 9.30 – 11.15  
 21 Jan – 1 Apr  
 Call to book

**CONTACT for families with children with disabilities**  
 9.00 – 12.00  
 By appointment

**Baby Chat**  
 10.00 – 12.00  
 One off sessions on 14 Jan, 4 Feb, 25 Feb & 18 Mar  
 Book here [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)

**KCH Ante/Postnatal Breastfeeding Support**  
 Referral only

### Brockwell Children's Centre

**Stay and Play 0–4 years**  
 9.45 – 11.15

**Sensory Room**  
 9.45 – 11.15  
 Call to book

**Children's Vaccination Drop – In**  
 3 Mar @ Stay and Play  
 9.45 – 11.15

## Thursday AM

### All sites

**Employment and Training Support**  
 9.30 – 12.00  
 Call to book

**Citizen's Advice Appointments**  
 10.00 – 1.00  
 Call to book

### Jubilee Children's Centre

**Wiggles and Giggles SEN Play Session**  
 0 – 4 years  
 9.45 – 11.15  
 15 Jan, 12 Feb, 12 Mar

**Hear and Play**  
 For Hearing impaired children.  
**First Thursday of the month**  
 10.00 – 12.00

**Specialist breastfeeding support by referral**

### Loughborough Children's Centre

**KCH Ante/Postnatal Breastfeeding Support**  
 Referral only

**Little Green Fingers Stay, Play 0–4 years**  
 9.45 – 11.15

**Together Time**  
 10.00 – 11.30  
 5 Feb – 26 Mar  
 Book here [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)

### Brockwell Children's Centre

**Stay and Grow 0–4 years**  
 9.45 – 11.15

**Sensory Room**  
 9.45 – 11.15. Call to book

## Friday AM

### Jubilee Children's Centre

**Breastfeeding Support Drop-in Group**  
 10.00 – 12.00

**Antenatal Checks**  
 9.00 – 4.00  
 By appointment

**Little Connections Speech and Language Group**  
 10.30 – 11.45  
 Invite Only

### Loughborough Children's Centre

**Young Parents, Hang and Play (25 and under)**  
 11.00 – 12.00

**Baby and Me**  
 0 – 14 months  
 10.00 – 11.30

**DWP Employment & Benefit Support** Call to book

**Child Health Reviews**  
 By appointment  
 Call 020 3049 5300 and ask to book at Loughborough

## Saturday AM

### Brockwell Children's Centre

**Dads Stay and Play Time term only**  
 10.00 – 12.00  
 Drop in



## Venue Details

**Jubilee Children's Centre**  
 📍 Tulse Hill, SW2 2JE  
 ☎ 020 8678 6530

**Loughborough Children's Centre**  
 📍 Minet Road, SW9 7UA  
 ☎ 020 7274 8374

**Brockwell Children's Centre (previously the One O'clock Club)**  
 📍 Brockwell Park, Arlingford Road, SW2 2TA  
 ☎ 020 8678 6530



**For Better Start Information, Guidance and Advice Appointments. Ask at reception**



giving your child a better start

## Brixton/Tulse Hill area weekly timetable Spring 2026

### Monday PM

#### Jubilee Children's Centre

**Circle of Security Parenting**  
 1.15 – 3.15  
 12 Jan – 16 Mar  
 Book here: [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)

**Antenatal Checks**  
 9.00 – 4.00  
 By appointment

**Baby Steps**  
 2.00 – 4.00  
[BabySteps@gstt.nhs.uk](mailto:BabySteps@gstt.nhs.uk)

**Making it REAL**  
 By appointment ask for more information

**Save a Child**  
 23 Mar  
 1.15-3.15

#### Loughborough Children's Centre

**Baby Steps**  
 1.00-3.00  
[BabySteps@gstt.nhs.uk](mailto:BabySteps@gstt.nhs.uk)

**Postnatal Checks**  
 9.00 – 4.00 By appointment

**Food Bags** By referral

**Sleep Workshop**  
 1.15 – 3.15 | 9 Feb | Call to book

**Digital skills**  
 1.15 – 3.00 | 23 Feb – 16 Mar  
 Call to book

**Making it REAL**  
 By appointment ask for more information

**Pre-booked Health Visitor appointments & 6-8 week checks**  
 Call 020 3049 5300 and ask to book at Loughborough

**Maximise your Benefit Entitlement**  
 1.15 – 3.15 | 2 Feb | Call to book

### Tuesday PM

#### Jubilee Children's Centre

**ESOL**  
 1.15 – 3.00  
 13 Jan – 24 Mar  
 Call to book

**Making it REAL**  
 By appointment ask for more information

**Child Health Reviews**  
 By appointment Call 020 3049 5300 and ask to book a Jubilee

#### Loughborough Children's Centre

**Jewellery Making**  
 27 Jan – 24 Mar  
 1.15 – 3.15  
 Call to book

**Postnatal Checks**  
 9.00 – 4.00  
 By appointment

**Making it REAL**  
 By appointment ask for more information

#### Brockwell Children's Centre

**Baby Steps**  
 1.00 – 3.00  
[BabySteps@gstt.nhs.uk](mailto:BabySteps@gstt.nhs.uk)

### Wednesday PM

#### Jubilee Children's Centre

**Family Cooking**  
 1.15 – 3.15 | 21 Jan – 1 Apr  
 (no session 25 Mar) Call to book

**Child Health Reviews**  
 By appointment  
 Call 020 3049 5300 and ask to book a Jubilee Child Health Reviews

**HENRY Starting Solids**  
 1.15 – 3.15 | 4 March  
 Book here: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

**HENRY Fussy Eating**  
 1.15 – 3.15 | 25 Mar  
 Book here: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

#### Loughborough Children's Centre

**Toilet Training Workshop**  
 1.15 – 3.15 | 21 Jan | Call to book

**HENRY Fussy Eating**  
 1.15 – 3.15 14 Jan  
 Book here: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

**Save a Baby**  
 28 Jan | 1.15 – 1.30 | Call to book

**HENRY Starting Solids**  
 1.15 – 3.15 | 11 Feb  
 Book here: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

**Baby Massage**  
 1.30 – 3.00  
 4 Mar – 25 Mar. Call to book

**Maximise your Benefit Entitlement**  
 1.15 – 3.15 | 25 Mar | Call to book

**Making it REAL** By appointment ask for more information

**KCH Ante/Postnatal Breastfeeding Support** Referral only

#### Brockwell Children's Centre

**Baby Steps**  
 1.00 – 3.00 | [BabySteps@gstt.nhs.uk](mailto:BabySteps@gstt.nhs.uk)

### Thursday PM

#### Jubilee Children's Centre

**Specialist breastfeeding support**  
 By referral

**Child Health Reviews**  
 By appointment  
 Call 020 3049 5300 and ask to book a Jubilee

**Food Bus Larder**  
 Low cost fresh food  
 (Rose & Healthy Start Vouchers can be used here) Parked outside the centre between  
 2.00 – 4.00  
 Drop-in

**Introduction to Machine Sewing**  
 1.15 – 3.15  
 29 Jan – 26 Mar  
 Call to book

#### Loughborough Children's Centre

**Being a Parent 2-11**  
 1.15 – 3.15  
 22 Jan – 26 Mar  
 Call to book

**Making it REAL**  
 By appointment ask for more information

**KCH Ante/Postnatal Breastfeeding Support**  
 Referral only

#### Brockwell Children's Centre

**Baby Steps**  
 1.00 – 3.00  
[BabySteps@gstt.nhs.uk](mailto:BabySteps@gstt.nhs.uk)

### Friday PM

#### Jubilee Children's Centre

**Antenatal Checks**  
 9.00 – 4.00  
 By appointment

**Share, Learn and Play**  
 Womens Empowerment and conversation Group  
 12.30 – 2.30  
 Term time only

**Job Club**  
 6 Mar, 13 Mar, 20 Mar  
 1.15 – 3.15  
 Call to book

#### Loughborough Children's Centre

**PAIRS 1 – 1 Support**  
 By appointment

**Young Parents Group**  
 All under 25's welcome  
 Lunch and Topic of the week with crèche  
 12.00 – 2.30

**DWP Employment & Benefit Support**  
 Call to book

All information is correct at time of going to print. Please check online at [lambeth.gov.uk/childrenscentres](http://lambeth.gov.uk/childrenscentres) for the most up to date version of the timetable.