



Clapham and Brixton Hill Better Start area

Weekly timetable Autumn 2026



**HEALTHY
BABIES**

Lambeth's Family Hub Network
Lambeth's Start for Life offer



Clapham and Brixton Hill map

Children's Centres

- 1 Maytree Children's Centre
- 2 Treehouse Children's Centre
- 3 Clapham Manor at Triangle

One O'clock Clubs

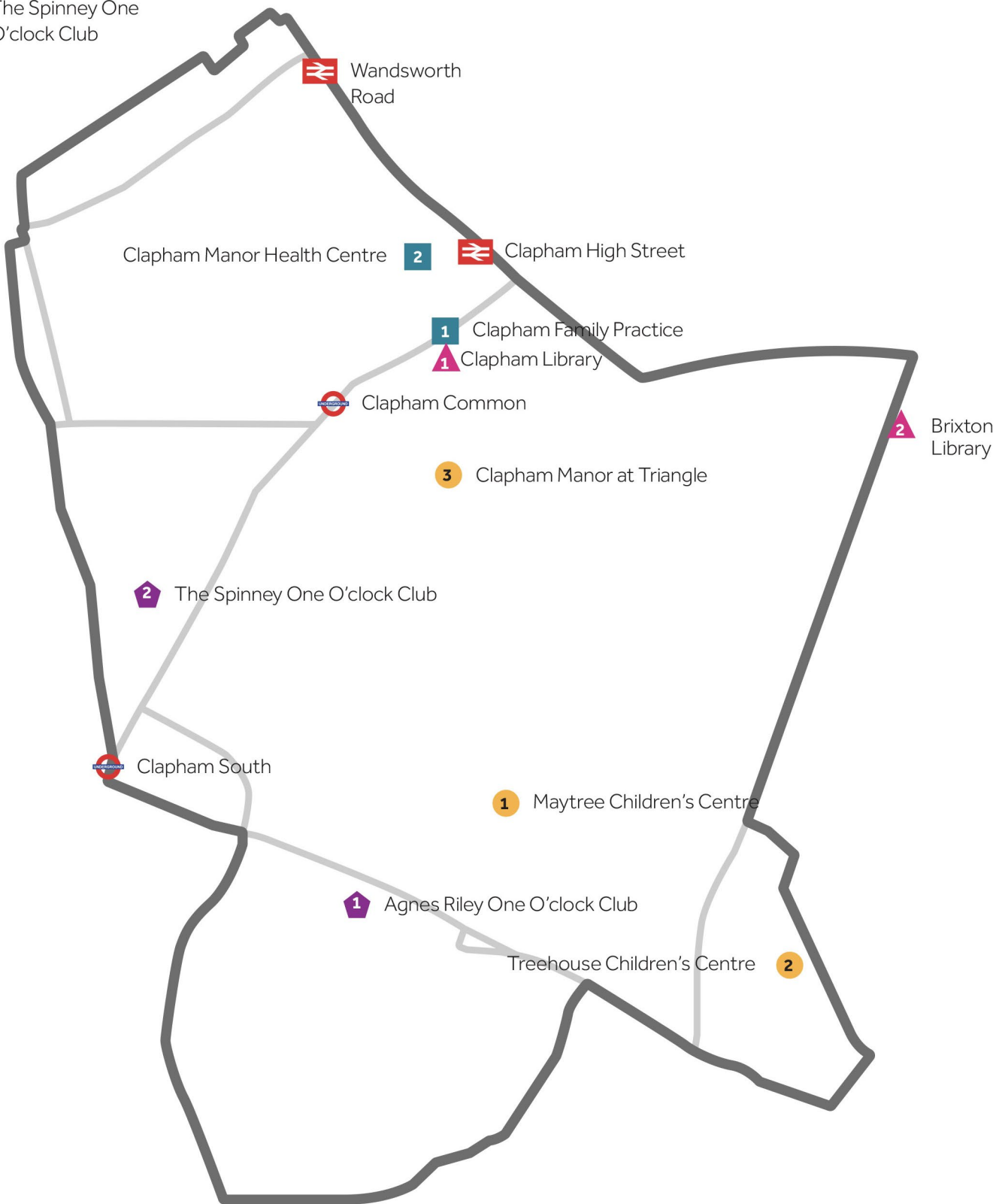
- 1 Agnes Riley One O'clock Club
- 2 The Spinney One O'clock Club

Health Centres

- 1 Clapham Family Practice
- 2 Clapham Manor Health Centre

Libraries

- 1 Clapham Library
- 2 Brixton Library



Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 💬 Communication and Language groups
- 🌿 Natural Thinkers
- 💬 Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👤 Child Health Clinics – currently by appointment only
- 📄 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👤 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit lambeth.gov.uk/parenting
- ✍ ESOL
- 🎓 Adult Learning classes
- 👤 Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 💰 Financial Support – Citizens Advice
- 👶 Free childcare and Early Learning for two year olds
- 👤 HENRY – Developing the skills to adopt a healthy lifestyle
For more info email gst-tr.HVsupportanddevelopmentworker@nhs.net



For more information on our services scan the QR code

Venue Details

Clapham and Brixton Hill area weekly timetable Autumn 2026

All centres will open from 8 September 2026					
Clapham and Brixton Hill Virtual Session – online or by phone Tree House Children’s Centre 📍 66 Upper Tulse Hill, SW2 2R ☎ 020 8674 6060 Clapham Manor at Triangle 📍 Triangle Nursery school, 25 William Bonney Estate Clapham Crescent SW4 7JQ ☎ 020 7622 1393 Maytree Children’s Centre 📍 4 Allingham Road, SW4 8EG ☎ 020 8671 3298 Agnes Riley One O’clock Club 📍 Atkins Road, SW12 0AH ☎ 020 8671 3298 The Spinney One O’clock Club 📍 Windmill Drive, Clapham Common, SW4 9DE ☎ 020 7627 9917 Clapham Manor Health Centre 📍 86 Clapham Manor St, SW4 6EB ☎ 020 7411 6866 Clapham Family Practice 📍 Mary Seacole Centre, 89 Clapham High St, SW4 7DB ☎ 020 3049 6600 Clapham Library 📍 Mary Seacole Centre, 91 Clapham High St, SW4 7DB ☎ 020 7926 0717 Brixton Library 📍 Brixton Road, SW2 1JQ ☎ 020 7926 1058	Monday AM Clapham Manor at Triangle Sensory Room Experience 10.00 – 10.45 and 11.00 – 11.45 Please contact any centre to book Baby Explorers 0 – 12 months 10.00 – 11.00 Lambeth Talking Therapies Ask about self-referrals Tree House Children’s Centre Buenos dias/ Good Morning Club 0 – 5 years 10.00 – 11.30	Tuesday AM Clapham Manor at Triangle Sensory Room Experience 10.00 – 10.45 and 11.00 – 11.45 Please contact any centre to book Child Health Review 9.30 – 4.00 By appointment only Breastfeeding Support Group - Drop in 12.00 – 2.00 Maytree Children’s Centre Citizen’s Advice Face to Face Appointments 10.00 – 1.00 Please call any centre to book Baby Sing Along 0 – 12 months 10.00 – 11.00 Agnes Riley One O’clock Club Stay & Play with Brunch Club 0 – 5 years Agnes Riley 9.30 – 11.00 Tree House Children’s Centre Starting Solids Foods Workshop (HENRY) 3 Nov and 24 Nov 10.00 – 12.00 gst-tr.HVsupportanddevelopmentworker@nhs.net	Wednesday AM Virtual Session Speech and Language for Under 2s 10.00 – 11.00 Email gst-tr.contacts@nhs.net to register or book a place Clapham Manor at Triangle Sensory Room Experience 10.00 – 10.45 and 11.00 – 11.45 Please contact any centre to book Child Health Review 9.30 – 4.00 By appointment only Stay and Play 0 – 5 years 10.00 – 11.30 DWP Employment & Benefit Support 9.30 – 12.30 Please call any centre to book Maytree Children’s Centre Employment and Training Support Please call any centre to book Child Health Review Appointments By appointment with Healthvisitor only Tree House Children’s Centre Stay and Play 0 – 5 years 10.00 – 11.30	Thursday AM Clapham Manor at Triangle Sensory Room Experience 10.00 – 10.45 and 11.00 – 11.45 Please contact any centre to book Lambeth Talking Therapies Ask about self-referrals Contact Lambeth SEND - Drop in 1 Oct, 5 Nov and 3 Dec 10.00 – 12.00 Danzini 0 – 5 years A Parent and Child dance session. Move, groove and grow together 11.00 – 12.00 Connecting with Nature 0 – 5 years 10.00 – 11.00 Maytree Children’s Centre Baby Massage for parents with babies (up to pre crawlers) 4 week course 8 Oct – 5 Nov (no session during the half term) 10.00 – 11.00 Please contact any centre to book Tree House Children’s Centre Baby Massage for parents with babies (up to pre crawlers) 4 week course 12 Nov – 3 Dec 10.00 – 11.00 Please contact any centre to book	Friday AM Clapham Manor at Triangle Sensory Room Experience 10.00 – 10.45 and 11.00 – 11.45 Please contact any centre to book Messy Play 0 – 5 years 10.00 – 11.30 Breastfeeding Support one2one By appointment only Toy Library (every fortnight) 0 – 5 years 11.30 – 12.30 Maytree Children’s Centre Baby Chat 9 Oct, 13 Nov and 18 Dec 10.00 – 12.00 By invite only Tree House Children’s Centre Starting Solids Foods Workshop (HENRY) 10.00 – 12.00 18 Sep gst-tr.HVsupportanddevelopmentworker@nhs.net



Venue Details

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Clapham and Brixton Hill Virtual Session – online or by phone

Tree House Children’s Centre
📍 66 Upper Tulse Hill, SW2 2R
☎ 020 8674 6060

Clapham Manor at Triangle
📍 Triangle Nursery school,
25 William Bonney Estate
Clapham Crescent SW4 7JQ
☎ 020 7622 1393

Maytree Children’s Centre
📍 4 Allingham Road, SW4 8EG
☎ 020 8671 3298

Agnes Riley One O’clock Club
📍 Atkins Road, SW12 0AH
☎ 020 8671 3298

The Spinney One O’clock Club
📍 Windmill Drive, Clapham
Common,SW4 9DE
☎ 020 7627 9917

Clapham Manor Health Centre
📍 86 Clapham Manor St, SW4 6EB
☎ 020 7411 6866

Clapham Family Practice
📍 Mary Seacole Centre,
89 Clapham High St, SW4 7DB
☎ 020 3049 6600

Clapham Library
📍 Mary Seacole Centre, 91
Clapham High St, SW4 7DB
☎ 020 7926 0717

Brixton Library
📍 Brixton Road, SW2 1JQ
☎ 020 7926 1058

All centres will open from 8 September 2026				
Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
Clapham Manor at Triangle Sensory Room Experience 1.15 – 2.00, 2.15 – 3.00, 3.15 – 4.00 Please contact any centre to book Making it Real 0 – 4 years Please contact any centre to sign up Jewellery making 2 Nov – 14 Dec 1.00 – 3.00 Please contact any centre to book	Clapham Manor at Triangle Sensory Room Experience 1.15 – 2.00, 2.15 – 3.00, 3.15 – 4.00 Please contact any centre to book Chattertime with Speech and Language Therapist 1.30 – 3.00 Please contact any centre to book Child Health Review 9.30 – 4.00 By appointment only Baby Massage for parents with babies (up to pre crawlers) 4 week course 2.00 – 3.00 8 Sep – 29 Sep Please contact any centre to book The Spinney One O’clock Club Natural Thinkers for families with children with SEND 1.30 – 3.00	Clapham Manor at Triangle Sensory Room Experience 1.15 – 2.00, 2.15 – 3.00, 3.15 – 4.00 Please contact any centre to book Child Health Review 9.30 – 4.00 By appointment only Song and Story 0 – 5 years 2.00 – 3.00 Maytree Children’s Centre Baby weighing clinic 1.00 – 3.00 Walk-in	Clapham Manor at Triangle Sensory Room Experience 1.15 – 2.00, 2.15 – 3.00, 3.15 – 4.00 Please contact any centre to book Circle of Security Parenting SFSC 1 Oct – 3 Dec 1.00 – 3.00 Register: www.lambeth.gov.uk/parenting Maytree Children’s Centre Baby Yoga (up to pre crawlers) 7 week course 5 Nov – 17 Dec 1.00 – 2.30 Please contact any centre to book The Spinney One O’clock Club Mud Club 3.45 – 5.30 After School Session	

