

Careers and guidance

You might need some help thinking about starting or changing a career. There are organisations that can help you.

Information advice and guidance (or IAG) helps you to think about your employment and training options and decide on the best career path for you.

It is usually a FREE service delivered by qualified staff. There are a number of organisations in Lambeth providing IAG services, some of them depend on your age and occupation:

- Schools and sixth forms are now responsible for providing careers guidance so this should be available for secondary school pupils on a local level.
- Colleges generally offer IAG support if you're thinking of enrolling on a course or already taking one.
- Community organisations and specialist providers, such as the Green Man Skills Zone, provide advice to local residents.

The National Careers Service website holds a wealth of resources for jobseekers of all ages including regular CV surgeries, skills health check tools, regional labour market information and a comprehensive guide to a wide range of career options.

www.nationalcareersservice.direct.gov.uk

For more information about some of the industries that are growing and employing more people in the Lambeth area visit the '[What kind of jobs are there?](#)' section of this website.