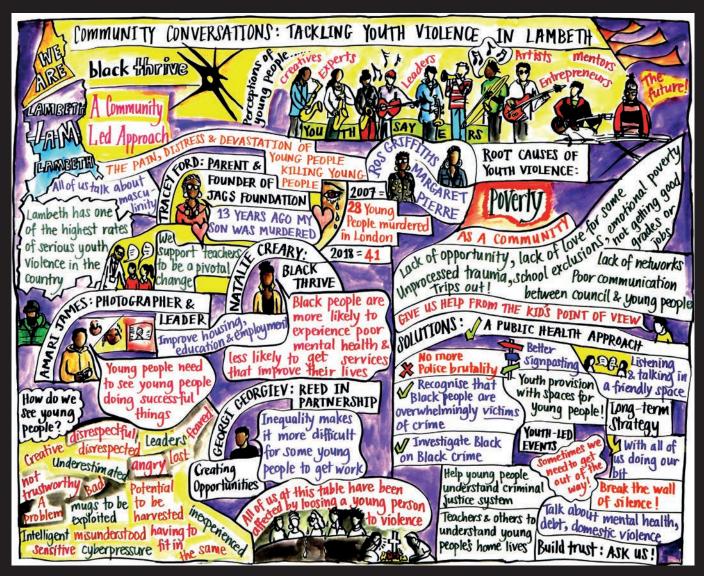
Lambethtak

QUARTERLY PEOPLE • PLACES • EVENTS • DATES • CONTACTS • FEATURES • DISCOUNTS SPR

PRING 2020

FREE TO YOUR DOOR



More than 150 residents and community groups gathered to discuss youth violence in the borough. This illustration captures key issues and asks. (Page 10)



WALCOTFOUNDATION Independent. Inspired. In Lambeth, since 1667

DID YOU KNOW THAT 43% OF LAMBETH'S CHILDREN ARE ESTIMATED TO BE LIVING IN POVERTY?*

We view modern-day poverty in the UK as a scandal. It severely limits the opportunities others take for granted, and it harms us all.

Our focus is on Lambeth people, mostly those under 30, whose lives are affected by low-income and poverty.

Our grants help build their long-term, whole-life capacity for decently paid work, and so break cycles of generational disadvantage.

We make grants directly to individuals, and also to organisations and schools for their work with our target groups.

Our approach is to offer a hand-up, not a hand-out.

We'd like to tell you more. Please visit walcotfoundation.org.uk

* Indicators of Child Poverty 2017/2018 Report, Loughborough University (May 2019)

EXAMPLES OF CURRENT GRANTS

Ripe Learning's Parent and Carer College

A project to develop the literacy, numeracy, digital skills and employment prospects of local mothers/ carers from low-income households. The aim is to enable young mothers to progress into employment or further education.



Ebony Horse Club's Youth Project

A project to provide new opportunities, raise aspirations and develop essential life skills in young people, primarily from around Brixton. It offers a range of activities including riding lessons, volunteering placements, workshops and trips outside London that broaden young people's experiences.



Welcome

in the borough.

in this issue...

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Last month brought the fantastic news of major improvements in air quality

The announcement, by the Mayor of London Sadig Khan, shows the major impact of the clean bus corridor and the



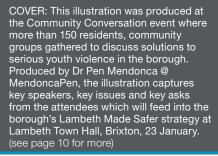
Ultra-Low Emissions Zone that Lambeth lobbied for and the Mayor introduced. That action cut the number of breaches of the hourly legal limit for toxic pollution along Brixton Road from 538 in 2016 to 0 last year.

Recently, we also welcomed the Mayor to one of our healthy routes currently in construction, part of his success in tripling the amount of protected cycling routes in London. We are working as close as ever with Sadig Khan who is investing millions in Lambeth to clean up our toxic air and make our streets safer, healthier and more liveable for everyone.



Councillor Jack Hopkins, Leader of the Council











For council services: Call 020 7926 1000 / Visit lambeth.gov.uk/mylambeth

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Leader questions government about Streatham attack

Following the terrorist attack in Streatham, **CIIr Jack Hopkins, Leader of Lambeth** Council, has written to the Home Secretary Priti Patel, raising serious concerns on behalf of residents regarding the government's handling of the case of Sudesh Amman.

Follow this story on lovelambeth.gov.uk In the letter, Cllr Hopkins has highlighted the community spirit displayed in the wake of the shocking attack on 2 February. Stressing how Streatham residents, businesses, schools and the faith community pulled together as one in the wake of the shocking incident, he praised Streatham businesses for the heroic part they played in looking after affected people during the incident, including librarians at Streatham library who ensured the safety of hundreds of terrified people.

However, he also says in the letter that there are serious questions

to answer as to why Lambeth

Cllr Hopkins concluded:

The people of Streatham deserve answers to this serious questions about how this attack was allowed to happen.

residents were put in harm's way after it emerged that the convicted and unreformed terrorist was placed in a Streatham bail hostel next to a bustling high street and two schools in a residential area.

Windrush Compensation Scheme Lambeth council has called on

the government to increase its support for residents affected by the Windrush scandal and has written to all residents to urge those affected to apply for the Windrush Compensation Scheme.

The letter is signed by Cllr Sonia Winifred, Cabinet Member for Equalities and Culture and MPs Florence Eshalomi, Helen Hayes and Bell Ribeiro-Addy.

"The government needs to learn the lessons in an open and transparent way of what happened in recent years with the implementation of the hostile environment policy. To fail to do so, at the same time many people are struggling to access compensation through a poorly designed and complex compensation scheme, is causing great hurt and anxiety amongst our residents."



Affordable rooms available

West London Mission St Luke's in Kennington is offering newly refurbished rooms to rent for key workers. The accommodation is for single people working full time, delivering essential services that keep London moving such as emergency service workers, hospital staff, health care workers, teachers, care workers, hospital cleaners. The rent of £650 covers everything and the money you pay goes into the running costs of WLM, a highly regarded charity working across London. Call Abel on **020 7735 5802** or email stlukes@wlm.org.uk

wlm.org.uk/low-cost-housingfor-key-workers



New Special School Opens

The National Autistic Society (NAS) Vanguard School provides specialist education : We're proud that the council has for autistic children from Lambeth and neighbouring boroughs.

Vanguard School is the National Autistic Society's ninth school, Lambeth's sixth special school, and will eventually cater for up to 78 students aged 11-19. Cllr Jennifer Brathwaite, Lambeth council's Deputy Leader (Children and Young People), said: "This new school has been spearheaded by local parents

and has enthusiastic support from the local community.

been involved in the joined-up working with the National Autistic Society, parents and other bodies from the start." The two-storev building has high-quality learning facilities; 14 classrooms, a sensory room, library and two therapy rooms. The multi-use assembly hall will be shared with the local community out-of-hours.

182-196 Kennington Rd Prince's, London SE11 6QH



1st Kids' Lit Festival

It was an exciting six-day festival at Herne Hill Station Hall involving poetry, performance, writing and illustrating to bring together leading lights in children's literature and celebrate stories in all their forms.

Over 1600 tickets were booked and more than 700 students from local schools attended the festival. Activities included fun with witches and mermaids with Sibéal Pounder author of the 'Witch Wars' series and 'Bad Mermaids'; a musical puppetry adaptation of Michael Morpurgo's 'Mimi and the Mountain Dragon'; a Teen Reading Panel with international speaker and award winning teen author, Nicola Morgan; and an inspiring 'How To Get Published' panel.



The Herne Hill Kids' Lit Fest 2020 was delivered by a unique collaboration between the Herne Hill Forum, CWISL (Children's Writers and Illustrators for Stories and Literacy) and Tales On Moon Lane Children's Bookshop, and was partly funded by a Thames Water compensation award following the devastating flood in 2013. This builds on the success of the Herne Hill Book Week Festival at Station Hall in March 2019, which was attended by over 650 local children. The programme is hoping to bring back Kids' Lit Festival next year and make it an annual event where kids unite to share their creativity.

See you at Southwyck!

Southwyck Community Hall on Moreland Road, SW9 8UR, is a new community resource in the heart of Brixton. Millennium Community Services CIC will provide community-led training services including a Job Club, art sessions, IT skills and English as a Second Language (ESOL). It will host both accredited and unaccredited new training courses and workshops - not only for the residents of Southwyck Estate but for all the local community. Cllr Paul Gadsby, Cabinet Member for Housing, said: "It's really good news for Brixton. The reopened Southwyck Hall, with expanded facilities demonstrates the council's commitment to supporting our thriving community.'

We all have to do our bit as a community to address the climate emergency, deal with London's air quality crisis, end injuries and deaths in London from road traffic collisions and tackle many other issues that come from the way that streets are used at the moment.

Together for Brixton

Reducing our use of private motor vehicles is fundamental to making our streets healthier and safer places for everyone.

It is all well and good to say that we need to rely less on private vehicles, but without providing alternatives, how do we do what we need to do and get where we need to go? The Brixton Liveable Neighbourhood programme (BLN) is about providing alternatives that are better, quicker, cheaper or more convenient than private vehicles over the next two years and designing our streets to make them healthier, safer places for people.

We wanted everyone to get involved and here is what we did:

- We sent over 22,000 letters and flyers to every household in the area.
- We visited every single business in the Railton, Ferndale and Loughborough neighbourhoods.
 We were on the school run of every school in the area.

We recruited at five local people
to join the team (including 2
apprentices)

 12 local young people are running a social media campaign

- 34 rolling billboards are showing our campaign
- We published articles in local publications (like Lambeth talk) throughout the areas to help us get the message out.

We have shouted as loud as we possibly could to help get people involved.

We were out seven days a week, day and night speaking with people of all ages, backgrounds and business types.

Thank you to everyone who took time to get involved. We will come back shortly to let you know the outcome and start working with you to support community events over the summer.

Subscribe for updates at **brixtonstreets.commonplace.is/news**



ADVERTISEMENT

LAMBETH IS GOING CARGO CRAZY











Ditch the car or van and try out an electric cargo bike.

Pay monthly with Lambeth's Try Before You Bike scheme.

FREE two hour lesson to get you (or your staff) confident on the bike. Insurance and maintenance packages available.

Carry on paying until you no longer want the bike or until you own it. No fees for cancelling and we collect it.

Open to all businesses and anyone who lives, works or studies in the Borough.

Go to www.peddlemywheels.com/try-before-you-bike for full details on the scheme

CROWDFUND LAMBETH

Matching money to support community projects. Over 18 months, Crowdfund Lambeth has helped 12 projects and contributed matchfunding for arts and theatre, skills training, projects to bring people together, and more – all different community projects that met funding targets through vibrant crowdfunding campaigns and local support. Here are a few of the successful projects:



Streatham Academy FC

crowdfunded £3,750 before
Lambeth Council added 50%
matchfunding – the maximum
available. Coach/founder Hussein
Muhamad Hussein explains:
"We protect our youth from
gang culture, giving them a
chance to build a positive future."
Matchfunding paid to enter 5
teams into the London Saturday
league, send young players for
FA coaching, and more.

OUR IMPACT ON YOUNG PEOPLE

100% OF YOUNG PEOPLE ON OUR WORK EXPERIENCE PROJECTS GAIN CONFIDENCE + EMPLOYMENT SKILLS. 91% OF YOUNG PEOPLE ON OUR FUTURES PROGRAMME MADE PROGRESS IDENTIFYING AND WORKING TOWARDS A FUTURE AMBITION

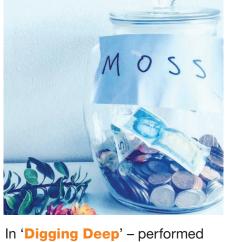
92% OF YOUNG PEOPLE WOULD

ACCORDING TO THE SOCIAL VALUE CALCULATOR THE INCREASE IN CONFIDENCE OF YOUNG PEOPLE DELIVERED BY WE RISE IS WORTH MORE





Lambeth Council added £5,000 to local crowdfunding for 'We Rise' community business – offering young people '21st century work experience'. Founder Abigail Melville said: "While Lambeth has growing wealth and opportunity, 9,000 teenagers have no experience of the world outside their neighbourhood." Lambeth funded an extra push out into youth clubs and meeting places to invite Brixton youth to careers networking events and Skills Masterclasses.



at Waterloo's Vaults festival by young theatre company Just Add Milk - Mossy is done with life, but hates the thought of Mum facing £5K funeral bills. So begins an ingenious 'Fundraise his own Funeral' plan. The actors got impassioned about the issues and added outreach with mental health talks. Cllr Sonia Winifred, Lambeth Cabinet Member for Culture and Equalities, said: "I'm delighted Crowdfund Lambeth supports this – theatre is a powerful tool to get the vital message of men's mental health across."

Crowdfund Lambeth

is an online platform supporting community projects and initiatives. If the project generates enough support from the crowd, the council may contribute up to 50% of your funding target and upto a maximum of £5,000

The criteria for eligibility for a boost in the total is that your project meets one (or more)

priorities identified in the Co-operative Local Investment Plans (CLIPs):

- Building stronger communities and encouraging civic pride
- Improving the health and wellbeing of local people
- Improving access to parks and open spaces.
- For more about getting your project off the ground with Crowdfund Lambeth: crowdfunder.co.uk/funds/ lambeth
- If you've already started a project, find out how to apply for funding: crowdfunder.co.uk/ howtoapplyforfunds



Aimée Felone and David Stevens' pop-up 1% Bookshop specialising in the just 1% of kids' books starring Black, Asian or minority ethnic characters - sold out in two days. Customers said: 'We want this inclusive culture more than anywhere else in London!'. Their Crowdfunding campaign was for a professional bookseller's wages for a full-time shop. Cllr Winifred said: "This project is loved by the community, has positive cultural impact, and we hope will act as a model of equality and diversity."

The first community-led project to reach targets and attract Lambeth matchfunding updated Lorca's 'Blood Wedding' to the Spanish community in London at award-winning Omnibus Theatre, Clapham – a reimagined classic in a reinvented library.

"The Stockwell Christmas

tree literally lights up the neighbourhood in the gloomiest part of the year," said Alcina of Portuguese Hug Group. 'Thriving Stockwell' crowdfunded a Christmas tree, with Lambeth supporting the lighting-up event for people to see the new Lambeth War Memorial Gardens community event space.

Crowdfund Lambeth joined in supporting OurSpace, pledging 50% of funding for residential training. 21 trained community leaders are now working in three centres. "We believe community-led businesses – such as urban gardening companies and Brixton Soup Kitchen – ensure money stays local, give people decision-making power, and work best shaped by leaders who've experienced exclusion. OurSpace helps build skills for that."





Brixton Windmill's crowdfunder kitted out its new education centre to welcome schools, visitors, volunteers and the local community to classes from baking and jam-making to science and art. They met their £12,000 target in under a month, triggering Lambeth matchfunding. Supporters praised the Windmill's role in bringing the community together.



Lambeth's new borough-wide approach to tackling serious youth violence is starting to show signs of progress with incidents in the borough falling over the last 12-months, and going down at a faster rate than most other boroughs.

Tackling serious youth violence

However, we still have much more to do – our goal is to make Lambeth the safest place possible for young people to grow and thrive. We are committed to working in a different way to reduce violence, both as a council and with our partners and communities. This was the foundation of Lambeth's Public Health approach to reducing violence against young people which started in March 2018.

Cllr Mohammed Seedat, Lambeth's Cabinet Member for Jobs, Skills and Community Safety, said: "A huge amount has been done in this borough to make our young people safer. Our residents have given their time generously to share their ideas

and insights into how we develop this long-term solution. I want to thank all those who have been involved to date.

"The council is committing £1.5 million for this project because it is so important for this borough. Short-term measures have been put in place for communities that are worst affected by serious youth violence, and that has had some benefit. But there is still a lot of work to do on the developing the long-term strategy in partnership with our communities."

Lambeth's new approach, badged Lambeth Made Safer, to reducing youth violence is to address the root causes that result in violence in the first place, with the public sector, community groups and our residents working together to create the local solutions.

The long-term programme has the aim that 'young people in Lambeth should be free from violence' and is based on the evidence that violence against young people is one our most significant crime and disorder issues. It leaves young people afraid for their lives and has a wide impact on families and communities that leaves life-time scars.

To find out more about the programme email lambethcommunitysafety@ lambeth.gov.uk.

Our residents have given their time generously to share their ideas and insights into how we develop this long-term solution.

Cllr Mohammed Seedat





There will be elections for the London Mayor and London Assembly on Thursday 7 May 2020.

Register online by Tuesday 21 April 2020 at **gov.uk/register-to-vote**





Cllr Jacqui Dyer is Cabinet Member for Jobs, Skills and Community Safety (job-share) and a passionate advocate for positive change and improvement in people's lives.

Meet Councillor Jacqui Dyer





Flashback to when you were 10 years old- what did you want to be when you grow up?

I had no definitive idea what I wanted to be- my aunt was a nurse and that impressed me, but I was also involved with the church as my father was a reverend and I admired him. I cared about people and was fascinated by the diversity of people and cultures in my school and in the area where I lived. I grew up in a predominantly white area, with pockets of Caribbean, Asian and Polish cultures. I was curious about the types of food that these cultures had for dinner and the conversations that families had.

How does a normal day look like for you?

I don't know what normal days look like! Every day is engaging, negotiating, listening, advocating with people from different parts of society, be that civil servants, residents, Councillors, politicians, academics, family and friends. I spend most of my days in meetings to progress agendas.

How do you want people to remember you?

As an advocate for positive change and improvement in people's lives; as co-founder and Chair of Black Thrive, I am driving forward a systematic approach to improving the health and wellbeing of Caribbean and African people within Lambeth and beyond.

What's a goal that you want to accomplish in the next year?

To co-produce an employment and skills strategy that is responsive to the needs of our diverse communities, which is a lever to help people's lives across all ages to flourish and thrive.

What are you happiest doing, when you're not working?

I love listening to music, reading, dancing and eating. I like exercising, but I often don't have time, which is a challenge for me.





What is the biggest challenge for your portfolio?

As Cabinet Member Jobs, Skills and Community Safety, the biggest challenge is to integrate an understanding of how structural inequalities impact on the lives of the people that we serve and to cultivate a way of thinking that is incorporated into our decision making. I am confident that we are evolving in that way.

What motivates you?

I get a kick out of empowering people who are disempowered, that their voices are relevant and need to be heard and responded to in a meaningful way, creating inclusive, progressive change in all aspects of society.



What is your favourite spot in Lambeth?

Brockwell Park- it's a place of solitude in harmony with the wonderful nature, especially when the swans are bearing babies and then I see them growing month by month, from grey babies to magnificent swans.

Lambeth Children's Homes Redress Scheme

Applications for compensation are open until 1 January 2022.

Lambeth Council has set up a Redress Scheme for people who, as children, were abused or feared abuse at a Lambeth Children's Home and/or Shirley Oaks Primary School.

There are two types of compensation payment available:

- Harm's Way Payment
- Individual Redress Payment

To find out more about the Scheme, eligibility and to make a claim:

- Call 020 7926 6980 or email redress@lambeth.gov.uk or
- Download the form from our website lambeth.gov.uk/redress or
- Write to us at Lambeth Redress Scheme, PO Box 747, Winchester, SO23 5DP

Below is a list of children's homes that were run by Lambeth or its predecessor authority (and which subsequently transferred to Lambeth), either within or outside of their area, that provided accommodation for children in care.

- 1. Shirley Oaks
- 2. Almond House Hostel
- 3. Angell Road
- 4. Calais Street
- 5. Chestnut Road / Robson Road
- 6. Chevington House
- 7. Cumberlow Lodge
- 8. Garrads Road
- 9. Gresham Place
- 10. Highland Road11. Ingleton House
- 12. Ivy House / Warham Road
- 13. Knowle Close
- 14. Lancester Avenue
- 15. Lancaster Road
- 16. Leigham Court Road
- 17. Lorn Road
- The homes were open from the 1930s to the 1980s and 1990s.

- 18. Monkton Street
- 19. Mount Villas
- 20. Nottingham Road
- 21. Rathmell Drive
- 22. Rectory Grove / Elaine Claire House
- 23. Samuel House
- 24. South Vale
- 25. Southwood
- 26. Southwood Discharge Hostel
- 27. St Saviours
- 28. Stephany House
- 29. Stockwell Park
- 30. The Elms
- 31. Thornwick Nursery
- 32. Tivoli Road
- 33. Woodvale

















Get your COMPOST on

Spring is here - time to get out in the garden and start soaking up the sunshine. Why not take this as a simple and fulfilling opportunity to reduce your impact on the planet by composting at home?

Why compost?

- Cut down on waste and shrink your carbon footprint 50% of the food waste you produce could be composted at home, along with any compostable packaging.
- It's good for the planet and your pocket being more aware of the waste you produce can save you money, and there's no need to pay for compost or garden waste collections.

Don't have your own garden?

Try finding your local community garden where you can access a compost bin. If you live

in an area with shared grounds, why not ask your housing provider if you can start a community composting scheme?

Buy your compost bin, subsidised by the

What can I COMPOST?



Greens

Fruit and vegetables Uncooked food Tea bags

Coffee grounds Grass cuttings Old flowers

Plants



Egg shells Cardboard **Paper** Straw and hay



Twigs and hedge clippings Natural fibres

Alternatively, you can... Sign up for GARDEN WASTE collections

Looking for an affordable hassle-free way to get rid of your garden waste? Then sign up for collections at lambeth.gov.uk/gardenwaste. We'll collect your garden waste every week for just over £1 per week, and recycle it into nutrient-rich compost.

Recycle your FOOD WASTE

Check if you're eligible and order your free kitchen caddy and food waste bin here lambeth.gov.uk/foodwaste



Composting at home for just one year can save the equivalent to all the CO2 your kettle produces annually, or your washing machine produces in 3 months.

council, at getcomposting.com

No thanks

Cooked Food Meat. Fish & Dairy Dog poo Pet litter **Nappies**

Top tips:

- Compost bins thrive in sunny spots on top of soil or a layer of paper and twigs.
- A 50/50 mix of browns and greens is the perfect recipe. If it's too wet and gives off odours, add more browns. If it's too dry and isn't rotting, add some greens.
- Mix and turn your compost often to circulate air and keep it healthy.
- Be patient! Compost can take 9 to 12 months to become ready to use.
- For more information visit

recyclenow.com/reduce-waste/composting

Could you be a STREET CHAMPION?

Fed up of litter, or wish your neighbourhood felt a bit friendlier? We're on the lookout for community-minded people who want to make their street or estate a better place.

Lambeth's network of 300 Street Champions have already achieved great things, working with their neighbours, the council and our partner Veolia, to create community gardens, improve recycling and wipe out fly-tipping. You could join them, combining your local knowledge with our expertise and equipment to find solutions to a range of local environmental issues, and create a stronger, happier community along the way. Find out more at

lambeth.gov.uk/become-a-street-champion

Nurture your neighbourhood with **FRESHVIEW**

This award-winning scheme has been enabling residents to improve their local environment for over a decade, and it couldn't be simpler to take part.

Plan: If your street or estate needs sprucing up, let us know. We'll arrange to meet you to have a look, and discuss what we can do together to bring it up to scratch.

Promote: Once we've set a date, let the rest of your street or estate know so they can join in.

Do: When the day comes, the Veolia team will help your dreams come true. Whether it's building planters for your pavements, giving front garden walls a fresh lick of paint or cutting back overgrown hedges, your street or estate will appreciate the attention!



Arrange a FRESHVIEW as part of GB Spring Clean, 20 March - 13 April. Email

streetchampions@lambeth.gov.uk

Get involved in chemical-free weeding

Lambeth Council is phasing out the use of glyphosate for controlling weeds, aiming to be glyphosatefree by April 2021. We're doing this because we're committed to addressing the climate emergency and believe in taking the right steps to protect the planet. Some of Lambeth's streets are already chemical-free after residents decided to take on the job of weeding for themselves. If you're passionate about reducing the use of glyphosate, would you consider setting up a weeding group for your street? To find out more, visit lambeth.gov.uk/weeding

Get your environmental project FUNDED

Do you have a bright idea for a community project in Lambeth that could benefit the environment? Veolia Lambeth's Recycling Fund for Communities can provide a cash boost of up to £2,000 to help bring your idea to life!

If your project inspires people to do the right thing with their waste, uses recycled or reused materials, or if it will help protect the local environment, visit

veolia.co.uk/london/recycling-fund-communities



A scheme to make compost bins from reclaimed materials, to be used in community gardens across the borough.

Creating benches from wooden pallets collected in Brixton Market, for Slade Gardens in Stockwell.





Installing recycling bins on Myatt's Field North estate to collect hard-to-recycle materials like crisp packets and send them to Terracycle.

Time for a SPRING CLEAN?

If you're having a seasonal clear-out, here's how to get rid of those unloved items the right way:

DONATE it

Any items in good condition can be taken to a local charity shop.

Some charities like **Emmaus** and **British Heart Foundation** can arrange a free collection from your home.

BOOK it

Arrange a home collection using the using the council's bulky waste collection service. We can collect two items for £16, book online at

lambeth.gov.uk/bulkywaste or call 020 7926 9000





BRING it

Take your items to a Household Recycling and Reuse Centre:

Vale Street, West Norwood, London, SE27 9PA

Smugglers Way, Wandsworth, London, SW18 1JS

Restrictions apply. Please check the council's website for more information.









Lambeth Council's budget proposals include increased investment in tackling violence that affects young people, combatting the climate crisis, and protecting services our most vulnerable residents rely upon.



Putting young people first

In last year's budget, the council agreed to invest £500,000 in tackling serious youth violence and this year an extra £1m is being proposed.

Additionally, the council is putting in place a 1 per cent Social Value levy on all our major third-party contracts, to be primarily spent through our Youth Opportunity Fund, using our purchasing power in the local economy to provide direct social value for our residents.

For a cleaner and healthier environment

Lambeth was the first council in London to declare a Climate Emergency. In establishing a Citizen's Assembly we will work with residents on a plan to reduce carbon emissions across the borough.

The council is also investing in a range of initiatives like supporting active travel, investing in green and renewable energy, retrofitting houses and energy efficiency upgrades at schools, rolling out electric vehicle charging points, tree planting and greening measures.

The budget proposals agreed by Lambeth's cabinet include £250,000 to fund work to meet our ambitious climate change targets.



Protecting services

This budget reflects the council's priorities and what residents told us in last year's budget consultation. Adults and children's services are under pressure and make up over two-thirds of our budget. These vital services are being maintained by Lambeth in the face of insufficient central government funding for over a decade.

The 2020-21 budget also protects funding for services to support women and girls who are victims of domestic violence, child mental health services and advice services for those affected by welfare changes.

The council is proposing that Council Tax be increased by 1.99 per cent, plus the 2 per cent Government Adult Social Care precept, to help fund vital services, investment in new homes and schools, commitments to tackling youth violence, and spend around climate change. Lambeth council tax rates will remain among the lowest in London, delivering value for money whilst ensuring additional investment for the services that matter the most.

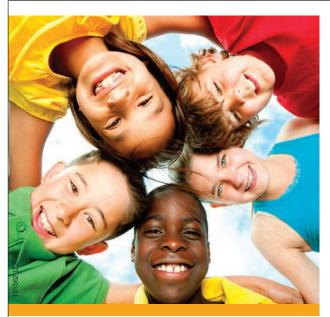


Despite uncertainty and funding challenges faced, this budget continues to reflect our priorities as an administration with investment in tackling youth violence, tackling the climate crisis, and protecting services that our most vulnerable residents rely upon.

Cllr Andy Wilson, Lambeth's Cabinet Member for Finance



ADVERTISEMENT



Ready Steady Go!

FREE sessions to help families achieve a healthier diet and a more active lifestyle.

Available at West Norwood, Brixton and Oval starting 27 April 2020.

Contact the team on **020 7926 0619** or email **readysteadygo@lambeth.gov.uk** or online: **lambeth.gov.uk/ready-steady-go**





22 Lambeth talk SPRING 2020 Lambeth talk 23

lambeth.gov.uk

ADVERTISEMENT Could you foster? Pop in for a coffee and find out more about becoming a foster carer The Fostering Team will be holding drop-in information sessions every Wednesday from 10 to 12pm at Café Nero, 1st floor, Morleys, 472-488 Brixton Road, London SW9 8EH. The team will also be hosting evening drop-in sessions at Lambeth Town Hall, Brixton Hill, London SW2 1RW, from 5.30 to 7pm on the following Wednesdays: 29th April | 24th June | 26th August 28th October | 30th December Call: 020 7926 8710 Visit: Lambeth.gov.uk/foster Text: 'foster' to 88882 to find out more and receive a call back Lambeth





Smashing Records

dasl activist Mariana becomes a radio star

"I went in feeling sixty and I've come out feeling sixteen! I'm a fan. I'm hooked. It's a different World, wow!" dasl activist Mariana after being a guest on dasl's weekly radio show, Smashing Records. Mariana is a passionate campaigner in Lambeth for Disabled people's rights and keen member of dasl's Direct Payments Peer Support group. On the show she explains how important the group is and how dasl facilitate it to make sure Disabled people's voices are heard. Lambeth Social Services sign post people to the group where members discuss issues around their direct payment, employing personal assistants, the Care Act and support each other, listen to Mariana here: www.mixcloud.com/Resonance/ smashing-records-22nd-january-2020/



Dasl activists get involved in sport, radio, events, volunteering and lots more, to get involved contact Abs Tripp, abs.tripp@disabilitylambeth.org.uk 07852 355 843.

ADVERTISEMENT



Your health matters

Lambeth Together is our ambitious plan to improve the health and wellbeing of people living and working in Lambeth by people and services working together.



Lambeth Together organisations provide a range of health and lifestyle services to residents in Lambeth to improve their health and reduce their risk of developing a variety of diseases.

Lifestyle factors contribute hugely to poor health. Whether it is getting more physically active, stopping smoking, achieving a healthier weight, tackling diabetes or support with your mental health, there is support for everyone in Lambeth.



SUPPORT WITH YOUR HEALTH

Stop smoking service Diabetes prevention

The Lambeth stop smoking service provides access to free one-toone support as well as a supply of Nicotine Replacement Therapy (NRT) or medication.

You can access the service by:

- calling 0800 856 3409 or 020 3049 5791
- emailing gst-tr.
- stopsmokinglambeth@nhs.net visiting your local participating
- pharmacy

For more information search for stop smoking service at guysandstthomas.nhs.uk



If you are registered with a GP

practice in south London and are at high risk of diabetes, you can access the Healthier You NHS diabetes prevention programme. It aims to help people at high risk of diabetes to take control of your health by supporting you to make changes to your diet, weight and the amount of exercise you do. Taking this kind of action now can potentially reduce the risk of, or even stop the development of Type 2 diabetes. You can find out your risk of Type 2 diabetes by using the online Diabetes UK know your risk tool. If this shows that you are at high risk, you can arrange for blood tests with your GP to check if you are eligible.

Go to preventing-diabetes.co.uk/ are-you-at-risk/

If your GP practice has already told you that you are at high risk of developing Type 2 diabetes, you ask your practice to refer you onto the programme.



Weight management

If you are registered with a Lambeth GP, you can ask for a referral to the new weight management service provided by Guy's and St Thomas' NHS Foundation Trust. This individualised service includes practical sessions to increase physical activity and advice on improving diet to achieve and maintain a healthy weight.

Speak to your GP for a referral for a clinical assessment. You will be assessed to see if the programme is right for you based on your body mass index (BMI), any long-term health conditions, such as diabetes, and your motivation to achieve your healthy weight.

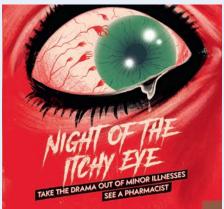
Take the drama out of minor illness

For expert advice, talk to your pharmacist



Your pharmacy - for expert advice, talk to your pharmacist when you start to feel unwell with coughs, colds, sore throats, earaches and eye infections. They can offer you a consultation with a pharmacist straight away and give you clinical advice on how to manage your illness or recommend over-thecounter medicines. It's quick and convenient. Many pharmacies are open evenings and weekends and you don't need to book an appointment. You can also be seen by a pharmacist in the privacy of a consultation room.

If your condition needs the attention of a GP or another healthcare professional, the pharmacist will recognise this. They will advise you to see your GP or the most appropriate healthcare professional.

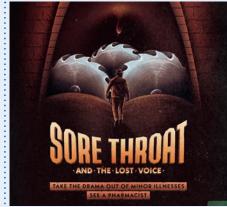


Your GP – or general practitioner is a doctor who looks after the health of local people and deals with a wide range of health issues. It is important that every member of your household is registered with a GP practice. You can register temporarily with a GP if you are a student or homeless, if you are an overseas visitor, here longer than 24 hours but less than 3 months, an asylum seeker or refugee or on a work visa.

Extended opening hours are available at four GP Access

Hubs from 12 noon to 8pm Monday to Friday and 8am to 8pm on weekends and bank holidays. Just contact your usual GP surgery to book an appointment. Appointments are available at GP practices in Vauxhall, Streatham, Herne Hill and Oval.

NHS Lambeth is urging local people to visit their pharmacist when they start to feel unwell.



NHS 111 - is available online at 111.nhs.uk or by phoning 111 when you have an urgent but not life threatening health concern.

NHS 111 gives you access to advice 24 hours a day, 7 days a week, by phone and online and, if necessary, they can arrange for you to speak to relevant healthcare professionals, including nurses, emergency dentists, or even GPs.

The advisors can arrange face-toface appointments, and if you are assessed as needing an ambulance, one will be sent directly.



HELP US HELP YOU STAY WELL THIS WINTER - NHS.UK/STAYWELL

There are lots of interesting things to do and places to visit in Lambeth. In this section you'll find a few suggestions to suit a range of interests. If you would like to have your event listed in this section, email us at lambethtalk@lambeth.gov.uk

A guide to what's On in Lambeth

WIN TICKETS!

The Music of Judy Friday 24 April, 7.30pm, Royal Festival Hall

The Music of Judy is a stunning musical celebration of superstar songbird, Judy Garland. Leading lady, Rachel Tucker, will be joined on stage by an all singing, all dancing West End ensemble and the London Concert Orchestra to perform numbers made famous by one of the greatest movie icons of all time. This special tribute concert will be hosted by Good Morning Britain's Richard Arnold, who will look back on Judy Garland's remarkable career.

For tickets: tel 020 3879 9555 and info: www.raymondgubbay.co.uk Email lambethtalk@lambeth.gov. uk with 'Judy' on the subject by 29 March and get the chance to win 2 pairs of free tickets. The two winners will be notified via email.





Car free day! Street Party applications are open!

Again this year the council is supporting local residents by facilitating a free road closure. However, do bear in mind there are some locations that for various reason we cannot close. To find out what street and roads quality and find the online application forms head to **eventlambeth.co.uk/streetparties**There is also a further two key national campaigns we are joining and encouraging residents to hold street parties for:

75th Anniversary of VE Day on Friday 8 May – you'll all be aware that the May Bank Holiday has been moved to this Friday so you you'll have the day off!

VE Day street parties – applications must be received by 16 March 2020. June and July: applications must be received by 1st April 2020. August and September: applications must be received by 1 June 2020. Car Free Day street parties: applications must be received by 24 July 2020. If you have any questions don't hesitate to get in touch as we'll be happy to help – email us at **events@lambeth.gov.uk**

Car Free Day takes place all over the world on 22nd September which this year falls on a Tuesday. Lambeth will be encouraging residents to join in with other Bourough initiatives on the weekend of Saturday 26 and Sunday 27 September and hold a street party.

BLOOMING LAMBETH AWARDS 2020

This year's celebration of community gardening, growing and food activism is now open for submissions.

All nominations must be received via *incredibleediblelambeth.org by 1 June 2020.*Photo: 'Landor garden project' Best community garden 2019, photo by Debbie Sears.





Applications for the Queen Elizabeth Scholarship Trust (QEST) Scholarships and Apprenticeships open on 13 July. QEST supports the training and education of talented and aspiring craftspeople by offering grants of up to £18,000. They have funded craftspeople across more than 130 craft disciplines ranging from millinery to thatching, armoury to ice sculpture, and basket-weaving to musical instrument making. QEST funding can cover university or college courses, vocational training, apprenticeships or one-on-one training. The deadline for applications is 24 August. gest.org.uk



Volpone

25 Mar-11 April, 7.30pm, 4pm Sundays

"Honour? There's no such thing."

Volpone is rich – filthy rich. For him the glory of accumulating wealth is more thrilling than its simple possession. In lust for more he and his assistant, the rascal Mosca, swindle three of the wealthiest men in the city, each believing they are his sole heirs. Daring trickery and avarice ensues in this bitingly fresh version of Ben Jonson's comedy. Inspired by Southern African Township Theatre, a multi-skilled ensemble of three actors performs to an enticing backdrop of jazz-fusion, delivered with Tangle's trademark dynamism.

Omnibus Theatre Clapham

t: 07939 149887, w: omnibus-clapham.org

1 Clapham Common Northside, London, SW4 0QW



Lambeth Music Service presents the Lambeth Sounds Music Festival, in collaboration with Southbank Centre.

Lambeth Sounds Music Festival celebrates the musical achievements of over 2500 children and young people from schools and music hub partners and provides a platform to showcase young composers and new music.

The festival features musical groups of all different types who share the experience of performing together at a world renowned music venue at the heart of Lambeth.

Lambeth Music Service has over ten years' experience delivering high quality music events. During this time an estimated 30,000 young musicians have shared their talent with over 40,000 audience members attending free of charge.

ROYAL FESTIVAL HALL QUEEN ELIZABETH HALL CLORE BALLROOM SOUTHBANK CENTRE 21st March

Queen Elizabeth Hall Foyer, Southbank Centre LAMBETH SOUNDS LIVE 3.00pm FREE EVENT - UNTICKETED

23rd March
Royal Festival Hall,
Southbank Centre
INFANT SINGING CONCERT 1.30pm
JUNIOR SINGING CONCERT 6.15pm
FREE EVENT - TICKETS REQUIRED

24th March Clore Ballroom at Royal Festival Hall, Southbank Centre

LAMBETH VOICES 1 1.30pm LAMBETH VOICES 2 5.30pm FREE EVENTS - TICKETS REQUIRED

26th March
Clore Ballroom at Royal Festival Hall,
Southbank Centre
COUNT ME IN! 12.00pm
PERCUSSIVE SOUNDS 5.30pm
FREE EVENTS - UNTICKETED

27th March Queen Elizabeth Hall,

ORCHESTRAL SOUNDS 1 1.30pm ORCHESTRAL SOUNDS 2 5.30pm FREE EVENTS - TICKETS REQUIRED

www.lambethmusic.co.uk @lambethmusic #lambethsounds











MAKING WAITING TIME, PLAY TIME

If you're waiting for a bus, to see the doctor, or in a queue, use the time to chat with your child. When you ask them a question, it's like throwing them a ball. When they respond, they're throwing that ball back. This back and forth helps them learn and grow.

These little moments help your child in a big way. For more moments, visit leaplambeth.org.uk/biglittlemoments



