

A photograph of two young children sitting on a light-colored floor. The child on the left is a white toddler with a white headband and a light blue dress, looking towards the right. The child on the right is a Black toddler with curly hair, wearing a brown and white striped sweater and blue jeans, holding a yellow toy in their mouth. The background is blurred, showing a play area with various toys.

Brixton/Tulse Hill Better Start area Weekly timetable Autumn 2026



**HEALTHY
BABIES**

Lambeth's Family Hub Network
Lambeth's Start for Life offer



Brixton/Tulse Hill map

Children's Centres

- 1 Jubilee Children's Centre
- 2 Loughborough Children's Centre

One O'clock Clubs

- 1 Brockwell Children's Centre
- 2 Max Roach One O'clock Club

Health Centres

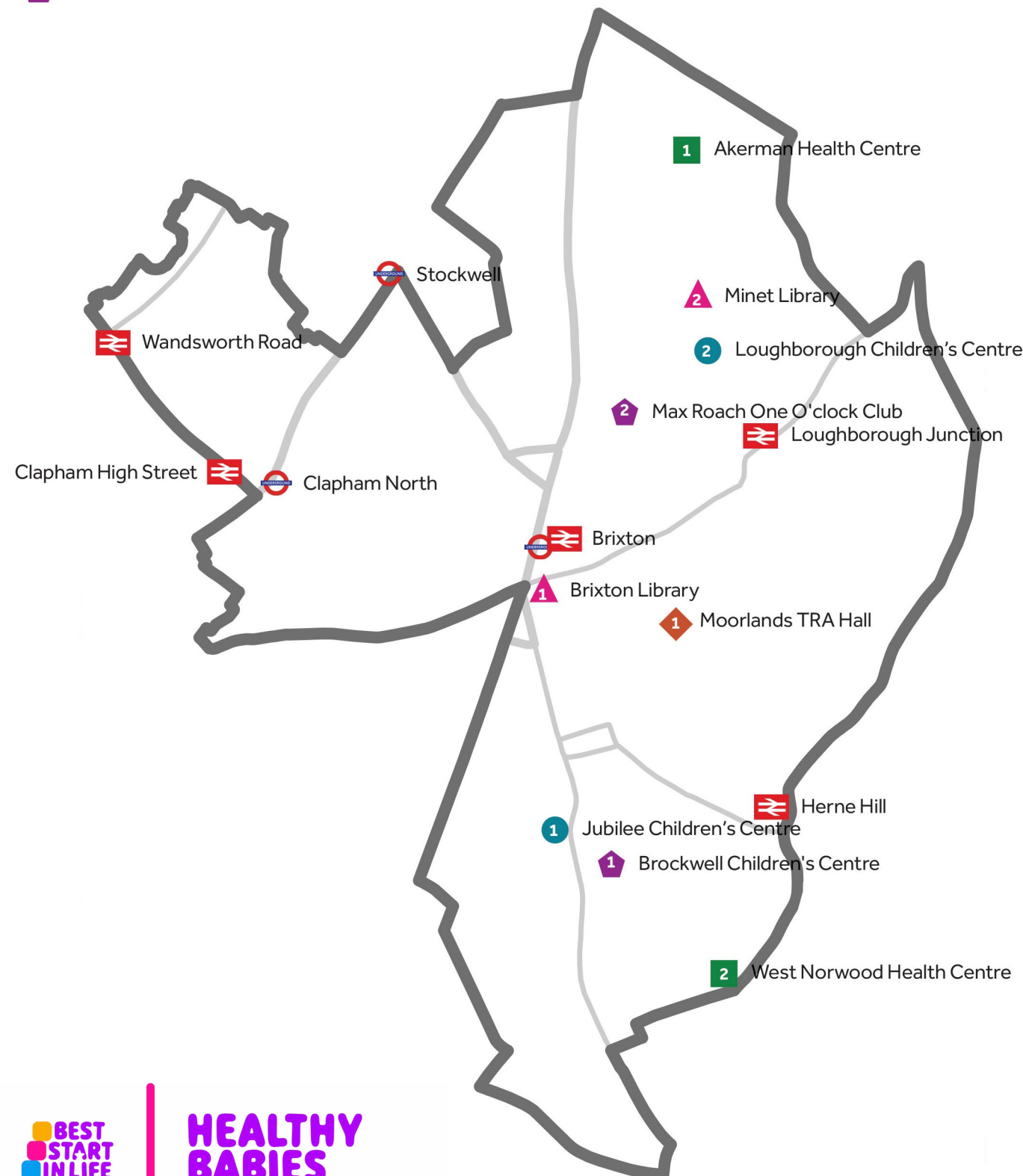
- 1 Akerman Health Centre
- 2 West Norwood Health Centre

Libraries

- 1 Brixton Library
- 2 Minet Library

Moorlands TRA Hall

- 1 Moorlands TRA Hall



Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 💬 Communication and Language groups
- 🌿 Natural Thinkers
- 💬 Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👤 Child Health Clinics – currently by appointment only
- 📄 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👤 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit lambeth.gov.uk/parenting
- 📝 ESOL
- 🎓 Adult Learning classes
- ✅ Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 💰 Financial Support – Citizens Advice
- 👶 Free childcare and Early Learning for two year olds
- 👤 HENRY – Developing the skills to adopt a healthy lifestyle
For more info email gst-tr.HVsupportanddevelopmentworker@nhs.net



For more information
on our services scan
the QR code

Venue Details

Brixton/Tulse Hill area weekly timetable Autumn 2026

Jubilee Children's Centre

📍 Tulse Hill, SW2 2JE

☎ 020 8678 6530

Loughborough

Children's Centre

📍 Minet Road, SW9 7UA

☎ 020 7274 8374

Brockwell Children's Centre (previously the One O'clock Club)

📍 Brockwell Park, Arlingford
Road, SW2 2TA

☎ 020 8678 6530

Monday AM

Jubilee Children's Centre

Antenatal Checks

9.00 – 4.00
By appointment

Stay and Play

0–4 years
9.45 – 11.15

Baby Massage

28 Sept – 19 Oct
10.00 – 11.30
Call to book

Loughborough Children's Centre

Health Visitors

By appointment

Chattertime Speech & Language, Stay and Play

14 months – 4 years
9.45 – 11.15

Postnatal Checks

9.00 – 4.00
By appointment

Food Bags By referral

Tuesday AM

Jubilee Children's Centre

Kineara Housing support

Bi-weekly
9.30 – 1.00
Call to book

Child Health Reviews

By appointment
Call 020 3049 5300 and ask to
book at Jubilee

Breathe Melodies for Mums

Singing programme for new
mothers (and their babies)
13 Oct – 15 Dec
10.00 – 11.00 and 11.40 – 1.00
Book here: m4m@breatheahr.org
or 07511 214 069

Starting Solids Foods Workshop (HENRY)

6 Oct and 10 Nov
Book here: [gst-tr.HVsupportand
developmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

Loughborough Children's Centre

Together Time

20 Oct – 8 Dec
10.00 – 11.30
Book here: [lambeth.gov.uk/
parenting](http://lambeth.gov.uk/parenting)

Stay and Play

0–4 years
9.45 – 11.15

CONTACT

Advice for families with children
with disabilities
By appointment
Call to book

Brockwell Children's Centre

'Natural Thinkers' Stay and Play 0–4 years

9.45 – 11.15

Sensory Room

9.45 – 11.15
Call to book

Wednesday AM

Jubilee Children's Centre

Baby and Me

0 – 14 months
10.00 – 11.30

Child Health Reviews

By appointment
Call 020 3049 5300 and ask to
book a Jubilee

Loughborough Children's Centre

EPEC

Being a Parent 2 – 11 years
30 Sept – 2 Dec
9.45 – 11.45
Book here: [lambeth.gov.uk/
parenting](http://lambeth.gov.uk/parenting)

KCH Ante/Postnatal Breastfeeding Support

Referral only

CONTACT

Advice for families with children
with disabilities
By appointment
Call to book

Brockwell Children's Centre

Stay and Play 0 – 4 years

9.45 – 11.15

Sensory Room

9.45 – 11.15
Call to book

My Blood Your Blood, Stay and Play

Free copy of the book
Call to book

Thursday AM

All sites

Employment and Training Support

9.30 – 12.00
Call to book

Citizen's Advice Appointments

10.00 – 1.00
Call to book

Jubilee Children's Centre

Little twinkles

SEN stay and play session
0 – 4 years

Second Thursday of the month

9.45 – 11.15

Hear and Play

For Hearing impaired children.

Third Thursday of the month

10.00 – 12.00

Monthly Healthy Weight Clinic The last Friday of the month

By appointment

Health Checks (6 – 8 weeks)

By appointment

Specialist breastfeeding support by referral

Loughborough Children's Centre

KCH Ante/Postnatal Breastfeeding Support

Referral only

Little Green Fingers Stay, Play 0 – 4 years

9.45 – 11.15

Brockwell Children's Centre

Stay and Play

0–4 years
9.45 – 11.15

Sensory Room

9.45 – 11.15
Call to book

Friday AM

Jubilee Children's Centre

Breastfeeding Support

Drop-in Group
10.00 – 12.00

Antenatal Checks

9.00 – 4.00
By appointment

Little Connections Speech and Language Group

10.30 – 11.45
Invite Only

Loughborough Children's Centre

Child Health Reviews

By appointment
Call 020 3049 5300 and ask to
book at Loughborough

Baby and Me

0 – 14 months
10.00 – 11.30

DWP Employment & Benefit Support Call to book

Starting Solids Foods Workshop (HENRY)

16 Oct and 10 Dec
Book here: [gst-tr.HVsupportand
developmentworker@nhs.net](mailto:gst-tr.HVsupportanddevelopmentworker@nhs.net)

Baby Chat Antenatal Workshop

23 Oct and 27 Nov
10.00 – 12.00
Book: lambeth.gov.uk/parenting

Saturday AM

Brockwell Children's Centre

Dads Stay and Play

Term time only
10.00 – 12.00
Drop in



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 📍 Tulse Hill, SW2 2JE
 ☎ 020 8678 6530

Loughborough Children's Centre
 📍 Minet Road, SW9 7UA
 ☎ 020 7274 8374

Brockwell Children's Centre (previously the One O'clock Club)
 📍 Brockwell Park, Arlingford Road, SW2 2TA
 ☎ 020 8678 6530



For Better Start Information, Guidance and Advice Appointments. Ask at reception



HEALTHY BABIES

Brixton/Tulse Hill area weekly timetable Autumn 2026

Monday PM

Jubilee Children's Centre

Digital Skills
 9 Nov – 30 Nov
 1.15 – 3.15
 Call to book

Antenatal Checks
 9.00 – 4.00
 By appointment

Toilet Training Workshop (HENRY)
 14 Dec
 1.15 – 3.15
 Call to book

Loughborough Children's Centre

Digital Skills
 21 Sept – 12 Oct
 1.15 – 3.15
 Call to book

Family Cooking HIGHTREES
 2 Nov – 14 Dec
 1.15 – 3.15
 Call to book

Postnatal Checks
 9.00 – 4.00
 By appointment

Food Bags By referral

Pre-booked Health Visitor appointments & 6-8 week checks
 Call 020 3049 5300 and ask to book at Loughborough

Making it REAL
 Learn & Play
 14 Sept
 1.30 – 2.30
 Call to book

Fussy Eating (HENRY)
 19 Oct
 1.15 – 3.15
 Book here: gst-tr.HVsupportanddevelopmentworker@nhs.net

Tuesday PM

Jubilee Children's Centre

ESOL
 Enrolment 29 Sept
 6 Oct – 15 Dec
 1.15 – 3.15
 Call to book

Making it REAL
 By appointment ask for more information

Child Health Reviews
 By appointment
 Call 020 3049 5300 and ask to book a Jubilee

Loughborough Children's Centre

Fussy Eating (HENRY)
 15 Dec
 1.15 – 3.15
 Book here: gst-tr.HVsupportanddevelopmentworker@nhs.net

8 week Programme Healthy Families(HENRY)
 1.00 – 3.30
 29 Sept – 24 Nov
 Book here: gst-tr.HVsupportanddevelopmentworker@nhs.net

Postnatal Checks
 9.00 – 4.00
 By appointment

Making it REAL
 1 Dec
 By appointment ask for more information

Brockwell Children's Centre

Making it REAL
 Learn & Play
 8 Dec
 1.30 – 2.30
 Ask to find out more

Wednesday PM

Jubilee Children's Centre

Child Health Reviews
 By appointment. Call 020 3049 5300 to book (not available on the third Wednesday of the month)

Making it REAL Learn & Play
 4 Nov – 25 Nov
 1.30 – 2.30
 Call to book

Chat, Play and Read
 Stay and Play
 1.15 – 3.15
 Call to book

Online and Technology
 What is ok for my toddler?
 2 Dec
 1.15 – 3.15
 Call to book

Loughborough Children's Centre

Renters Rights Session
 23 Sept
 1.15 – 3.15
 Call to book

Talitha Arts Wellbeing Workshops
 16 Sept – 21 Oct
 1.15 – 3.15
 By invitation from Betterstart Worker

Baby Massage
 4 Nov – 25 Nov
 1.30 – 3.00
 Call to book

KCH Ante/Postnatal Breastfeeding Support
 Referral only

Brockwell Children's Centre

Making it REAL Learn & Play
 2 Dec – 16 Dec
 1.30 – 2.30
 Ask to find out more

Thursday PM

Jubilee Children's Centre

Specialist breastfeeding support
 By referral

Child Health Reviews
 By appointment
 Call 020 3049 5300 and ask to book a Jubilee

Food Bus Larder
 Low cost / free fresh food (Healthy Start Vouchers can be used here)
 Parked outside the centre between 2.00 – 4.00

Machine Sewing
 Enrolment 22 Oct
 5 Nov – 10 Dec
 1.15 – 3.15
 Call to book

Loughborough Children's Centre

Toilet Training Workshop (HENRY)
 8 Oct
 1.15 – 3.15
 Call to book

ESOL HIGHTRESS
 1 Oct – 17 Dec (no class on 8 Oct)
 1.15 – 3.15
 Call to book

KCH Ante/Postnatal Breastfeeding Support
 Referral only

Brockwell Children's Centre

Making it REAL Learn & Play
 7 Oct, 14 Oct, 21 Oct, 28 Oct
 1.30 – 2.30
 Call to book

First Words Together Stay and Play
 26 Nov
 1.30 – 3.00
 Call to book

Friday PM

Jubilee Children's Centre

Antenatal Checks
 9.00 – 4.00
 By appointment

Share, Learn and Play
 Womens Group
 12.30 – 2.30
 Term time only

Vamos A Jugar
 Spanish and Portuguese
 Stay & Play
 12.30 – 2.30
 Term time only

Fussy Eating (HENRY)
 6 Nov
 1.15 – 3.15
 Book: gst-tr.HVsupportanddevelopmentworker@nhs.net

Loughborough Children's Centre

Starting Solids Foods Workshop (HENRY)
 16 Oct
 1.15 – 3.15
 Book here: gst-tr.HVsupportanddevelopmentworker@nhs.net

PAIRS 1 – 1 Support
 By appointment

Young Parents Group for 25 and under with crèche
 1.00 – 3.30

DWP Employment & Benefit Support
 Call to book