

Employability skills

You might need some training to get the entry level skills required for most jobs. This could mean basic reading, writing and maths skills.

Foundation skills are the name given to the group of skills believed to be necessary for you to progress and achieve qualifications at Level 2. Level 2 skills are important for you if you are looking for work or have a particular career you are interested in pursuing.

Foundation Skills training is FREE for adults and is delivered by a wide range of organisations in Lambeth. Training can typically be accessed through colleges, community-based organisations and other training providers and is often organised at times that you can fit in around other responsibilities, such as work or childcare.

Foundation Skills include:

- English – Reading, writing, comprehension and communication
- Maths – Calculation, addition/subtraction, measuring, fractions
- ICT – Computer and digital skills including use of office software and internet
- ESOL – English for Speakers of other Languages. Reading, writing speaking and listening

You may need help with one or more of these basic skills. Being confident in these skills will help you progress to a wide range of vocational courses that are on offer in Lambeth.