

Beliefs	Worship & Teachings	Living as a Hindu
<ul style="list-style-type: none"> <li>➤ <b>Concept of God</b> <ul style="list-style-type: none"> <li>▪ Worshipped in various images.</li> <li>▪ Avatars.</li> </ul> </li> <li>➤ <b>Beliefs about the Universe</b> <ul style="list-style-type: none"> <li>▪ The endless cycle of creation / preservation / destruction.</li> </ul> </li> <li>➤ <b>Beliefs about life, death and rebirth</b> <ul style="list-style-type: none"> <li>▪ Atman.</li> <li>▪ Karma.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>➤ <b>Worship in the Hindu Temple - Mandir / Kovil</b> <ul style="list-style-type: none"> <li>▪ The role of the divine images in worship.</li> <li>▪ Yoga and meditation &amp; mantra.</li> </ul> </li> <li>➤ <b>Sacred Texts</b> <ul style="list-style-type: none"> <li>▪ Shruti.</li> <li>▪ Smriti.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>➤ <b>Ashramas</b> <ul style="list-style-type: none"> <li>▪ Brahmacharya (student life).</li> <li>▪ Grihastha (married life).</li> <li>▪ Vanaprastha (retired life).</li> <li>▪ Sannyasa (renounced life.)</li> </ul> </li> <li>➤ <b>Values</b> <ul style="list-style-type: none"> <li>▪ Ahimsa (non-violence) and its implications in life.</li> <li>▪ Values demonstrated through the life of Gandhi.</li> <li>▪ The world is one family.</li> <li>▪ Recognition of truth in all religions.</li> </ul> </li> <li>➤ <b>India</b> <ul style="list-style-type: none"> <li>▪ Origins of Hinduism .</li> <li>▪ Significance of pilgrimage.</li> <li>▪ Kumbh Mela.</li> </ul> </li> <li>➤ <b>Social Structure</b> <ul style="list-style-type: none"> <li>▪ Varna.</li> <li>▪ Caste as a kinship system &amp; support group.</li> </ul> </li> </ul>