



# Clapham and Brixton Hill Better Start area Weekly timetable Spring 2026

SR00146213 (1.2.25)



Lambeth's Family Hub Network  
Lambeth's Start for Life offer



# Clapham and Brixton Hill map

## Children's Centres

- 1 Maytree Children's Centre
- 2 Treehouse Children's Centre
- 3 Clapham Manor at Triangle

## One O'clock Clubs

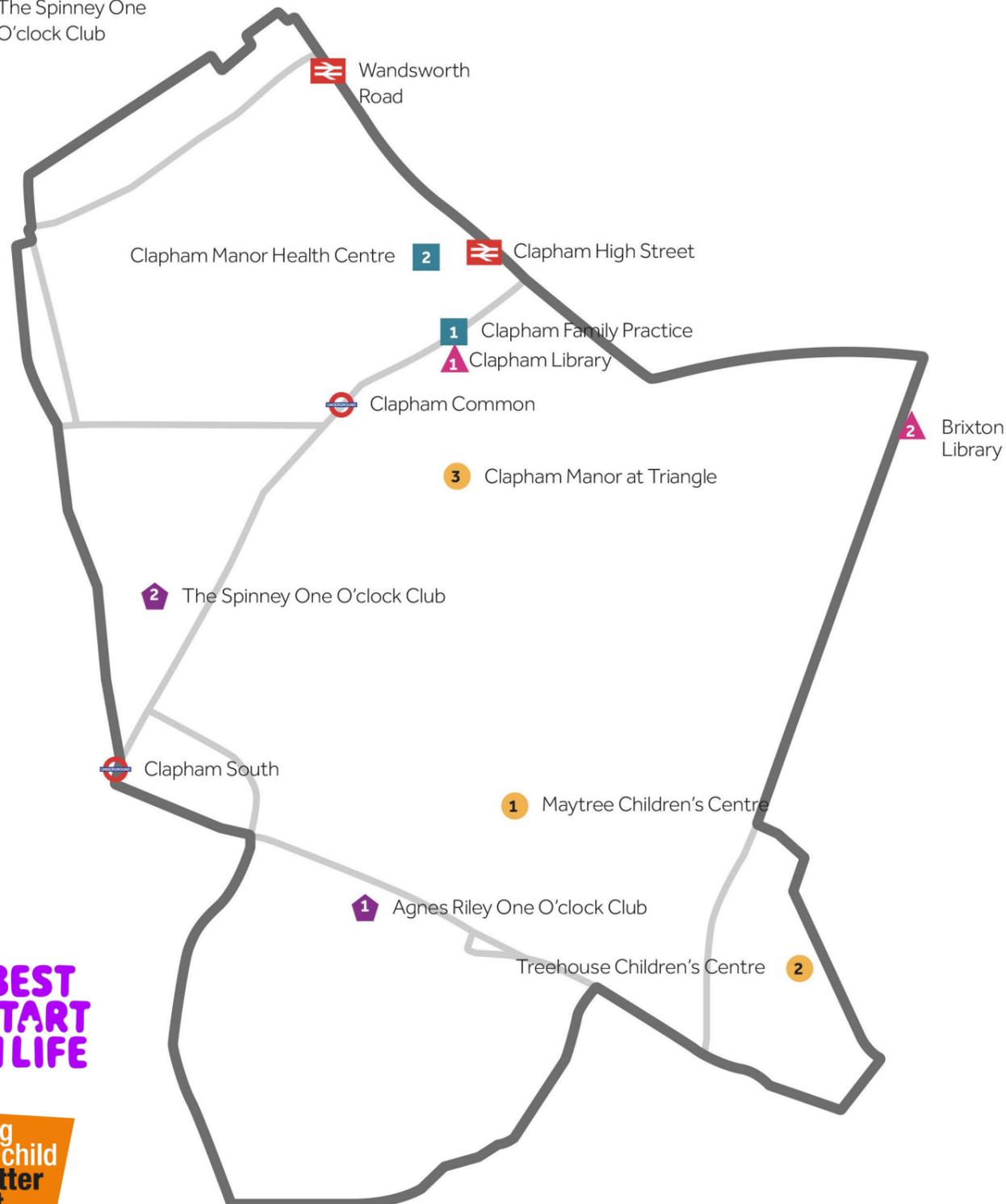
- 1 Agnes Riley One O'clock Club
- 2 The Spinney One O'clock Club

## Health Centres

- 1 Clapham Family Practice
- 2 Clapham Manor Health Centre

## Libraries

- 1 Clapham Library
- 2 Brixton Library



# Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 🗣️ Communication and Language groups
- 🌿 Natural Thinkers
- 🗨️ Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👨‍⚕️ Child Health Clinics – currently by appointment only
- 📄 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👨‍👩‍👧 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)
- 📝 ESOL
- 🎓 Adult Learning classes
- 🛡️ Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 💰 Financial Support – Citizens Advice
- 👶 Free childcare and Early Learning for two year olds
- 👨‍👩‍👧 HENRY – Developing the skills to adopt a healthy lifestyle  
For more info email [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)
- 🎁 Alexandra Rose Vouchers



For more information on our services scan the QR code



## Venue Details

## Clapham and Brixton Hill area weekly timetable Spring 2026

**Clapham and Brixton Hill Virtual Session – online or by phone**

**Tree House Children's Centre**  
 66 Upper Tulse Hill, SW2 2R  
 020 8674 6060

**Clapham Manor at Triangle**  
 Triangle Nursery school,  
 25 William Bonney Estate  
 Clapham Crescent SW4 7JQ  
 020 7622 1393

**Maytree Children's Centre**  
 4 Allingham Road, SW4 8EG  
 020 8671 3298

**Agnes Riley One O'clock Club**  
 Atkins Road, SW12 0AH  
 020 8671 3298

**The Spinney One O'clock Club**  
 Windmill Drive, Clapham  
 Common, SW4 9DE  
 020 7627 9917

**Clapham Manor Health Centre**  
 86 Clapham Manor St, SW4 6EB  
 020 7411 6866

**Clapham Family Practice**  
 Mary Seacole Centre,  
 89 Clapham High St, SW4 7DB  
 020 3049 6600

**Clapham Library**  
 Mary Seacole Centre, 91  
 Clapham High St, SW4 7DB  
 020 7926 0717

**Brixton Library**  
 Brixton Road, SW2 1JQ  
 020 7926 1058

**All centres will open from 7 January 2026**

### Monday AM

#### Clapham Manor at Triangle

**Sensory Room Experience**  
 10.00 – 10.45 and 11.00 – 11.45  
 Please contact any centre to book

**Baby Explorers 0 – 12 months**  
 10.00 – 11.00

**Contact Lambeth SEND – Drop in**  
 10.00 – 12.00

#### Tree House Children's Centre

**Buenos dias/ Good Morning Club 0 – 5 years**  
 10.00 – 11.00

### Tuesday AM

#### Clapham Manor at Triangle

**Sensory Room Experience**  
 10.00 – 10.45 and 11.00 – 11.45  
 Please contact any centre to book

**Child Health Review**  
 9.30 – 4.00  
 By appointment only

**Little Connections**  
 10.00 – 11.30  
 Speech and Language Support  
 Group with Speech Therapist  
 By invite only

#### Maytree Children's Centre

**Citizen's Advice**  
 Face to Face Appointments  
 10.00 – 1.00  
 Please call any centre to book

**Baby Sing Along 0 – 12 months**  
 10.00 – 11.00

#### Tree House Children's Centre

**Henry Workshop - Starting Solids**  
 10.00 – 12.00  
 20 Jan  
 gst-tr.HVsupportand  
 developmentworker@nhs.net

**Coram Books Together 2 – 5 years**  
 Early Literacy for parents with  
 their children  
 10.00 – 11.00  
 24 Feb, 3 Mar, 10 Mar  
 Please call any centre to book

#### Agnes Riley One O'clock Club

**Stay & Play with Brunch Club 0 – 5 years**  
 Agnes Riley  
 9.30 – 11.00

### Wednesday AM

#### Virtual Session

**Speech and Language for Under 2s**  
 10.00 – 11.00  
 Email [gst-tr.contacts@nhs.net](mailto:gst-tr.contacts@nhs.net)  
 to register or book a place

#### Clapham Manor at Triangle

**Sensory Room Experience**  
 10.00 – 10.45 and 11.00 – 11.45  
 Please contact any centre to book

**Child Health Review**  
 9.30 – 4.00  
 By appointment only

**Stay and Play 0 – 5 years**  
 10.00 – 11.30

**DWP Employment & Benefit Support**  
 9.30 – 12.30  
 Please call any centre to book

#### Maytree Children's Centre

**Employment and Training Support**  
 Please call any centre to book

**Child Health Review Appointments**  
 By appointment with  
 Healthvisitor only

#### Tree House Children's Centre

**Play Paint Create 0 - 5yrs**  
 Where little hands with big hearts  
 make art  
 10.00 – 11.30

### Thursday AM

#### Clapham Manor at Triangle

**Sensory Room Experience**  
 10.00 – 10.45 and 11.00 – 11.45  
 Please contact any centre to book

**Lambeth Talking Therapies**  
 Ask about self-referrals

**Rose Voucher Collection Day**  
 Appointment only

**Danzini 0 – 5 years**  
 A Parent and Child dance session.  
 Move, groove and grow together  
 11.00 – 12.00

**Connecting with Nature 0 – 5 years**  
 10.00 – 11.00

**Baby Massage for parents with babies (up to pre crawlers)**  
 5 week course  
 10.00 – 11.00  
 15 Jan – 12 Feb  
 Please contact any centre to book

#### Maytree Children's Centre

**Rose Voucher Collection Day**  
 Appointment only

#### Tree House Children's Centre

**Baby Massage for parents with babies**  
 (up to pre crawlers) 5 week course  
 10.00 – 11.00  
 26 Feb – 26 Mar  
 Please contact any centre to book

**Henry Workshop - Starting Solids**  
 10.00 – 12.00  
 5 Feb  
 gst-tr.HVsupportand  
 developmentworker@nhs.net

### Friday AM

#### Clapham Manor at Triangle

**Sensory Room Experience**  
 10.00 – 10.45 and 11.00 – 11.45  
 Please contact any centre to book

**Messy Play 0 – 5 years**  
 10.00 – 11.30

**Breastfeeding Support one2one**  
 By appointment only

**Toy Library (every fortnight) 0–5 years**  
 11.30 – 12.30

#### Maytree Children's Centre

**Baby Chat**  
 Antenatal group  
 10.00 – 12.00  
 9 Jan, 23 Jan, 6 Feb, 6 Mar & 20 Mar  
 By invite only  
[www.lambeth.gov.uk/parenting](http://www.lambeth.gov.uk/parenting)

#### Tree House Children's Centre

**Rose Voucher Collection Day**  
 Appointment only

**Baby Explorers 0 - 12 months**  
 10.00 – 11.00



**For Better Start Information, Guidance and Advice Appointments. Ask at reception**



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## Clapham and Brixton Hill area weekly timetable Spring 2026

**All centres will open from 7 January 2026**

### Monday PM

**Clapham Manor at Triangle**

**Sensory Room Experience**  
 1.15 – 2.00, 2.15 – 3.00,  
 3.15 – 4.00  
 Please contact any centre to book

**Making it Real 0 – 4 years**  
 Please contact any centre to  
 sign up

**ESOL**  
 1.00 – 3.00  
 12 Jan – 23 Mar  
 Please contact any centre to book

### Tuesday PM

**Clapham Manor at Triangle**

**Sensory Room Experience**  
 1.15 – 2.00, 2.15 – 3.00,  
 3.15 – 4.00  
 Please contact any centre to book

**Chattertime with Speech  
 and Language Therapist**  
 1.30 – 3.00  
 Please contact any centre to book

**Child Health Review**  
 9.30 – 4.00  
 By appointment only

**Maytree Children’s Centre**  
**Baby Massage for parents with  
 babies (up to pre crawlers)**  
 5 week course  
 2.00 – 3.00  
 13 Jan – 10 Feb  
 Please contact any centre to book

**The Spinney  
 One O’clock Club**  
**Natural Thinkers for families with  
 children with SEND**  
 1.30 – 3.00

### Wednesday PM

**Clapham Manor at Triangle**

**Sensory Room Experience**  
 1.15 – 2.00, 2.15 – 3.00,  
 3.15 – 4.00  
 Please contact any centre to book

**Child Health Review**  
 9.30 – 4.00  
 By appointment only

**Song and Story  
 0 – 5 years**  
 2.00 – 3.00

**Maytree Children’s Centre**  
**Baby weighing clinic**  
 1.00 – 3.00  
 Walk-in

### Thursday PM

**Clapham Manor at Triangle**

**Sensory Room Experience**  
 1.15 – 2.00, 2.15 – 3.00,  
 3.15 – 4.00  
 Please contact any centre to book

**Circle of Security Parenting**  
 1.00 – 3.00  
 15 Jan – 19 Mar  
 Register:  
[www.lambeth.gov.uk/parenting](http://www.lambeth.gov.uk/parenting)

**The Spinney  
 One O’clock Club**  
**Mud Club**  
 3.45 – 5.30  
 After School Session

### Friday PM

**Clapham Manor at Triangle**  
**Breastfeeding Support Group –  
 Drop in**  
 12.30 – 2.30



**For Better Start Information, Guidance and Advice  
 Appointments. Ask at reception**

All information is correct at time of going to print. Please check online at [lambeth.gov.uk/childrenscentres](http://lambeth.gov.uk/childrenscentres) for the most up to date version of the timetable.

