# Lambeth a K

**ARTERLY PEOPLE • PLACES • EVENTS • DATES • CONTACTS • FEATURES** 

RoadNarrowed to aid Social Distancing On footway

Enabling social distancing



A cooperative council

#### ADVERTISEMENT

## WALCOT FOUNDATION

Independent. Inspired. In Lambeth, since 1667



## Give what you can and you'll help your community today

- 100% of what you give reaches people who need it most (more if you add Gift Aid)
- We're supporting those most affected by Covid-19 across Lambeth
- Give online at walcotfoundation.org.uk/donate

4 in 10 children in Lambeth are growing up in poverty. Their situation is now made worse by the Covid-19 pandemic.

Education has been disrupted, households are under financial stress and support from voluntary groups is threatened by loss of funding.

In response, we have broadened our work, accelerated our assessment processes and ring-fenced £250,000 to help.

We're also distributing money given by other foundations. All to help Lambeth people through this crisis.

In ordinary times we fund our work entirely from historic assets. These are not ordinary times. Please give today, knowing that 100% of your gift goes to those who need it most. People in Lambeth, local to you.

We are Lambeth's principal independent grant-making charity. We work to improve the whole-life prospects of those affected by modern day poverty and disadvantage. Over the ten years to March 2020 we made 3,372 grants totalling £19,655,000. Find out more at **walcotfoundation.org.uk** 

## Welcome

#### Dear friend

I know that the last couple of months have been very difficult for all of us here in Lambeth as well as across London. We've done what we could to support vulnerable individuals, prevent the spread of coronavirus and tried to keep services going.

Throughout, Lambeth Council has been on the



side of residents, working to keep vital services going, run new services like delivering food packages to vulnerable people and introducing additional support to people and businesses impacted by this terrible crisis.

While this is enormously challenging, we have witnessed a coming together from every corner of the borough and every background, in solidarity, to support one another and overcome this crisis together.

We have produced a detailed report (see page 5) to set out how the council has responded, and to inform the discussion about how we ensure a safe end to lockdown and how we seek to change our society for the better after it. While times ahead are uncertain, I'm confident that our borough's response to the crisis shows we have the capacity and the commitment to build a recovery together.

The guidance from Government has been unclear at a time when we needed clarity, and we are working with stakeholders and communities to ensure we can get back to our everyday life as safely and quickly as possible. Please look out for lots of information from the council on our proposals for a comprehensive summer programme of activities for children and young people, even more safety improvements to our roads and streets and what we are doing to further develop ongoing volunteering opportunities so that the commitments we have made to each other in the borough throughout this pandemic can be a lasting and positive legacy of this dreadful virus.

Best wishes to you and your family at this difficult time.

### **Councillor Jack Hopkins, Leader of the Council**

#### For council services: Call 020 7926 1000 / Visit lambeth.gov.uk/mylambeth

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Lambeth

Lambeth united: Our response to Covid-19





#### NEWS

## **Crackdown on harmful car idling**

Lambeth Council has introduced £20 fines for drivers who leave their engine running whilst stationary and will run a new awareness campaign as part of the ongoing battle to improve air quality in the borough and save lives.

Drivers who allow their vehicle engines to run unnecessarily when parked in the borough will be asked to turn off their engines, and if they fail to cooperate, will be issued with a fine under the new policy adopted on May 18. The move builds on previous anti-idling events to raise

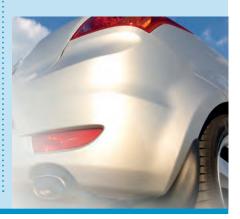
awareness and educate drivers on the effects of idlina.

Cllr Claire Holland, Lambeth's Deputy Leader (Sustainable Transport, Environment & Clean Air), said: "Cleaning up toxic air is an absolute priority for this council.

"Poor air quality is a huge health risk to our residents, and engine idling is a major contributor. We are determined to tackle the issue and are confident these new measures will help encourage people to change their behaviour so that everyone in Lambeth – particularly young children due to the effects on their development - is able to breathe clean air."

## " Cleaning up toxic air is an absolute priority for this council.

**Cllr Claire Holland** 



# Safer streets

Pavements will be extended into the road at some of the busiest parts of the borough, such as under the railway bridges followed by longer term work to in Herne Hill and Loughborough Junction. Other changes include removing through traffic from roads such as Cornwall Road in Waterloo.



The emergency changes will be make safe routes to and from the borough's town centres, such as along Railton Road, so that residents are able to travel safely to spend money and support our local businesses at this difficult time.

Cllr Claire Holland (left), Deputy Leader (Sustainable Transport, Environment & Clean Air), said: "We are facing a road danger emergency with the Met recording speeds of up to 85mph in roads where people walk or exercise. That's why we are taking urgent action. We will be moving quickly and flexibly, and will be taking action where we know there are particular issues."

### lovelambeth.gov.uk



## **Covid inequalities**

Lambeth Council is working hard to monitor and mitigate the impact of coronavirus on our black, Asian and minority ethnic (BAME) communities. Cllr Sonia Winifred is demanding meaningful government action about the disproportionate impact on our **BAME** communities.

Cllr Winifred, who is Lambeth's Cabinet Member for Equalities and Culture, has written to key stakeholders outlining her concerns and highlighting the action Lambeth Council is taking in the face of growing evidence that the pandemic is exacerbating existing inequalities.

Cllr Winifred said: "Whilst I am pleased to hear the government will launch an inquiry into the disproportionality of BAME deaths due to COVID-19, I would urge the government to approach this as a matter of priority. We want to have the fullest picture possible of how this virus is affecting Lambeth's BAME community and make sure that this crisis is not hidden. We are also recording the relevant equalities data in all of the support services that we are providing, for example to make sure our BAME business community are accessing the massive amount of support for business we have put in place, as well as accessing the government's scheme." Read more at lovelambeth.gov.uk

### Up to £10k grant fund for Voluntary Community organisations

To support Voluntary Community Sector (VCS) organisations in their ongoing response and recovery vital to making our communities more resilient during and after the crisis - the council has created a new fund of £170.000. 124 community organisations applied to the heavily oversubscribed fund for support.

Cllr Donatus Anyanwu, Cabinet Member for Voluntary Sector and Leisure, said: "Lambeth's Voluntary **Community Sector organisations** play an incredibly important, and valued, role in our borough. This unique new funding plays an important role in those aims and objectives."

The report 'Lambeth united: Our response to Covid-19' outlines what's been achieved, lessons learnt and how council services for residents have been maintained.



## Lambeth united

### Key achievements include:

- Distributing over 10,400 food and care packages to vulnerable people
- Creating the new Lambeth Business Taskforce
- Offering accommodation to every rough sleeper, housing 104 people
- Allocating £1m for discretionary housing payment
- Enlisting, verifying and mobilising 1,000 volunteers
- Stopping any evictions or enforcement action for council tax arrears
- Introducing three-month rent relief for 318 local businesses and community sector tenants.

Cllr Jack Hopkins, Lambeth Council Leader, said: "I'm incredibly deeply proud of the way Lambeth Council has responded, keeping critical services going despite huge challenges and creating new ones in a matter of days."

lambeth.gov.uk/covid-19-report

### NEWS

## Lambeth 2020 summer of food and fun!

## Are you looking for something local, healthy and safe to do this summer?

If so, Lambeth Council in partnership with Kitchen Social, the largest holiday food provider in London, will be working with a range of community hubs to offer summer activities to children and young people (and their families) in the borough, either at the hubs or at home. These **free** programmes will include:

- Fun physical activities
- A range of educational and creative workshops
- Opportunity to enjoy nutritious meals at the clubs or at home!

The summer holiday programme will begin on 22 July 2020. For more information please visit: Iambeth.gov.uk/children-young-people-and-families

## **Back on Track**

One-to-one support for young people in school years 12-13, who aren't already receiving support from other council services.

- Define your career goals
- Identify routes/pathways to achieve career goals
- CV and interview skills
- Register with employment and training portals
- Employability and personal development
- Work placements
- Three months ongoing support when getting into employment or training.

Get in touch by email BackOnTrack@lambeth.gov.uk or phone: 020 7926 3381.

## **New ward boundaries – Have your say**



The Local Government Boundary Commission for England (the Commission) is responsible for drawing up new ward boundaries in Lambeth.

The Commission aims to deliver electoral equality for voters so that each councillor represents roughly the same number of voters, and council wards reflect, as far as possible, the interests and identities of communities across Lambeth.

There are currently 21 wards in Lambeth each represented by three

councillors. Since the last review in 1999 there have been changes in the borough's population which means that the electorate in some wards are far greater than others.

The Commission was due to start public consultation on the ward boundaries in Lambeth but this has been delayed due to Covid-19. The Council is working with the Commission to consider how best to assist it with the consultation.

If you would like further detail about the review, please email **electoralservices@lambeth.gov. uk** or ring **0202 7926 6074**.

Walk, Cycle and Scoot

## Enjoy the summer air Leave the car at home

Air pollution inside a car is up to twelve times higher than outside.

Walk, cycle or scoot on quieter and healthier streets to boost your wellbeing this summer.

## How will you travel actively this season?



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Cllr Philip Normal is a Mayor of firsts – he is the first Mayor of Lambeth ever to be appointed online, due to the lockdown, and the first openly HIV positive person to hold the role in the country. Philip has represented Oval ward since the May 2018 local government elections. He is an artist with a popular shop in Brixton Village Market, selling clothing inspired by pop culture like Drag Race and the Spice Girls. Philip is an active campaigner and advocate for the LGBT+ community.

# Meet **your Mayor**

# "

My favourite place has to be the Royal Vauxhall Tavern in Vauxhall. From the moment I stepped into the bright lights of the club night Duckie I felt at home, that's what the RVT does for you, it is so welcoming. The RVT is steeped in history and I am so proud that it became the first building to be awarded grade II listed status by Historic England for it's LGBTQ+ heritage. We must protect safe LGBTQ+ spaces for generations to come, they are crucial.



### You were the first Mayor of Lambeth ever to be appointed online – what did you do to mark the occasion?

It is such an honour to become the Mayor of Lambeth, and during times of crisis the role is more important than ever. The community spirit that has risen out of the Covid-19 is truly wonderful. Due to restrictions, for the ceremony I could not wear the historic mayoral chains. I am an artist and designer, so I took this opportunity to design and create my own mayoral chains by recycling materials, which was a really fun project, and the final result will be auctioned off for my charity.

### What does it mean to you to be the first openly HIV positive Mayor in the country?

I've spoken about my HIV status before, and nobody should feel obliged to reveal their status. But I hope that by choosing to do so I can show that there is no bar to what people living with HIV can achieve. We need to smash the stigma around HIV once and for all. People living with HIV can live long healthy lives thanks to medical science and our NHS, and with the drug PrEP, you cannot contract the virus.

## When did you move to south London?

I moved to south London just short of a decade ago, and I immediately fell in love with Oval and the surrounding area. I knew that this would be where I put down my roots after living in so many different areas in London. Lambeth is such a wonderful and diverse place to live. The award winning green spaces, the independent businesses, the nightlife, what's not to love?

# What are the changes that have improved life in the neighbourhood?

I am proud that Lambeth was the first borough to declare a climate emergency. We have an ambitious transport strategy. I'm so proud of the hard work and achievements of my fellow ward Councillor Claire Holland and all the hard working officers at Lambeth for tackling this issue head on. From protecting our young people from polluted air through green screens outside our schools, to promoting cycling, we are leading the way to clean up our air and protect the planet.

### What would you like to change or see changing in the near future?

I would like the positive to come out of the Covid-19 crisis to be a heightened sense of community for everyone, and I would like the newfound appreciation for our frontline workforce to stay. From our nurses and carers, to our shop workers and refuse collectors. I would like to take this opportunity to say a HUGE thank you to you all. And as well as saying 'thank you' we need to make sure that appreciation is also reflected in levels of funding and support for our

vital public services across the board.

### What is your pledge?

In the here and now, to support the community dealing with the current Covid-19 crisis. This crisis has affected everyone's lives and there has been much pain. As the shadow of Coronavirus lifts, I want to make sure that we are doing all we can to build back better and support our communities, businesses, sports, arts and leisure groups.

## Which charity will you be supporting and why?

I have chosen to support the Albert Kennedy Trust, a charity that cares for LGBTQ+ young people aged 16-25 in the UK who are facing or experiencing homelessness or living in a hostile environment. By supporting them into safe homes and employment, education and training, in a welcoming environment that celebrates LGBTQ+ identities. 24% of homeless young people identify as LGBTQ+ and once homeless they are more likely to face violence and discrimination.

### What inspires you?

I am inspired by so much. I will forever be inspired by all the small acts of kindness in the community that show, as Jo Cox said, that we're far more united and have more in common than that which divides us. It is when I first started to visit the LGBTQ+ venues in Vauxhall that I could really see that sense of true community.

# Support for children, young people and their families

During Covid-19 families with children aged 0-4 can get children's centre support. Call 020 7926 2369, 9am–5pm, Monday to Friday. Or fill out a form and someone will contact you: lambeth.gov.uk/childrenscentre-support

Lambeth's Better Start Children's Centres offer a wide range of activities, help and support for young children and their families.

These include health services like:

- Child health clinics
- Groups to support breastfeeding and infant feeding
- Support around children's diet and nutrition
- Speech and language therapists to support children's communication and language development
- Additional support for children with special educational needs and disabilities.

Centres also offer stay and play groups and activities for babies, toddlers and young children to attend with their parents and carers.

There are lots of services for parents and carers too, including:

- family learning courses
- parenting support groups



- ESOL classes
- support around training and employment.

You can get information about accessing benefits or dealing with housing difficulties from a skilled advisor. Better Start workers can give you additional help and support about a wide range of topics, including parenting and child development, finding childcare, and signposting to other services that may be able to support you or your child.

Some of the services are open to everyone with a child aged 0 to 4, while others are aimed at particular groups. These might include dads' groups, services to support young parents, or those for parents speaking English as an additional language. To find out more and to register to use Better Start children's centre services, visit **lambeth.gov.uk/ childrenscentres** 



Whether you're looking at childcare options, activities for the kids or services to support you or your family, Lambeth's Families Information Service (FIS) can help.

They provide free, reliable and impartial information and assistance about local services and activities available to you and your family. Visit **lambeth.gov.uk/fis** for more information.

### Directory of services for children, young people and families

Bringing information together in one place for parents, carers, young people and professionals. Lambeth's online Family Information Directory is a free resource providing details about all activities and services available to children and young people in Lambeth.



Find local childcare options, activities, events and support services for ages 0–19 years and 0-25 years for those with special educational needs or disabilities. Visit **lambeth.gov.uk/fid**.

## Summer activities for children and young people in Lambeth

Summer is almost here and we are busy preparing information on all of the exciting activities and opportunities that will be available to Lambeth's children and young people over the school holidays.

Visit **lambeth.gov.uk/Summer2020** from July onwards to find out what's on offer. Filter activities and services by type and view them on our interactive map.

## Free early learning for 2, 3 and 4 year olds

There are lots of safe, high quality childcare providers in Lambeth and it's time to start thinking about the September term for accessing your child's free early learning entitlement.

All 3 and 4 year olds can get up to 15 hours of funded childcare a week, with eligible working parents being able to access up to 30 hours.

More than a third of 2 year olds in Lambeth also qualify for 15 up to hours of free early learning. Check your eligibility and find out how to apply at **lambeth.gov.uk/ freeearlylearning** 

You can browse details of all of the Ofsted registered childcare providers that offer funded places at **lambeth. gov.uk/fid** 

Being a parent isn't easy, and it's normal to need some help along the way. Parenting Support for Lambeth Families can help.



Support is available for all Lambeth parents who want to:

- understand more about children's development
- learn techniques for managing children's behaviour
- support their relationship with their child
- manage parental stress
- improve co-parenting relationship

Lambeth's parenting team help parents to access the right support for them, whether this be attending a parenting course, completing a programme online or accessing one to one support. All the support we offer is 'evidence-based', which means it has been proven to make a difference for families. Support is offered free of charge, and many options include creche for younger children.

Support around parenting and/ or co-parenting relationships is available for anyone who is part of a Lambeth family and has parenting responsibilities. You don't need to be parenting as a couple, and it is fine for either one or both parents to take part. If you would like to find out more, please complete our online referral form at **lambeth.gov.uk/parenting** and we will be in touch.

# Shopping service for vulnerable residents



## Are you vulnerable or self-isolating?

Let us do the shopping for you.

# Call our helpline 020 7926 2999

Or ask someone to call on your behalf. Open Monday-Saturday 9am-6pm.

- Give us your shopping list
- A DBS (Disclosure and Barring Service)-checked volunteer will deliver safely the groceries to your home and...they may become your new friend!
- Pay via our secure payment over the phone.

## Stay safe, stay independent.

A partnership between Lambeth Council and social enterprise onHand.

onHand



Fostering during lockdown comes with unique challenges, but despite this, Lambeth heroes such as Alex, are welcoming vulnerable children into their homes.

# Children need people like you

Alex, a relatively new foster carer, recently cared for a 13-year-old girl, having become estranged from her parents as a direct impact of COVID-19. Finding a way to build trust from the beginning of a placement is an important skill to being a good carer. Alex said: "We spent some time talking about the recent series of events which led her to stay with me. We also talked a bit about family life, what it's like living with a disabled mum – something we found we have in common which helped us bond".

Talking about how she supported her foster child to settle during the first few days, Alex said: "She loved my Caribbean cooking. Although very different to what she was used to, she told me her favourite meals which I made these to make her feel welcome. Alex shares her feelings about caring: "Fostering has given me and my children new opportunities to see things through someone else's experience, to give something back and appreciate what we have."

To read more about Alex's story, and others, visit **lambeth.gov.uk/foster-stories** 



## Lambeth's appeal for help

Our Fostering Team are urgently appealing to local people with a spare room and the capacity to care for a vulnerable child to consider stepping forward during this crisis.

### Who can foster?

To become a Lambeth foster carer, there are only a few basic criteria you must meet. You must:

- be over 21 years old
- have a spare bedroom
- be a full-time resident in the UK
- or have indefinite leave to remain

 have good spoken and written English

You don't have to own your own home and we welcome couples or individuals from every walk of life.

Find out more about becoming a foster carer. To find out more or arrange a call back from a member of the team, visit **lambeth.gov.uk/foster**. You can also find out here about any upcoming events and watch recordings of past Q&A sessions.

## "

We quickly established a good home-study routine and I frequently let her know I'm always here to talk and listen.

# CROWDFUND LAMBETH

Crowdfund Lambeth supports community projects making our borough a unique place to live, work, learn and do business. Projects showing strong local support through a vibrant crowdfunding campaign can earn match-funding from Lambeth Council. Crowdfund Lambeth needs to confirm that your project meets our criteria, including contributing to Lambeth Council's borough plan priorities: Sustainable growth, Resilient communities, Promoting care and independence, and Place.





### **Gardeners for wellbeing**

Coldharbour Lane's Corner Surgery asked local people to raise £2,000 to keep weekly gardening sessions going. The campaign ran for 85 days and successfully raised £2,235 by Valentine's Day. Crowdfund Lambeth added £902, helping to pay a professional gardener to run gardening sessions and buy tools, plants and supplies, to continue weekly sessions that help patients with mental health issues or physical disabilities feel less isolated and alone and benefit from gardening.

Find out if your community project could be eligible for matchfunding from Crowdfund Lambeth, seecrowdfunder.co.uk/funds/ lambeth



### **Rediscover Streatham**

Crowdfund Lambeth helped fund Saturday events putting longstanding and just-movedin residents in touch with local organisations like charities, orchestras and choirs, from fitness and well-being, environment, sport and learning for children and young peoples. Rediscover Streatham brings people together to discover the services, projects and activities on their doorsteps. (Re)Discover Streatham event is a community project of Streatham action **streathamaction.org.uk** 



### Strawbale slow build

Tulse Hill's community centre will be the largest urban straw-bale self-build in Europe, with materials and styles right for the climate emergency. It's based on 'slow build' to include hundreds of volunteers, with a green education, representation for women in the construction industry, and a safe (gang-free) space as guiding principles. This April, supporters beat a crowdfund target of £10,000 for English timber and 99% recycled plastic roof slates, Lambeth Council pledged £5,000 – extra money to help fund the greenest ways to build strong floors.

# **Opportunity Lambeth**

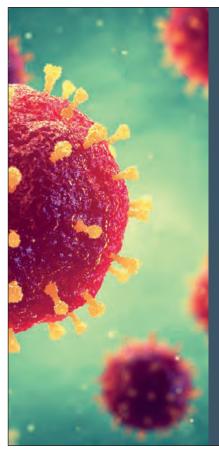
We provide access to live employment opportunities and a range of support services for unemployed Lambeth residents, including a free, Rapid Response employment service to residents and employers impacted by coronavirus.

To find out more, please visit our website **opportunity**. **lambeth.gov.uk**, or contact the Employment Support Helpline on **020 7926 0500**.

We are working in partnership with Proud to Care London and social care employers to train and recruit local people into caring roles, including support with DBS checks and essential training.

To register your interest, please visit the Proud to Care website **proudtocarelondon.org.uk** 

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**COVID-19:** Advice and guidance for small businesses and the self-employed.

fsb<sup>6</sup> www.fsb.org.uk/coronavirus

# As Covid-19 took hold in Lambeth earlier this year, residents of the borough volunteered to help the council in their hundreds, offering their services across every field of endeavour.

Many people working in creative industries also offered their professional services to our response to the virus, and four people were approached to put together a video about a Day in the Life of Lambeth in Lockdown: from delivery drivers on early, starting out their day, people shopping, to nurses returning home after a long shift to find people clapping 'thank you'.

Caroline Hodge, Jane Wroe, Elle Cardinalli and Rosie Baldwin answered the call and set to work producing the video, all the while operating independently from each other – not an ideal situation for a creative team. Hodge, 34, a video editor from Bishop's, explained her motivation for volunteering.

"I was just happy to help with any of my skills, and if it's celebrating those who are doing more to help right now, those risking their health, those who don't normally get the limelight or even just putting a smile on someone's face who is feeling anxious, then that's great.

"I was glad I could volunteer some of my time doing what I love to do anyway and also things that are out of my usual comfort zone!"

It was the same motivation for 23-year-old Cardinalli, who said: "Every day I see the patience, support and dedication of key workers to keep Lambeth and the rest of the UK running. I want this film to stand as a marker in time to give thanks to these efforts."

Publisher Wroe said that "I've lived in Streatham for 12 years and I wanted to collaborate to produce something positive."

Brixton resident Baldwin, a 29-year-old documentary filmmaker, volunteered "because my industry has been hit dramatically by the virus, and I wanted to put my skills to good use."

You can see the fruits of their labour on the Love Lambeth website **love.lambeth.gov.uk** or on our Twitter feed **@lambethcouncil**.



ADVERTISEMENT



**Working in Lambeth** to end gender-based violence

## Do you feel threatened or at risk of violence?

## We can support you.

## The Gaia Centre is OPEN during lock-down,

providing support via phone, email and text whatever is safest.

## What support is available from the Gaia Centre?

The Gaia Centre provides confidential, non-judgemental and independent support services for those who are experiencing gender-based violence in the London Borough of Lambeth.

We support women and girls aged 13 or older, and males aged 16 or older who are experiencing gender-based violence.

We also support young people of all genders aged 11-17 who have been impacted by domestic violence.

We will work with you to create a support plan that helps keep you safe.

## How can I access the Gaia Centre?



One-to-one support session

## What is gender-based violence?

- Domestic violence (physical, sexual, financial, emotional or psychological abuse)
- · Rape and sexual assault
- Stalking
- Prostitution
- Trafficking for sexual exploitation
- Female genital mutilation (FGM)
- Forced marriage
- So-called 'honour'-based violence

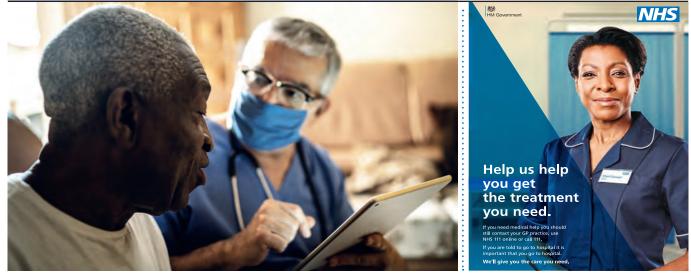
## Telephone: 020 7733 8724 Email: lambethvawg@refuge.org.uk

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Website: www.refuge.org.uk/gaia

# **Your health matters**





# **GPs are still there for you**

Doctors in Lambeth are asking patients not to put off contacting their GP surgery if they need to consult a doctor or nurse.

Fewer patients have been consulting their doctor or nurse for their usual health issues or new physical or mental health problems during this pandemic. This is concerning doctors as there may be people out there who need medical advice and whose conditions may worsen if they don't get it.

The message is not to avoid contacting your surgery if you feel you need to. It is also really important that parents of babies and young children get in touch with their practice to arrange for their routine immunisations and that women who are pregnant or new mothers contact their surgery if they are worried about their own or their baby or child's health. Dr Adrian McLachlan, a GP in Lambeth said: "During this Covid-19 pandemic, we've all heard the message to stay at home as much as possible and it's great that people are doing this. GPs are still here for you though and it is important that you contact your surgery for advice or to make an appointment when you need to.

"So, if you need medical advice about something other than coronavirus don't be afraid to contact your surgery online or by telephone and they will advise you on whether you need to see a doctor or nurse."

Although the Covid-19 pandemic means that patients are asked to contact their surgery online or by phone rather than go in person, doctors are still able to see patients via video conferencing or telephone consultation.

Doctors and nurses can also still see and examine patients in person if this is necessary. This may or may not be at your regular practice because, working together, surgeries in Lambeth have made arrangements to try and ensure that they assess people with symptoms of COVID-19 separately from other patients.

It is important to follow any guidance your practice has in place to keep you safe and continue to follow the government's guidance to prevent the virus spreading. The NHS has also published information about how to access health advice at home.

# Let's Move with dasl

How can you keep active at home? Join dasl (disability advice service Lambeth). Through dasl membership you become part of Intosport and have the opportunity to take part in Let's Move, "Thank you again Nara. It's making it so easy for me to carry on with day to day home activities and I feel so much better inside".

These fun, friendly exercise sessions are 'live' online every Monday and Thursday. Lockdown led dasl to re-think so they now offer Disabled people in Lambeth both on and offline sessions.



#### ADVERTISEMENT

# The Simple Lambeth Funeral

Our prices £1405.00 £1516.00 out of hours current fees valid until 31 March 2021

## We will

Arrange the funeral - cremation costs included Collect the deceased in working hours Organise statutory medical papers if required Provide a coffin suitable for cremation

Find out more bereavementservices@lambeth.gov.uk lambeth.gov.uk/bereavement-services Monday - Friday, 8am-4pm 020 7926 7999 Out of hours 020 8695 9500





This year there is greater need than ever to commemorate and celebrate the arrival of the Empire Windrush and the people aboard who came to the UK with determination and optimism to build, their promised, bright new futures.

The energy, passion and considerable skills they applied to building families and a way of life in Britain led to their exceptional contribution to the NHS and across our public services. They re-built Britain.

This year in the light of the COVID pandemic, those delivering unconditionally at the frontline in hospitals, on public transport and in care services are dealing with the immense responsibilities of keeping people alive whilst they are also most at risk. This is the personal legacy of a generation of formidable people. The Windrush generation also brought a fierce pride in the culture, heritage and traditions of home; a social culture that has had a defining influence, which is reflected throughout the UK in music, food and fashion.

On a sunny day in Lambeth, the streets are full of the sound of this legacy - Reggae, Ska, Grime, Hip-Hop, Soul, Funk and everything in between drifts out of windows and speakers around every corner. Our celebration of Windrush this year, during lockdown, is inspired by this enduring signature and the weekly Clap for Carers. We've been working with local musicians across the borough to create the musice for what will be a collective mass participation community performance. Find out what the song is, down load the music and lyrics to be able to join in at **love. lambeth.gov.uk/windrushday**.

At 10:27am (a time to coincide with the 1,027 passengers aboard Empire Windrush) on Monday 22 June, you can join the rest of Lambeth and fill our borough with song from your door step, front garden or window.

Moreover, we've also worked with a local artist to create a celebratory Windrush Art Pack. You can acknowledge the Windrush generations' contribution to the NHS (and across our society) over the last 70 years by creating your own artwork to be displayed in your window or even design your own Windrush flag.

# 

To find out more, please visit love.lambeth.gov.uk/windrushday #WindrushDay #Windrush2020



## "

The Windrush Generation have made a tremendous contribution to British life. I have lobbied hard on behalf of the Windrush Generation as both an elected representative of Lambeth council and as a member of the Windrush Generation. I would encourage all our residents to join this year's fantastic celebration.

Cllr Sonia Winifred, Cabinet Member for Equalities and Culture

# Virtual Lambeth Country Show

Following the unfortunate but necessary cancellation of this year's Lambeth Country Show due to the Covid-19 pandemic, the team are working on plans to keep the Country Show spirit alive for 2020 with a comprehensive online event encompassing the best bits of the show. So fear not folks – the show will go on, online. We look forward to seeing you all in your homes **18 and 19 July**.



Grand plans are afoot to pull together a robust online program of all your favourite highlights from the show to bring the unique flavour of LCS to your doorstep. With a 30-day countdown of online content culminating in a 'Virtual Lambeth Country Show' over the weekend of 18 and 19 July, the online event promises to provide a much needed fix (no matter how small) of the loved annual event from the comfort of your own sofas, as we bring a taste of Brockwell Park and LCS to the homes and gardens of the borough and beyond.

from stalwart contributors; tips and guidance on how to make classic LCS fare such as Jerk Chicken, interactive games for you to join in with at home (Best in Show anyone?), classic features such as the ever popular Vegetable Sculpture and Scarecrow Competitions all set to a classic Lambeth Country Show soundtrack. There will be something for the whole family, so keep the dates free, get your creative juices flowing and stay tuned for more updates.

In the meantime please check out our online Virtual Market, which is now live on our website and has Facebook and Instagram: **@lambethcountryshow** Twitter: **@lblcountryshow** #LCS20 #VirtualLCS #LCSintheHouse #LambethCountryShow

some fantastic links to some of our favourite traders, exhibitors and organisations. Sign up to our mailing list on our website too and keep your eyes peeled for further announcements.

Cllr Sonia Winifred, Cabinet Member for Equalities and Culture, said: "I'm delighted that despite the Covid-19 crisis the council has been able to keep the spirit of the Lambeth Country Show alive by taking it online. It's the highlight of our annual events calendar and incredibly important to our residents."

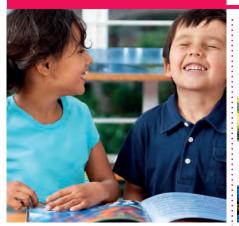
lambethcountryshow.co.uk

Expect fantastic online content

Coronavirus made us move most of our activities and events online. Time to read, to learn, to be crafty!

If you have any event or activity that you want to list in this section please email lambethtalk@lambeth.gov.uk

## A guide to what's online in Lambeth



The Summer Reading Challenge 2020 will be

called Silly Squad and will be a celebration of funny books, happiness and laughter. This year, Silly Squad will be available as an online reading challenge. We have a range of E-Books for children to continue the challenge. The

## With your Lambeth Library card, you get access to all of this for free!

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**The Great Courses** You can also watch full-length courses on photography, drawing, guitar lessons and more, from the comfort of your home on Kanopy with The Great Courses **lambeth.kanopy.com** 

**eBooks, audiobooks, comics and magazines** We've got thousands of eBooks, Audiobooks, Magazines and Comics for children and adults to download and they're all free. Get the RBDigital app on your phone, iPad or tablet, or access the website on a PC or laptop and start listening or reading straight away! **lambeth.rbdigitalglobal.com** 

**PressReader** Read today's newspapers and magazines from more than 120 countries in full-colour, full-page format and in over 60 languages. **pressreader.com** 

**Ancestry** UK's largest family history site. Billions of records; Marriage Records; SearchYour Surname; Build Your Family Tree; Immigration Records; Search Census Records; Death Record. Log into the Lambeth Libraries Catalogue and find the link on the home page.



Challenge will begin on 4 July 2020. The Summer Reading Challenge encourages children to read up to 6 books over the summer holidays for 4 to 11 year olds.

Children can download our ebooks we have on offer. A range of resources will be available for parents to download. Regular updates on Silly Squad will be posted on Lambeth Libraries social media. If you have any further enquires please contact Sandra Davidson: sdavidson@lambeth.gov.uk



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Bill, aged 29 Cyclist Brixton

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