



Streatham Better Start area Weekly timetable Autumn 2026



**HEALTHY
BABIES**

Lambeth's Family Hub Network
Lambeth's Start for Life offer



Streatham map

Children's Centres

- 1 Hitherfield Children's Centre
- 2 Streatham Hub Children's Centre
- 3 Sunnyhill Children's Centre

One O'clock Clubs

- 1 Hillside Gardens One O'clock Club
- 2 The Hut, Streatham Vale Park

Health Centres

- 1 Baldry Gardens Health Centre
- 2 Gracefield Gardens Health Centre

The Railway Tearooms

- 1 The Railway Tearooms

Libraries

- 1 Streatham Library



Lambeth Better Start Services

- ♥ Stay and Play sessions for babies and toddlers
- 💬 Communication and Language groups
- 🌿 Natural Thinkers
- 💬 Making it REAL (Raising Early Achievement in Literacy)
- 👍 Support for young parents
- ★ Special Educational Needs and Disabilities (SEND)
- 👨‍👩‍👧 Child Health Clinics – currently by appointment only
- 📄 Lambeth Families Information Service
- 🍴 Infant Feeding Support
- 👨‍👩‍👧 Parenting support – Being a parent isn't easy, and it's normal to need some help along the way. To find out more, and to register with the Parenting Support Service, visit lambeth.gov.uk/parenting
- ✍️ ESOL
- 🎓 Adult Learning classes
- ✅ Better Start Worker – Early Help Support
- 🔧 Training and Employment – Advice and Support
- 💰 Financial Support – Citizens Advice
- 👶 Free childcare and Early Learning for two year olds
- 👨‍👩‍👧 HENRY – Developing the skills to adopt a healthy lifestyle
For more info email gst-tr.HVsupportanddevelopmentworker@nhs.net



For more information
on our services scan
the QR code

Venue Details

Streatham area weekly timetable Autumn 2026

Streatham Virtual Session – online or by phone

Hitherfield Children's Centre

📍 Hitherfield Rd, SW16 2LW
☎ 020 8835 9569

Streatham Hub Children's Centre

📍 388 Streatham High Road, SW16 6HX
☎ 020 4548 2561

Sunnyhill Children's Centre

📍 Harborough Road, SW16 2XW
☎ 020 4548 2561

Hillside Gardens One O'clock Club

📍 Hillside Road, SW2 3HL
☎ 020 8835 9569

Streatham Youth and Community Trust

📍 The Hut, Abercairn Rd, SW16 5AL
☎ 020 3146 4179

Gracefield Gardens Health Centre

📍 2–8 Gracefield Gardens, SW16 2ST
☎ 020 3049 5030

Monday AM

Hitherfield Children's Centre

Citizens Advice Appointments
10.00 – 1.00
Please call to book

Felix Food Project

By referral. Please call for more info

Sunnyhill Children's Centre

Child Health Review Clinic
By Appointment

Streatham Hub Children's Centre

Stay and Play & Baby Explorers 0–4 years
9.30 – 11.00
Please call to book

Fussy Eating (HENRY)

5 Oct
9.30 – 11.30

Starting Solids Workshop (HENRY)

9 Nov and 30 Nov
9.30 – 11.30
To register visit:
evelinalondon.nhs.uk/henry

Better Start Worker 1–1 Support 0–4 years

By appointment
Please call to book

Gracefield Gardens Health Centre

Infant Feeding Support Drop In
9.30 – 11.30

Streatham Youth and Community Trust

Stay and Play 0–4 years
9.30 – 11.00
Please call to book

Tuesday AM

Sunnyhill Children's Centre

Midwife Breast Feeding Support
By Appointment

Streatham Hub Children's Centre

Stay and Play & Baby Explorers 0–4 years
9.30 – 11.00
Please call to book

Wednesday AM

Hitherfield Children's Centre

Baby Explorers 0–12 months
9.30 – 11.00
Please call to book

ESOL

10 week adult learning course with creche
30 Sept – 9 Dec. Enrolment and initial assessment 30 Sept
9.30 – 11.30
Please call to register

Sunnyhill Children's Centre

Speech & Language Therapy Clinic
By Appointment

Better Start Worker 1–1 Support 0–4 years

By appointment
Please call to book

Being a Parent Autism

10-week group programme for parents/carers of children aged 5 to 12 years old with Autism
30 Sept – 9 Dec
10.00 – 12.30
To register visit: www.lambeth.gov.uk/parenting

Hillside Gardens One O'clock Club

Professional Carers Group
Network support and activities for registered professional childcare providers and the children in their care
16 Sept – 16 Dec
9.30 – 11.00
Please call to book

Thursday AM

Hitherfield Children's Centre

Circle of Security Parenting
8 week Parenting Course with Creche
8 Oct – 3 Dec
9.30 – 11.30
To register visit:
www.lambeth.gov.uk/parenting

Sunnyhill Children's Centre

Speech & Language Therapy Clinic
By appointment

Contact Lambeth SEND 1-1 Drop In

19 Nov, 17 Dec, 21 Jan, 18 Feb and 18 Mar
Confidential support to help navigate the SEND system
Please call 0204 548 2561 for details

Friday AM

Hitherfield Children's Centre

Child Health Review Clinic
By Appointment

Better Start Worker 1–1 Support 0–4 years

By appointment
Please call to book

Little Connections

Speech and Language Support Group with Speech Therapist
By appointment

Sunnyhill Children's Centre

CHATTERTIME!

Speech and language development stay and play
9.30 – 11.00
Please call to book

Baby Chat

Antenatal sessions
16 Oct and 20 Nov
10.00 – 12.00
To register visit:
www.lambeth.gov.uk/parenting

Hillside Gardens One O'clock Club

Outdoor Stay and Play & Natural Thinkers

9.30 – 11.00
Activities especially for children 12 months – 4 years
Please call to book



Venue Details

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Streatham Virtual Session – online or by phone	Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
Hitherfield Children’s Centre 📍 Hitherfield Rd, SW16 2LW ☎ 020 8835 9569	Hitherfield Children’s Centre Hola! Stay and Play Early Years activities especially for children and families whose first language is Spanish or Portuguese 1.00 – 3.00 Please call to book Felix Food Project By referral Please call for more information Making It REAL 1–1 sessions to support your child’s early literacy and development. Please ask for more information or call to register interest Baby Massage 5 Week Course for new parents with babies 0 – 6 months 5 Oct – 2 Nov & 16 Nov – 14 Dec 1.00 – 2.30 Please call to register interest	Hitherfield Children’s Centre Employment and Training Support By Appointment 1.00 – 3.00 Please call to book Yoga With Your Baby 7 week course for parents with their babies under 6 months 6 Oct – 24 Nov 1.00 – 2.30 Please call to register Parent Champions 4 week course to train as a volunteer to help other families access local services and support Creche provided 13 Oct – 10 Nov 10.00 – 12:00	Sunnyhill Children’s Centre SEND Music Hour Activities and music for children with special educational needs and disabilities 1.30 – 2.30 Please call to book Speech & Language Therapy Clinic By appointment	Hitherfield Children’s Centre Better Start Worker 1–1 Support 0 – 4 years By appointment Please call to book Baby Explorers 0 – 12 months 1.30 – 3.00 Please call to book SLRA Surgery Immigration Advice Appointments 1.00 – 3.00 Please call to book	Child Health Review Clinic By Appointment
Streatham Hub Children’s Centre 📍 388 Streatham High Road, SW16 6HX ☎ 020 4548 2561					
Sunnyhill Children’s Centre 📍 Harborough Road, SW16 2XW ☎ 020 4548 2561					
Hillside Gardens One O’clock Club 📍 Hillside Road, SW2 3HL ☎ 020 8835 9569			Hillside Gardens One O’clock Club Stay and Play 0 – 4 years 1.30 – 3.00 Please call to book		
Streatham Youth and Community Trust 📍 The Hut, Abercairn Rd, SW16 5AL ☎ 020 3146 4179		Sunnyhill Children’s Centre Midwife Breast Feeding Support By Appointment Better Start Worker 1–1 Support 0 – 4 years By appointment Please call to book		Sunnyhill Children’s Centre Better Start Worker 1–1 Support 0 – 4 years By appointment Please call to book SEND Sensory Room For children with disabilities and special educational needs Please call to book 1.00 – 3.00 Speech & Language Therapy Clinic By appointment	
Gracefield Gardens Health Centre 📍 2–8 Gracefield Gardens, SW16 2ST ☎ 020 3049 5030	Sunnyhill Children’s Centre Child Health Review Clinic By Appointment	Streatham Hub Children’s Centre Stay and Play & Baby Explorers 0 – 4 years 1.00 – 3.00 Please call to book	Streatham Hub Children’s Centre Stay and Play 0 – 4 years 1.00 – 3.00 By appointment Please call to book		
	Streatham Youth and Community Trust Baby Explorers 0 – 18 months 1.00 – 2.30 Please call to book				

