



Streatham Better Start area
Weekly timetable Summer 2026



Lambeth's Family Hub Network
Lambeth's Start for Life offer



5800169935 (3.26)

Streatham map

Children's Centres

- 1 Hitherfield Children's Centre
- 2 Streatham Hub Children's Centre
- 3 Sunnyhill Children's Centre

One O'clock Clubs

- 1 Hillside Gardens One O'clock Club
- 2 The Hut, Streatham Vale Park

Health Centres

- 1 Baldry Gardens Health Centre
- 2 Gracefield Gardens Health Centre

The Railway Tearooms

- 1 The Railway Tearooms

Libraries

- 1 Streatham Library



Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 🗨️ Communication and Language groups
- 🌿 Natural Thinkers
- 🗨️ Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👤 Child Health Clinics – currently by appointment only
- 📍 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👤 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit lambeth.gov.uk/parenting
- 📝 ESOL
- 🎓 Adult Learning classes
- 👍 Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 📄 Financial Support – Citizens Advice
- 👤 Free childcare and Early Learning for two year olds
- 👤 HENRY – Developing the skills to adopt a healthy lifestyle
For more info email gst-tr.HVsupportanddevelopmentworker@nhs.net



For more information on our services scan the QR code

Streatham Virtual Session – online or by phone

Hitherfield Children's Centre

📍 Hitherfield Rd, SW16 2LW
☎ 020 8835 9569

Streatham Hub Children's Centre

📍 388 Streatham High Road, SW16 6HX
☎ 020 4548 2561

Sunnyhill Children's Centre

📍 Harborough Road, SW16 2XW
☎ 020 4548 2561

Hillside Gardens One O'clock Club

📍 Hillside Road, SW2 3HL
☎ 020 8835 9569

Streatham Youth and Community Trust

📍 The Hut, Abercairn Rd, SW16 5AL
☎ 020 3146 4179

Gracefield Gardens Health Centre

📍 2-8 Gracefield Gardens, SW16 2ST
☎ 020 3049 5030

Monday AM

Hitherfield Children's Centre

Citizens Advice Appointments
10.00 – 1.00
Please call to book

Felix Food Project

By referral. Please call for more info

Sunnyhill Children's Centre

Child Health Review Clinic
By Appointment

Lambeth Early Years SEND Drop-In

Support and advice for parents and carers of children with Special Educational needs.
13 April, 18 May, 29 June
9.30 – 11.30

Streatham Hub Children's Centre

Stay and Play & Baby Explorers 0-4 years
9.30 – 11.00
Please call to book

HENRY Fussy Eating Workshop with creche

13 April | 9.30 – 11.30

HENRY Starting Solids Workshop

27 April | 9.30 – 11.30
To register visit:
evelinalondon.nhs.uk/henry

Better Start Worker 1-1 Support 0-4 years

By appointment
Please call to book

Gracefield Gardens Health Centre

Breast Feeding Support Drop In
9.30 – 11.30

Streatham Youth and Community Trust

Stay and Play 0-4 years
9.30 – 11.00
Please call to book

Tuesday AM

Hitherfield Children's Centre

Strengthening Families
Strengthening Communities 13
Week Parenting course with creche.
14 April – 14 July
9.30 – 12.30
To register visit <https://bit.ly/SFSC>
Lambeth or call 07568 116 298

Being A Parent ADHD

10 week course
28 April – 7 July
10.00 – 12.30
To register visit
www.lambeth.gov.uk/parenting

Sunnyhill Children's Centre

Midwife Breast Feeding Support
By Appointment

Streatham Hub Children's Centre Stay and Play & Baby Explorers 0-4 years
9.30 – 11.00
Please call to book

Wednesday AM

Hitherfield Children's Centre

Baby Explorers 0-12 months
9.30 – 11.00
Please call to book

Sunnyhill Children's Centre

Speech & Language Therapy Clinic
By Appointment

Better Start Worker 1-1 Support 0-4 years

By appointment
Please call to book

Hillside Gardens One O'clock Club

Professional Carers Group
Network support and activities for registered professional childcare providers and the children in their care
22 April – 8 July
9.30 – 11.00

Thursday AM

Hitherfield Children's Centre

Circle of Security Parenting
8 week Parenting Course with Creche
30 April – 9 July
9.30 – 11.30
To register visit:
www.lambeth.gov.uk/parenting

Knit & Play

23 April – 9 July
9.30 – 11.00
Please call to register

Sunnyhill Children's Centre

Speech & Language Therapy Clinic
By appointment

Friday AM

Hitherfield Children's Centre

Child Health Review Clinic
By Appointment

Better Start Worker 1-1 Support 0-4 years

By appointment
Please call to book

Little Connections

Speech and Language Support Group with Speech Therapist
By appointment

Sunnyhill Children's Centre

SEND Music Hour
Activities and music for children with special educational needs and disabilities
17 April – 17 July
9.30 – 11.00
Please call to book

CHATTERTIME!

Speech and language development stay and play
9.30 – 11.00
Please call to book

Baby Chat

Ante-natal sessions
1 & 22 May, 12 June and 3 & 24 July
10.00 – 12.00
To register visit:
www.lambeth.gov.uk/parenting

Hillside Gardens One O'clock Club

Outdoor Stay and Play & Natural Thinkers
9.30 – 11.00
Activities especially for children 12 months – 4 years
Please call to book



For Better Start Information, Guidance and Advice Appointments. Ask at reception



Streatham Virtual Session – online or by phone

Hitherfield Children’s Centre
 📍 Hitherfield Rd, SW16 2LW
 ☎ 020 8835 9569

Streatham Hub Children’s Centre
 📍 388 Streatham High Road, SW16 6HX
 ☎ 020 4548 2561

Sunnyhill Children’s Centre
 📍 Harborough Road, SW16 2XW
 ☎ 020 4548 2561

Hillside Gardens One O’clock Club
 📍 Hillside Road, SW2 3HL
 ☎ 020 8835 9569

Streatham Youth and Community Trust
 📍 The Hut, Abercairn Rd, SW16 5AL
 ☎ 020 3146 4179

Gracefield Gardens Health Centre
 📍 2–8 Gracefield Gardens, SW16 2ST
 ☎ 020 3049 5030

Monday PM

Hitherfield Children’s Centre

Hola! Stay and Play
 Early Years activities especially for children and families whose first language is Spanish or Portuguese
 1.00 – 3.00
 Please call to book

Felix Food Project
 By referral
 Please call for more information

Making It REAL
 1–1 sessions to support your child’s early literacy and development. Please ask for more information or call to register interest

Infant Massage Strokes Refresher Sessions
 1.00 – 2.30
 Please call for more information or to register interest

Baby Massage
 5 Week Course for new parents with babies 0 – 6 months
 8 June – 6 July
 1.00 – 2.30
 Please call to register interest

Sunnyhill Children’s Centre
Child Health Review Clinic
 By Appointment

Streatham Hub Children’s Centre
Stay and Play & Baby Explorers 0 – 4 years
 1.00 – 3.00
 Please call to book

Streatham Youth and Community Trust
Baby Explorers 0 – 18 months
 1.00 – 2.30
 Please call to book

Tuesday PM

Hitherfield Children’s Centre

Employment and Training Support
 By Appointment
 1.00 – 3.00
 Please call to book

Yoga With Your Baby
 5 week course for parents with their babies under 6 months
 2 – 30 June
 1.00 – 3.00
 Please call to register

Sunnyhill Children’s Centre
Midwife Breast Feeding Support
 By Appointment

HENRY Healthy Families
 8 week course with creche
 12 May – 7 July
 12.30 – 3.00
 To register visit:
evelinalondon.nhs.uk/henry

Streatham Hub Children’s Centre
Better Start Worker 1–1 Support 0 – 4 years
 By appointment
 Please call to book

Stay and Play 0 – 4 years
 1.00 – 3.00
 By appointment
 Please call to book

Wednesday PM

Hitherfield Children’s Centre

Citizen Advice Workshop
 29 April & 17 June
 1.00 – 3.00
 Advice on how to maximise income, and budget more effectively. Crèche available.
 Please call to book.

Sunnyhill Children’s Centre
Baby Steps Postnatal Group
 3, 10, 17 June & 8, 15, 22 July
 12.30 – 4.00
 By appointment

Speech & Language Therapy Clinic
 By appointment

Hillside Gardens One O’clock Club
Stay and Play 0 – 4 years
 1.30 – 3.00
 Please call to book

Gracefield Gardens Health Centre
Baby Steps
 Antenatal Classes
 6.00 – 8.00

Thursday PM

Hitherfield Children’s Centre

Better Start Worker 1–1 Support 0 – 4 years
 By appointment
 Please call to book

Baby Explorers 0 – 12 months
 1.30 – 3.00
 Please call to book

SLRA Surgery Immigration Advice Appointments
 1.00 – 3.00
 Please call to book

Sunnyhill Children’s Centre
Better Start Worker 1–1 Support 0 – 4 years
 By appointment
 Please call to book

SEND Sensory Room
 For children with disabilities and special educational needs
 Please call to book
 1.00 – 3.00

Speech & Language Therapy Clinic
 By appointment

Friday PM

Child Health Review Clinic
 By Appointment



For Better Start Information, Guidance and Advice Appointments. Ask at reception

All information is correct at time of going to print. Please check online at lambeth.gov.uk/childrenscentres for the most up to date version of the timetable.

