



**Brixton/Tulse Hill Better Start area**  
**Weekly timetable Summer 2026**

SR00169935 (3.26)



Lambeth's Family Hub Network  
Lambeth's Start for Life offer



# Brixton/Tulse Hill map

## Children's Centres

- 1 Jubilee Children's Centre
- 2 Loughborough Children's Centre

## One O'clock Clubs

- 1 Brockwell Children's Centre
- 2 Max Roach One O'clock Club

## Health Centres

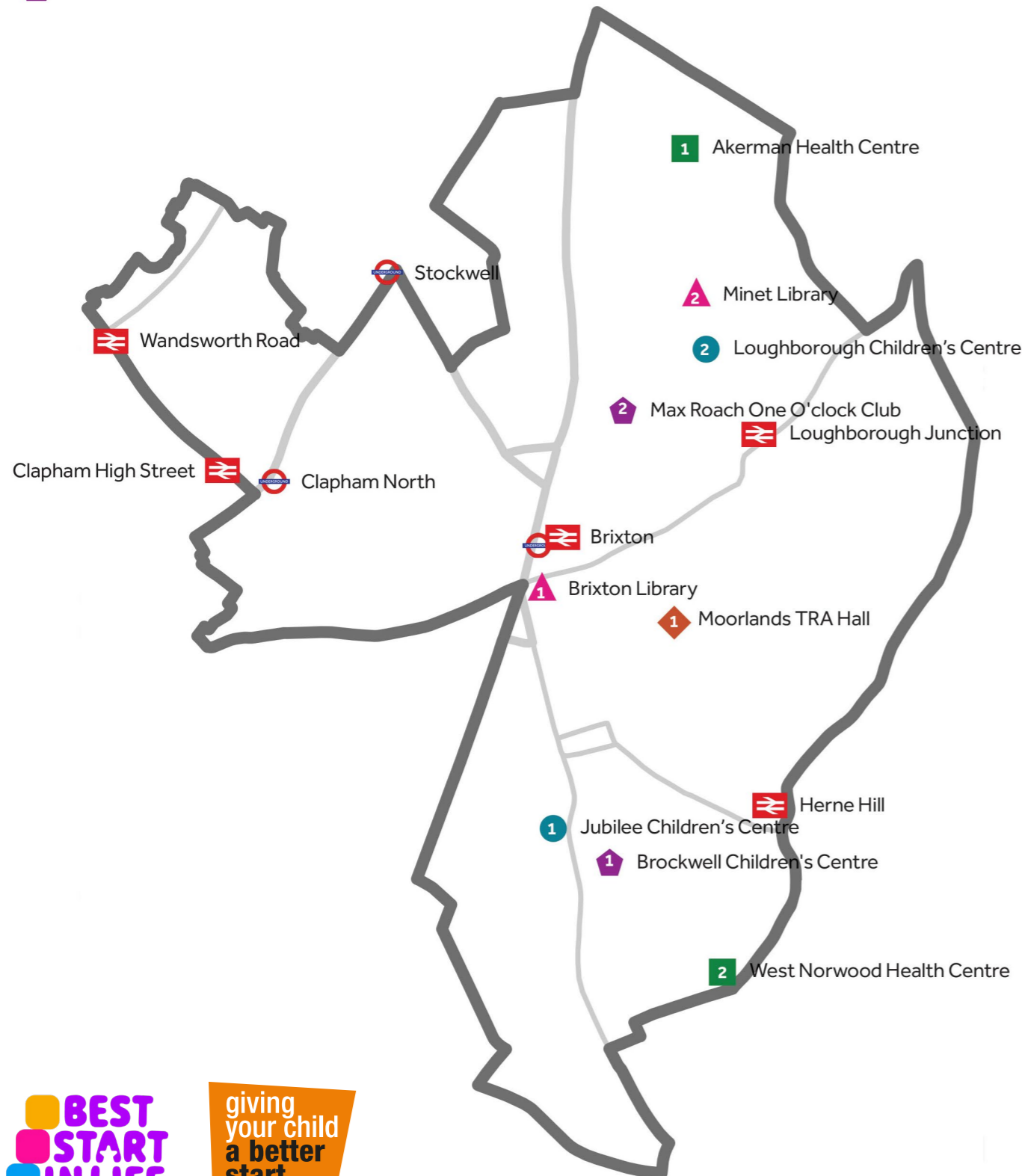
- 1 Akerman Health Centre
- 2 West Norwood Health Centre

## Moorlands TRA Hall

- 1 Moorlands TRA Hall

## Libraries

- 1 Brixton Library
- 2 Minet Library



# Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 🗣️ Communication and Language groups
- 🌿 Natural Thinkers
- 🗣️ Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👨‍👩‍👧‍👦 Child Health Clinics – currently by appointment only
- 📄 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👨‍👩‍👧‍👦 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)
- 📝 ESOL
- 🎓 Adult Learning classes
- 👨‍👩‍👧‍👦 Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 📄 Financial Support – Citizens Advice
- 👨‍👩‍👧‍👦 Free childcare and Early Learning for two year olds
- 👨‍👩‍👧‍👦 HENRY – Developing the skills to adopt a healthy lifestyle  
For more info email [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)





For more information on our services scan the QR code



**Jubilee Children's Centre**  
 Tulse Hill, SW2 2JE  
 020 8678 6530

**Loughborough Children's Centre**  
 Minet Road, SW9 7UA  
 020 7274 8374

**Brockwell Children's Centre (previously the One O'clock Club)**  
 Brockwell Park, Arlingford Road, SW2 2TA  
 020 8678 6530

## Monday AM

### Jubilee Children's Centre

**Antenatal Checks**  
 9.00 – 4.00  
 By appointment

**Stay and Play 0–4 years**  
 9.45 – 11.15

**Children's Vaccination Drop – In**  
 27 April & 13 July @ Stay and Play  
 9.45 – 11.15

**Baby Massage**  
 20 April – 11 May  
 10.00 – 11.30  
 Call to book

### Loughborough Children's Centre

**Health Visitors**  
 By appointment

**Chattertime Speech & Language, Stay and Play**  
 14 months – 4 years  
 9.45 – 11.15

**Postnatal Checks**  
 9.00 – 4.00  
 By appointment

**Food Bags** By referral

## Tuesday AM

### Jubilee Children's Centre

**Kineara Housing support**  
 Monthly  
 9.30 – 1.00  
 Call to book

**Child Health Reviews**  
 By appointment  
 Call 020 3049 5300 and ask to book at Jubilee

**Breathe Melodies for Mums**  
 Singing programme for new mothers (and their babies)  
 12 May – 14 July  
 9.15 – 10.00 & 10.00 – 11.20  
 Book here: [m4m@breatheahr.org](mailto:m4m@breatheahr.org) or 07511 214 069

### Loughborough Children's Centre

**Children's Vaccination Drop – In**  
 13 May & 11 Aug @ Stay and Play  
 9.45 – 11.15

**Cambridge Law**  
 Every 2 weeks  
 10.00 – 12.00  
 Call to book

**Stay and Play 0–4 years**  
 9.45 – 11.15

**CONTACT**  
 Advice for families with children with disabilities  
 By appointment  
 Call to book

### Brockwell Children's Centre

**Stay and Play 0–4 years**  
 9.45 – 11.15

**Sensory Room**  
 9.45 – 11.15  
 Call to book

## Wednesday AM

### Jubilee Children's Centre

**Baby and Me**  
 0 – 14 months  
 10.00 – 11.30

**Child Health Reviews**  
 By appointment  
 Call 020 3049 5300 and ask to book a Jubilee

### Loughborough Children's Centre

**Conversation Group (Every day English for ESOL families)**  
 22 April – 8 July  
 9.30 – 11.15  
 Call to book

**KCH Ante/Postnatal Breastfeeding Support**  
 Referral only

**CONTACT**  
 Advice for families with children with disabilities  
 By appointment  
 Call to book

### Brockwell Children's Centre

**Stay and Play 0–4 years**  
 9.45 – 11.15

**Sensory Room**  
 9.45 – 11.15  
 Call to book

## Thursday AM

### All sites

**Employment and Training Support**  
 9.30 – 12.00  
 Call to book

**Citizen's Advice Appointments**  
 10.00 – 1.00  
 Call to book

### Jubilee Children's Centre

**Monthly Healthy Weight Clinic The last Friday of the month**  
 By appointment

**6-8 week Health Checks**  
 By appointment

**Little twinkles**  
 SEN stay and play session  
 0 – 4 years

**Second Thursday of the month**  
 9.45 – 11.15

**Hear and Play**  
 For Hearing impaired children.  
**Third Thursday of the month**  
 10.00 – 12.00

**Specialist breastfeeding support by referral**

### Loughborough Children's Centre

**KCH Ante/Postnatal Breastfeeding Support**  
 Referral only

**Little Green Fingers Stay, Play 0–4 years**  
 9.45 – 11.15

### Brockwell Children's Centre

**Children's Vaccination Drop – In**  
 11 June @ Stay and Play  
 9.45 – 11.15

**Stay and Grow 0–4 years**  
 9.45 – 11.15

**Sensory Room**  
 9.45 – 11.15 | Call to book

## Friday AM

### Jubilee Children's Centre

**Breastfeeding Support Drop-in Group**  
 10.00 – 12.00

**Antenatal Checks**  
 9.00 – 4.00  
 By appointment

**Little Connections Speech and Language Group**  
 10.30 – 11.45  
 Invite Only

### Loughborough Children's Centre

**Little Plates, Big Flavours (Young Parents group for 25 and under)**  
 10.30 – 12.30

**Baby and Me**  
 0 – 14 months  
 10.00 – 11.30

**DWP Employment & Benefit Support** Call to book

**Child Health Reviews**  
 By appointment  
 Call 020 3049 5300 and ask to book at Loughborough

**Baby Chat**  
 19 June | 10.00 – 12.00  
 Book: [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)

## Saturday AM

### Brockwell Children's Centre

**Dads Stay and Play Time term only**  
 10.00 – 12.00  
 Drop in



## Venue Details

**Jubilee Children's Centre**  
 Tulse Hill, SW2 2JE  
 020 8678 6530

**Loughborough Children's Centre**  
 Minet Road, SW9 7UA  
 020 7274 8374

**Brockwell Children's Centre (previously the One O'clock Club)**  
 Brockwell Park, Arlingford Road, SW2 2TA  
 020 8678 6530



**For Better Start Information, Guidance and Advice Appointments. Ask at reception**



## Brixton/Tulse Hill area weekly timetable Summer 2026

### Monday PM

#### Jubilee Children's Centre

##### Jewellery Making

27 April – 6 July  
 1.15 – 3.15  
 Call to book

##### Antenatal Checks

9.00 – 4.00  
 By appointment

##### Toilet Training

13 July  
 1.15 – 3.15  
 Call to book

##### Autism Workshops

22, 29, June & 6 July  
 No crèche  
 Book: [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)

#### Loughborough Children's Centre

##### Yoga for Parents and Babies

Enrolment 18 May  
 1 June – 6 July

##### Postnatal Checks

9.00 – 4.00  
 By appointment

##### Food Bags

By referral

##### Sleep Workshop

6 July  
 1.15 – 3.15  
 Call to book

##### Pre-booked Health Visitor appointments & 6-8 week checks

Call 020 3049 5300 and ask to book at Loughborough

##### Toilet Training

20 July  
 1.15 – 3.15  
 Call to book

##### Making it REAL

Learn & Play  
 15 – 29 June  
 1.30 – 2.30  
 Call to book

### Tuesday PM

#### Jubilee Children's Centre

##### ESOL

28 April – 14 July  
 1.15 – 3.00  
 Call to book

##### Making it REAL

By appointment ask for more information

##### Child Health Reviews

By appointment  
 Call 020 3049 5300 and ask to book a Jubilee

#### Loughborough Children's Centre

##### Online Safety

5 May – 19 May  
 1.15 – 3.15  
 Call to book

##### Machine Sewing

Enrolment 19 May  
 2 June – 7 July  
 1.15 – 3.15

##### Postnatal Checks

9.00 – 4.00  
 By appointment

##### Making it REAL

21 & 28 April  
 By appointment ask for more information

#### Brockwell Children's Centre

##### Baby Steps

1.00 – 3.00  
 BabySteps@gstt.nhs.uk

### Wednesday PM

#### Jubilee Children's Centre

##### Child Health Reviews

By appointment. Call 020 3049 5300 to book (not available on the third Wednesday of the month)

##### HENRY Starting Solids

29 April | 1.15 – 3.15  
 Book: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

##### Autism Workshops

29 April & 6, 13 May | 1.00 – 3.00  
 Book: [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)

##### HENRY Fussy Eating

24 June | 1.15 – 3.15  
 Book: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

##### Digital Skills

20, 27 May & 3, 10 June  
 1.15 – 3.15 | Call to book

##### Making it REAL Learn & Play

1 – 15 July | 1.30 – 2.30  
 Call to book

#### Loughborough Children's Centre

##### HENRY Fussy Eating

13 May | 1.15 – 3.15  
 Book: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

##### HENRY Starting Solids

8 July | 1.15 – 3.15  
 Book: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

##### Baby Massage

3 – 24 June | 1.30 – 3.00  
 Call to book

##### Save a Child First Aid

15 April | 1.15 – 3.15. Call to book

##### KCH Ante/Postnatal Breastfeeding Support

Referral only

#### Brockwell Children's Centre

##### Making it REAL Learn & Play

1 – 15 July | 1.30 – 2.30  
 Call to book

### Thursday PM

#### Jubilee Children's Centre

##### Specialist breastfeeding support

By referral

##### Child Health Reviews

By appointment  
 Call 020 3049 5300 and ask to book a Jubilee

##### Food Bus Larder

Low cost / free fresh food (Healthy Start Vouchers can be used here) Parked outside the centre between 2.00 – 4.00  
 Drop-in

##### Hand Sewing and Embroidery

Enrolment 21 May  
 4 June – 9 July  
 1.15 – 3.15  
 Call to book

#### Loughborough Children's Centre

##### Circle of Security Parenting

30 April – 2 July  
 1.15 – 3.15  
 Book: [lambeth.gov.uk/parenting](http://lambeth.gov.uk/parenting)

##### KCH Ante/Postnatal Breastfeeding Support

Referral only

#### Brockwell Children's Centre

##### Baby Steps

1.00 – 3.00  
 BabySteps@gstt.nhs.uk

### Friday PM

#### Jubilee Children's Centre

##### Antenatal Checks

9.00 – 4.00  
 By appointment

##### Share, Learn and Play

Womens Group  
 12.30 – 2.30  
 Term time only

##### Vamos A Jugar

Spanish and Portuguese Stay & Play  
 1.30 – 2.30  
 Term time only

##### HENRY Healthy Teeth Workshop

26 June  
 1.15 – 3.15  
 Book: [gst-tr.HVsupportanddevelopmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

##### Job Club

8 May  
 1.15 – 3.15  
 Call to book

##### Job and Coffee Club

26 June  
 1.15 – 3.15  
 Call to book

#### Loughborough Children's Centre

##### PAIRS 1 – 1 Support

By appointment

##### Real Life Fridays (Young Parents Group for 25 and under) with crèche

1.00 – 2.30

##### DWP Employment & Benefit Support

Call to book

All information is correct at time of going to print. Please check online at [lambeth.gov.uk/childrenscentres](http://lambeth.gov.uk/childrenscentres) for the most up to date version of the timetable.

